

AUSTRALIAN

HOME JOURNAL

JUNE 1975/60c*

**EXCITING
FURNISHING
IDEAS FOR
HOME UNITS**

- Coffee table and plant holder—two simple handy man projects
- Low-budget conversion of an old house
- How to cure damp
- Planning and re-planning kitchens
- Adding an extension
- Complete pull-out guide to buying a house

...anyhow
have a Winfield

The clear fresh taste of clear Menthol



4847

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While all firms mentioned in this issue are reputable, the Editor can give no guarantee that they will fulfil their obligations under all circumstances.

COVER: Limited space has been used to the full in this modern home unit bedroom. Walls are painted with British Paints Nu-Plastic paint, Lobelia Blue. The blind was made by The Curtainmakers, 569-573 Sydney Road, Seaford, N.S.W., from blue 12.7mm (1/2in.) gingham. Cushion fabrics \$4.35 a metre from Finlandia, Woollahra, N.S.W., and South Yarra, Vic. Bedspread made from deep blue corduroy, 92 cm (36in.) wide and 83 cents a metre, from Max Frost & Co., 46-58 Holt Street, Surry Hills, N.S.W.; Max Frost & Co., 240 Landridge Street, Abbotsford, Vic.; Cashman Agencies, 15 Evelyn Street, Newstead, Qld.; Leditschke, Adelaide. Folding chairs by Scard, approximately \$23 each from Opus, Paddington, N.S.W.; Scard, Luke & Associates, West Melbourne; Spectrum, Kensington, S.A.; Wohnen Interiors, Milton, Qld.; Modular Furnishings, Claremont, W.A.; Studio 12, Manuka, A.C.T. Victorian cane chair from Kaleidoscope, Woollahra, N.S.W. Covered baskets from \$14.95 and available from William Brooks, Sydney. Clock on loan from Accoutrement, Mosman, N.S.W. Window covered with Thermac reflective window insulation from Thermac Insulation, Annandale, N.S.W. PICTURE/JEFF RAND SETTING/APLEY HOARE

COMMENT



It doesn't matter how many gadgets you put in a house or office, how many labor-saving pieces of equipment you install, or how many foolproof systems you evolve, there are some people who will still lose things. They will dispute the word lose. "Misplace," they will tell you in a hurt tone. In this office the more devout have been heard to call upon St. Anthony who is, I'm told, the Patron Saint for Finding Things. He has been pleaded to so often that the intimacy is now complete — he is referred

to as Tony. When all appears completely lost, St. Jude is brought in — the Patron Saint of Lost Causes. Personally, I find it easier to lose a series of things — I lost our Christmas tree decorations but found them when I went to look for the electric fan when we had some sticky days in February. I didn't find the fan of course until the cold snap in April when I went scouting for some extra blankets, which I'll probably find when I go to look for the Christmas decorations which are lost again. My husband lost his watch recently but we found that when the TV repair man said we were sitting too near the set and made us move the sofa. We lost the car keys, too, but they turned up wrapped in a dollar note in the back pocket of a pair of jeans. They were beautifully clean and obviously quite happy at their journey through the heavy duty cycle on the washing machine. And we lost the car, too. Not really. We'd driven in it to the cinema — and came home by bus! Losing things is a

bit like toothache, it's so nice when it leaves off or when you find the recalcitrant object, and it does add a bit of zest to life. A friend once told me about the time he migrated to South Africa. He got off the ship with the last 20 pounds he owned in the world. He felt utterly depressed, until he felt in his pocket and found he'd lost his wallet. He re-traced his steps and saw his travellers cheques in the middle of a muddy road, being run over by buses. He picked them up, felt deliciously happy and got himself a good job the next day. Of course, some people are nauseatingly well organised and clever and they never lose anything. I don't know anyone like that, but if I did I should dislike them intensely. However, you only have to look on the shelves of the Railway Lost Property Department to know that there aren't many of them around. Just how could anyone lose so many musical instruments, umbrellas, coats, shoes, hats, and even a full length body corset. Perhaps we shouldn't ask!

DIANA WYNNE

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SEARCHING FOR A SOLUTION?

Recently our Interior Designer, Appley Hoare, visited the Interior Decorating class at the Ashfield Evening College in Sydney to answer some home decorating problems. Lorraine Dawson, who teaches the class every Wednesday evening from 7 until 9, has been involved in Interior Decorating for 12 years. These classes are held for students and homemakers and the aim is to teach the basic elements of design. The

decorating course runs for a year and is broken into three terms. Each term is a separate course so that people can join at the beginning of any term and just continue through until their three terms are up. The course is \$14.50 a term and this enables the students to also attend any of the other courses held at the College during the week. This month we feature two of the students' problems and Appley's solutions.



Rhonda Watson

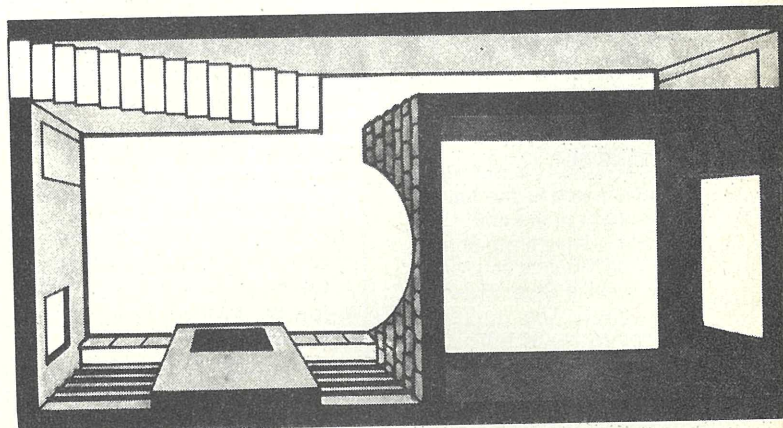
Q My home is a two-storey terrace. The wall dividing the living and dining areas is a sandstock brick arched opening. The dining room has a fireplace, and on either side of it we want a small storage cupboard with bookshelves above to the ceiling. This room has the afternoon sun and is quite warm in summer, whereas

the living room has the morning sun and is quite a dark room. The living room we want to be casual and warm as well as bright, with the dining more formal and cool. This room also has the stairway which is stripped back to red cedar. The problem which we are faced with is color combination. How to blend the living area with the dining room which all look onto the hallway. We have very little furniture — the main piece is a black leather armchair. We also want a small bar in the far corner of the living room.

A From your plan it seems to me that the hall, wall up the

stairs and dining room should all be the same color. I suggest British Paints Gloss-masta "Goldilock". My first thought would be a wallpaper for the sitting room. If you can find one in cinnamon and coffee tones

with perhaps a tiny bit of yellow in it this would be perfect. You say you need a bar in the lounge room — why not consider an old washstand or 1930's record player — they make an unusual and very convenient bar.



Denise Abbott

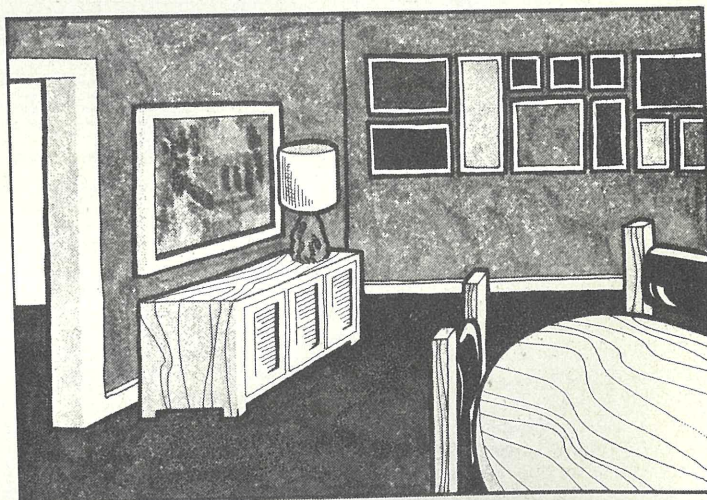
Q How can I decorate a dining room to make it brighter and more interesting? It is 3.6 m (12ft) square in area and is a dark room, as there is no direct light coming into the room. It is in the centre of the house, with three doors opening from it into the living room, the kitchen and a bedroom. The furnishings I would like to retain are a teak oval table

and six black leather chairs with a matching teak buffet. I would also like to use an orange pottery lamp with a cream linen shade which stands on the buffet and an original oil painting with strong orange and blue tones. The carpet is caramel with a white fleck, with a white ceiling, white woodwork and cream and gold patterned wallpaper.

A Your dining room sounds as if it gets a lot of traffic with three doors leading on to it. I would therefore suggest keeping the furniture to an absolute minimum and use the walls to full benefit. Why not remove the wallpaper — an awful job but poly-stripper

helps a lot. Then paint the walls with Wattyl Estapol Enamel, Burnt Orange — it's a bright and warm color and will reflect as much light as is available. It will also show off your existing

teak furniture. I suggest this be the extent of the actual decorating. Any extra money should be put into paintings, wallhangings and things of interest to go on the walls. #



THE SOFTCELL SOFT SELL

A comprehensive seating range . . . solid frames . . . covered in long-lasting Pure New Wool . . . let it grow with you . . . units even fold out to make beds . . . the price? That's what makes it such a soft sell.

Allaways, Artes Studios, Cabana, Campaign, Grace Bros., Mosmania, Profile, Skope, Finial, Spaced Out, Storehouse, 2001 Interiors, Sydney. Bruce Fergus, Newcastle. Barnes Darling, Wollongong. Old Bucks Gallery, Berrima. Treloars, Tamworth. Alrod, Taree. Charles Furnishings, Gosford. Creighs, Maitland. Bakka Designs, Focal, Furniture City-Mobler, Inter-Decor, Myer, Melbourne. Profile, Geelong. Ken McCarthy, Studio 12, Canberra. Colonial Galleries, Spectrum, Design Centre, Lentil Design, Adelaide. Craftsman's Market, Sabien Interiors, Kreations, Brisbane. Gallery up Top, Rockhampton. Blue Door Interiors, Bundaberg. Northern Interiors, Cairns. Tedder Place, Christo Interiors, Gold Coast. Chez Louise, Darwin. Modular Furnishings, Perth.



THE LOOK OF
CAMPAIGN BERBER
Campaign Furniture Associates Pty. Ltd.
85 Queen Street, Woollahra, N.S.W.

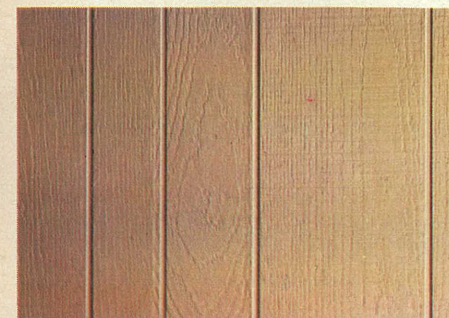
Get a lot more home for your money with HAL Weathertex.

That's not conventional timber weatherboard you see on the second storey of the house in the picture. It's HAL Weathertex — a tough, durable building material made from Australian hardwood.

Because it's grainless, and its composition very stable, HAL Weathertex is highly resistant to splitting and warping and the effects of weather. It's also sealed — both back and front. Which makes it the obvious choice for very wet areas like tropical Queensland, for snow country like the Snowy Mountains, and for places where the sun's heat is severe, as in Central and Northern Australia.

Another reason a lot of people are choosing Weathertex is that it's easy to use, and it goes up fast. It comes in two nominal widths, 300 mm and 200 mm, precut to stock sizes, and in sheets. Also available are the correct nails, fastenings and corner sections. You have a choice of five finishes, including two rough, simulated woodgrains.

(an illustration of Weathertex stylegrain sheeting, shown approximately $\frac{1}{3}$ actual width).



With all this going for it, you can understand why HAL Weathertex is widely used in new home building. But that's only the start of it.

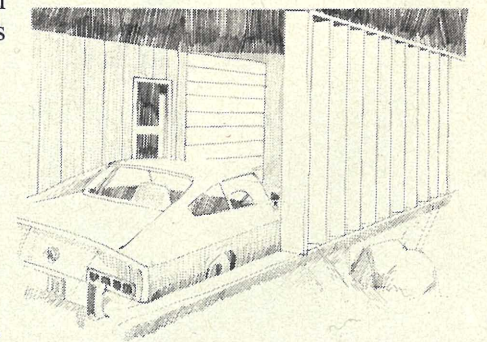
Look at the house in this small picture. It used to be a single-storey house but the owners decided to extend. It's no secret that adding another storey to your home is usually a lot cheaper than buying a new two-storey home. And not only do you get yourself a couple of new bedrooms, maybe a new bathroom, a spare room and a view, you also keep your garden, your neighbours, and the friends you've made in the district. Weathertex is ideally suited to home extensions. It makes the job easy, and it helps to keep costs down.

Once you've used HAL Weathertex on your home you may

want to use it for other things, too.

Like a woven Weathertex fence, for example. Or you can build a Ranch fence, an alternate strip fence, an open vertical fence, a louvre sun and wind screen, or even a new carport. There's no question about it — HAL Weathertex is versatile.

Ask for a brochure on Weathertex at your nearest builders' merchant, timber merchant, or large hardware store. Or you can phone or write to the HAL office in your district for information on how to get more home for your money — with Weathertex.



Hardboards Australia Limited,

Sydney: 667 2221.
Wollongong: 29 9022.
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Brisbane: 29 4133.
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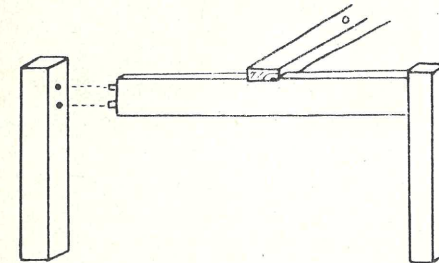
Drop-leaf table

This table measures 70 by 70 centimetres with its four leaves down. Turn the tabletop (and the leaves) which is screwed to a cross bar, a quarter of a turn so that the legs support the leaves, and you have got a square table that is 100 by 100 centimetres in size.

Materials with measurements in millimetres = mm:
 1 of 19 mm chipboard 100 cm by 100 cm in size;
 4 of 45 by 45 mm pine timber 480 mm long (legs);
 4 of 70 by 22 mm pine timber 600 mm long (leg frame);
 1 of 70 by 22 mm pine timber 690 mm long (cross-board);
 16 wooden dowels;
 8 hinges; 1 screw 4cm No 14; plastic resin glue.

Making the table: Saw off the corners of the chipboard, leaving a square 700 by 700 mm in size. Iron on veneer tapes on all chipboard edges or use

Wattyl Plastedge filling. Assemble the legs with the leg frame parts using glue and wooden pegs. The frame parts should be 7mm from the top of the legs to make room for the hinges when the tabletop is turned. Fasten the cross-board between two frame parts and drill a hole in its centre. Fasten the tabletop in this hole with the screw. Fasten the leaves to the tabletop with the hinges. To increase the size, undo the screw, turn the tabletop a quarter of a turn so that the legs support the leaves. Then re-screw the top on to the frame.



AHJ PRACTICAL
 WITH OUR HANDYMAN
 BOB YOUNG

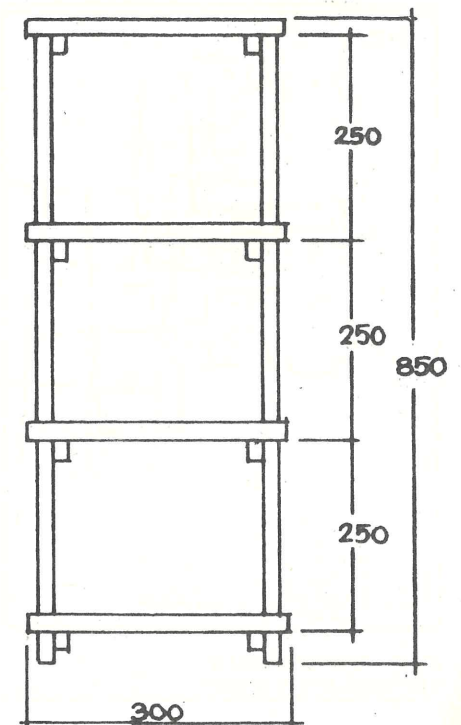
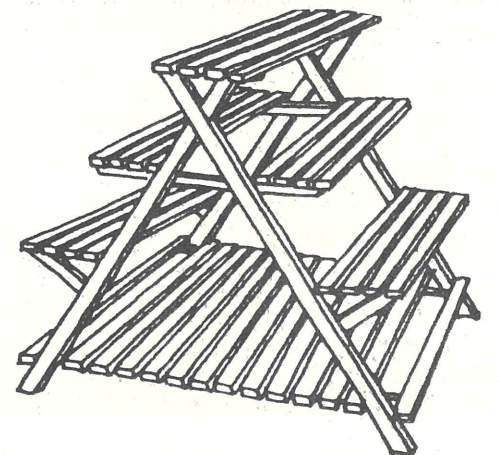
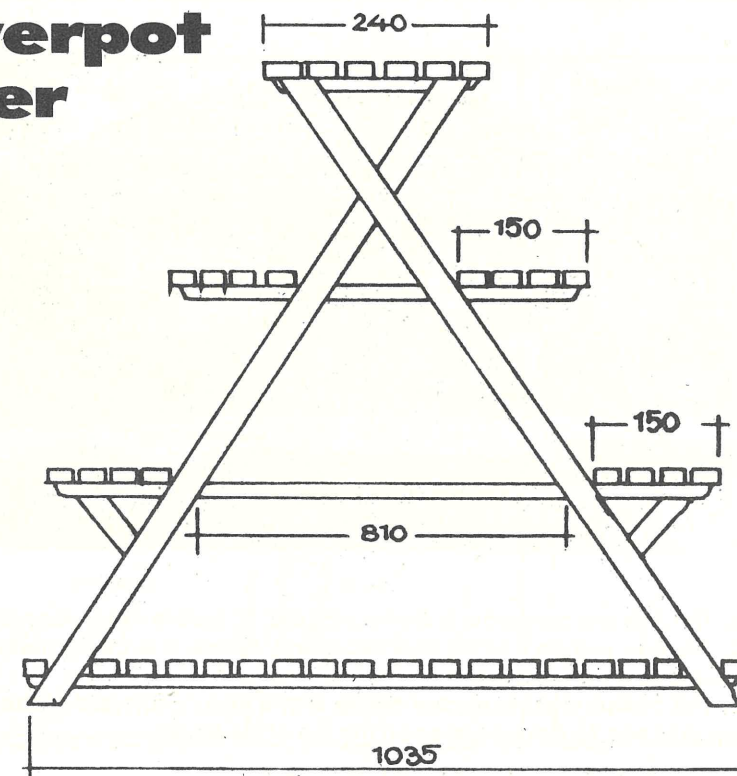
**easy
 makes
 for
 better
 living**

Place your potted plants on a flowerpot ladder. The photograph shows just how decorative the arrangement can look. The flowerpot ladder needs some space, but the flowers will certainly appear to best advantage, as they are displayed on several different levels. And the ladder is very simple to make.

Materials: The framework for this ladder can be made of 50 mm by 25 mm Radiata Pine, Pacific Maple or suitable timber. Also needed are 45 mm (1 3/4 in.) screws and P.V.A. wood glue; undercoat, gloss enamel paint or one of the stained timber finishes available.

Making the ladder: Set out the two pairs of legs as shown in the sketch, glue and screw using suitable size drill to suit screw gauge. Drill through one member only. Set out and assemble top and bottom shelves to give stability to the framework whilst other shelves are assembled. To improve the finish chamfer and sand the timber before assembly. Apply required finish to manufacturer's instructions.

Flowerpot ladder



About seven years ago Alan and Jeanette Birdsall purchased a little three bedroom bungalow overlooking the Georges River in Blakehurst, N.S.W. The house is a double brick construction and is believed to have been built about 50 years ago. Seven years ago Alan paid around \$27,000 for the house, today it is valued in excess of \$100,000.

The reason for the increase in value was an extension on to the roof of the house. When the Birdsall family increased three years ago they decided that the house was too small, so they drew some preliminary plans for an extension upwards. The possibility of extending outwards was unfeasible because of the steep slope at the back down to the Georges River. They also wanted to take more advantage of the view, so extending upwards was the best solution. They showed their plans to Colin Graham of Colin Graham Associates Pty. Ltd., and he started proceeding from there. Jeff Dean, a young architect working for Graham Associates, then took on the extension. The extension added 10 squares in the form of three bedrooms, two bathrooms and a dressing room. Two of the bedrooms downstairs were turned into a study and extra living space. The wall between the entrance hall and the central (third) bedroom was demolished to make a larger entrance and to allow for a staircase leading to the second storey. Because of the plan to retain the existing ceiling and

build the extension over it, they had to retain as many of the original walls as possible. The bathroom and kitchen in the original plan were demolished so that a much larger kitchen could be built using the existing plumbing of both.

There were no real problems involved in the building of the extra space as the foundations of the house were on a rock base. This meant it was quite safe to add the extra storey weightwise. The whole house had to be rewired and parts of the walls had to be removed. The extension was made of brick veneer and to tie in with the original house the whole of the exterior was painted white. A double car port was also added.

Alan and Jeanette moved out of the house while the builder John Yates and Jeff Dean began the extension. This enabled the builder to work without having to leave room for them to eat and sleep.

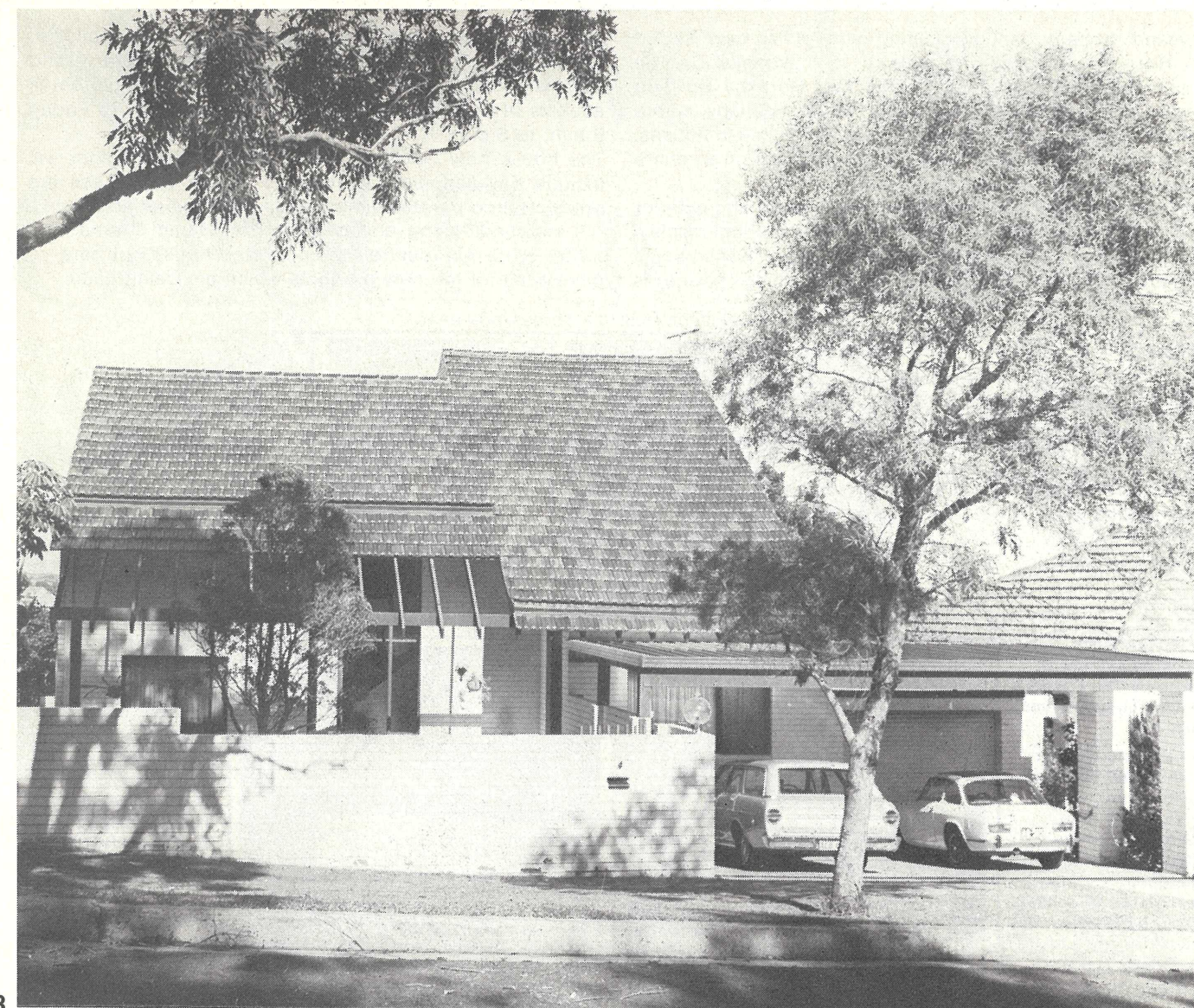
Their moving out saved a month of building time so that in a matter of three months the whole construction was completed.

This is just one example to illustrate the solving of the problem of too little space in a house. The little bungalow with a view was transformed into a large two storey house in a matter of months with the aid of a good architect and a careful building contractor. It meant three months of inconvenience for the owners, but it was well worth it considering the extra space and increased resale value. #

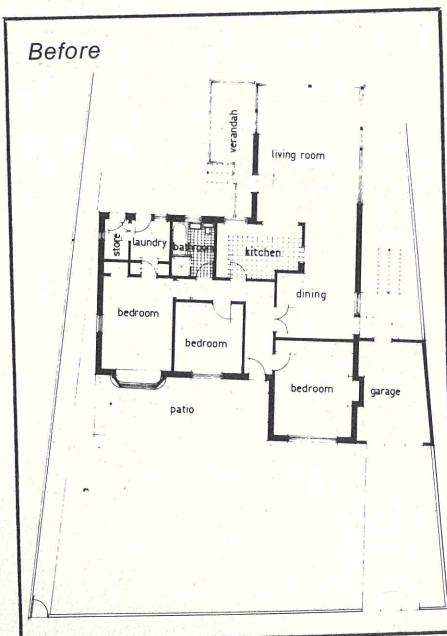
A painless way of adding 10 squares



2



3



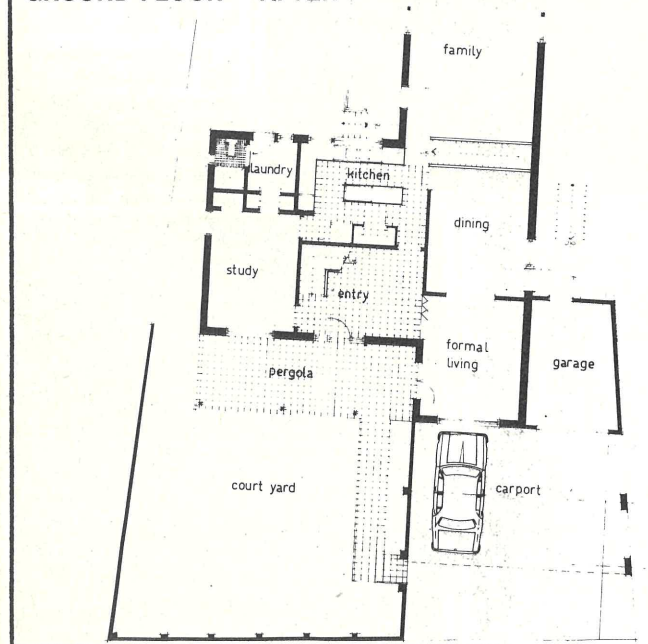
TEXT/FRANCESCA MUIR
PICTURES/KEVIN BROWN



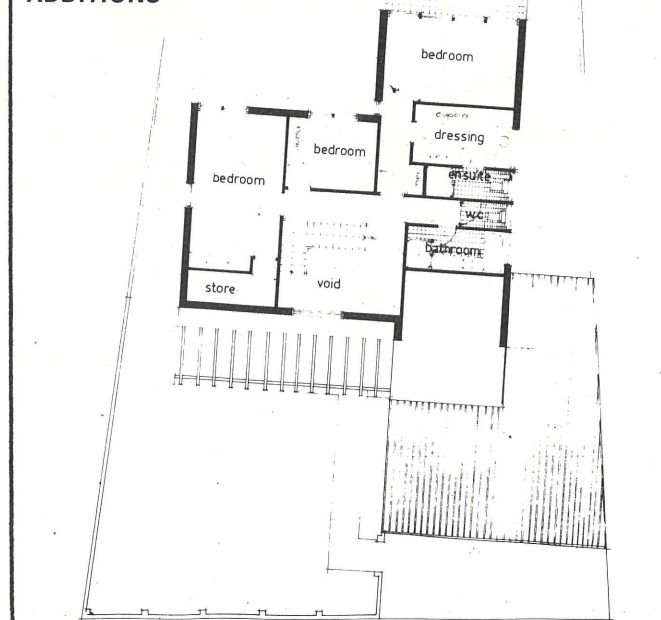
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1. The little red bungalow in Blakehurst N.S.W. before extensions took place.
2. The new entrance to the now two-storey house. A large staircase was built for access to the bedrooms.
3. The transformed extended house with a small courtyard at the front, double car port and 10 more squares on the top of the house.

GROUND FLOOR — AFTER



FIRST FLOOR — ADDITIONS



A brand new approach in building centres has been set up at Hornsby, a northern suburb of Sydney. George Flammang is the instigator of this new Hornsby Building Information Centre in 45-47 Hunter Street, Hornsby, where you can see new products as they would be used in houses. Their first major project has been the building of an entire house on the second floor.

The aim of the centre is to upgrade the interior and exterior design of houses, to be achieved mainly by product display, products in their settings and in their not-so-usual applications. Free professional and qualified advice is

available from engineers, architects, designers and builders. There is also a comprehensive audiovisual library, and classes, lectures, demonstrations and seminars held on all aspects of building. The Centre is open Monday to Friday, 9 a.m. to 5 p.m.

The house now being completed on the second floor will include day and night lighting (to enable you to see the products incorporated in natural daylight and artificial light), full air conditioning and heating. The Home Journal in a future issue will feature the completed house but here we have some of the new products which are being used:

THE HORNSBY BUILDING INFORMATION CENTRE

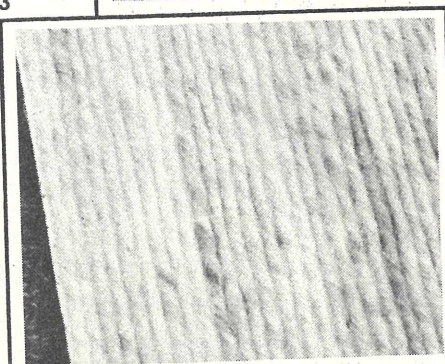
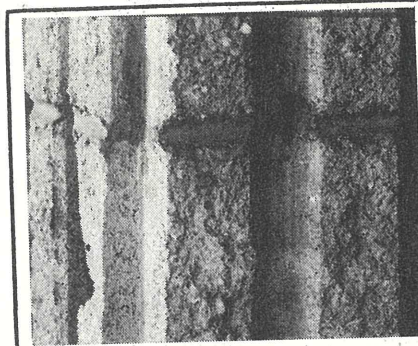
TEXT/FRANCESCA MUIR — PICTURES/RON BERG

1. Masonry Rib Block on exterior of house by The Besser Jayblox Group, Seven Hills.

2. Laminated timber from Stabel Beam, 41 Hume Street, Crows Nest, N.S.W. has been used for the kitchen bench tops. The doors are from cast plastic in solid colors by Marblecraft Industries Pty. Ltd., St. Peters, N.S.W.

3. Three Eleven pure new wool wallpaper imported from England and distributed by K. J. Textiles Pty. Ltd., 107 Walker Street, North Sydney.

4. Slate tiles imported from South Africa and distributed by Martin Brothers (Transport) Pty. Ltd.,

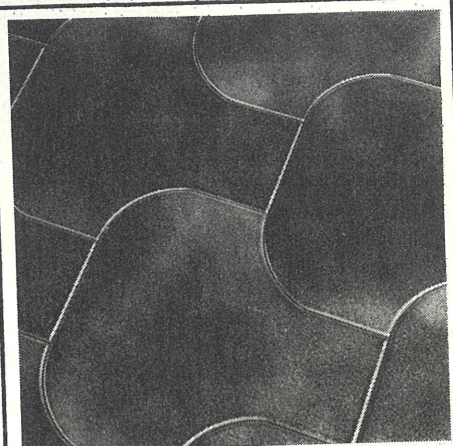
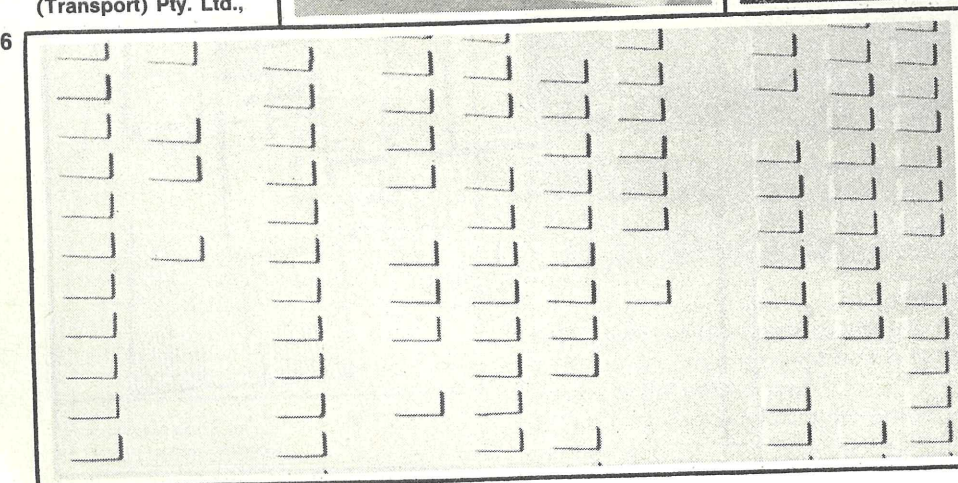
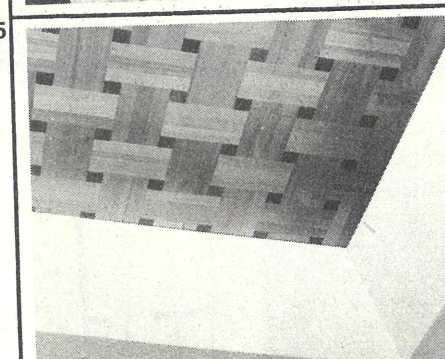


403 New Line Road, Dural, N.S.W. are being used on the terrace.

5. Tasmanian Oak and Brush Box parquetry laid in Basketweave design used as ceiling from George Hudson Pty. Ltd., 1 Bridge Road, Glebe, N.S.W.

6. Individual mural extending the length of the living room, bedroom and terrace, designed by architect Roc Shaw, using products by Tex-Cote Pty. Ltd., 15 Bay Street, Botany, N.S.W.

7. Mushroom shaped tiles from Abbott Ceramics, 261 Old Northern Road, Castle Hill, N.S.W. used in the bathroom.



Newly-wed Carol Davis is madly in love with the carpet-layer who's cut 25% off the total costs of her beautiful new Wearathon Carpet...



AR180A

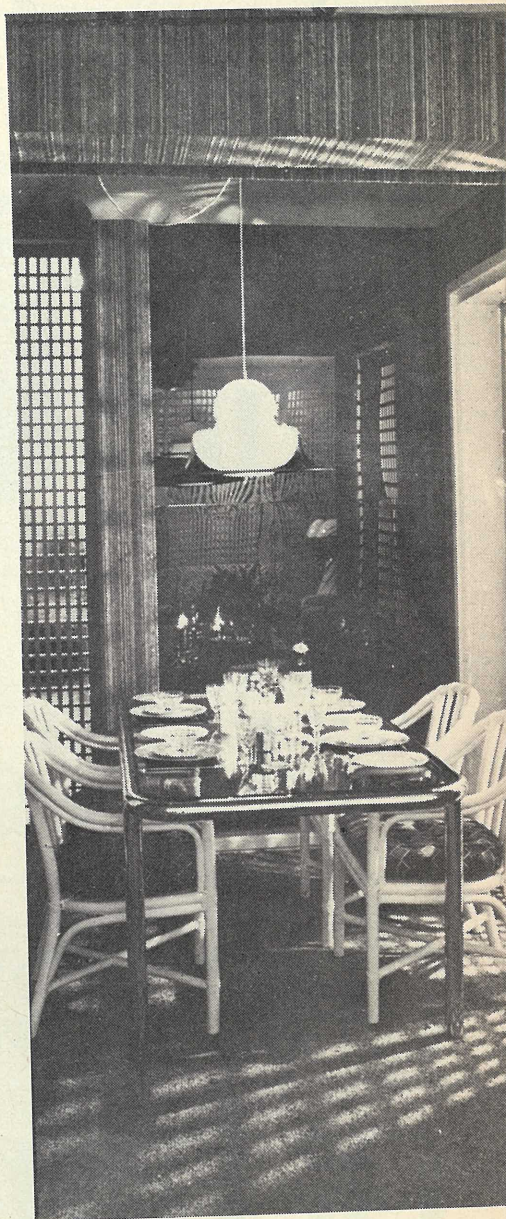


DECORATING DINING ROOMS

Theoretically, dining rooms — when you have the luxury of such separate eating space — are one of the most interesting and least problematical rooms in the house to decorate. Since they have to have a table and as many chairs as you are able to cope with, plus some sort of storage and serving area, they more or less arrange themselves. On the face of it, the only decisions you have to make are on the style of the room, the colors and your budget for the whole. Practically, however, and at the risk of sounding too simplistic, you must remember that the room is primarily for eating, drinking, talking and relaxing, and as such should be welcoming, comfortable and in colors that serve as a good background for food. Within this main framework you can be as gracious, as gentle, as intimate or informal, and as dramatic as your taste and space dictates. Very recently, I had the job of decorating the biggest dining room in a private house or apartment that I'd ever seen. It was in a late Victorian block of flats in London, and I wanted to make it show off its space without being off-putting, and to make it seem to be of the 20th century without losing the graciousness and calm of the 19th. To this end I covered the walls in a warm pink, slubbed cotton, which I braided around the edges and down the joins. I laid a dark crimson carpet on the floor, and hung a geometric pink and white Liberty cotton at the long windows, backed by an off-white and pink sheer to filter the light and the view, which was not all that prepossessing.

I covered a large round table with a floor length cloth in the same print, made squabs for the modern bentwood chairs in the same fabric as the walls, added a large palm, as many plants as I could, a Victorian mahogany sideboard, a green and white Tiffany lamp over the table, a pair of glass candelabra, and placed a very simple 18th century mahogany table in front of the windows. The result was gratifyingly warm and spacious, modern but timeless which pleased me very much, though it was due to the excellent proportions of the room as much as anything else, which only needed to be brought out. One of the most dramatic little dining rooms I have seen was in Milan. It was lacquered bright red all over: doors, walls, ceiling, woodwork and table, with a black tiled floor, black chairs (with red cushions) and a polished dark steel lamp over the table. But it was only lit by this solitary lamp and by candlelight, and was both simple and memorable. I always love Mrs Helene Dawson's dining room in Chester Square, London, as much for its food as its decoration, which is a mixture of 17th century furniture, plants and modern paintings with almost always a flickering fire smoldering away in its grate. Walls are white, the carpet is ochre, and although large, the room always seems calm and intimate. One of the best ways of eating informally, is to have a kitchen dining room. The picture here of an old refectory table and chairs; the surface set with soup and cheese, bread and fruit, is both simple and satisfying.

Mary Gilliatt in London looks at dining rooms and finds they should be welcoming and comfortable — whether they are grand, dramatic or informal. It all depends on your way of life.



However, it is equally possible to make an informal dining area almost anywhere, which once seated at the table, seems like a room in its own right. One of my pictures shows a dining table set in a wide corridor with screen hung long windows which makes a gentle pattern on the floor of light and shade. Another dining area I know is defined by a scalloped straw mat on the tiled floor of a plant-filled loggia. The cool blue and white check of the cloth against the white walls seems immediately inviting — and that, after all, is what dining rooms should be. #

...this is him!

This is how:

Just like young Michael Davis, you can lay a whole house-full of carpet yourself with just a sharp knife and self adhesive carpet tape.

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RECORDS

LEONIE HENSCHKE

The advent of electronic music in the 1960s marked a major milestone in man's creation of music. Up until then we'd been creating music within the confines of the conventional instruments which have changed little over thousands of years.

But the appearance of electronically synthesised music opens up a whole new scene never more evident than on three interesting releases this month: Tangerine Dream's "Rubycon" (Festival L35399 \$5.95), Australian Greg Sneddon's "Mind Stroll" (Festival L35356 \$5.95) and the enchanting classic "The Little Prince" narrated by Richard Burton (RCA VPL1-4010 \$6.50).

"Rubycon" is a master composition by three Germans employing mellotron, double moog synthesiser and electric organ, piano and guitar. It's "out of this world", ethereal, spell-binding — music of the 21st century. Sound which is by no means sterile or cold but, rather, pulsates with life and harmony. "Rubycon" is Tangerine Dream's second album, a follow-up to their first British release in 1974. In this short period they've created much interest — 5000 people packed into Rheims cathedral last year to hear them, and, at the invitation of Australian actor, Keith Michell, they played the music for the Chichester production of "Oedipus Tyrannus".

Greg Sneddon's music is a further development — the melding of the new and old, the mellotron and the moog synthesiser and Hammond organ with the piano and oldest keyboard instrument, the spinnet. On "Mind Stroll", his debut album, all the tracks are his own compositions. Vocals are shared with young Melbourne singer, Dayle Alison. "The Little Prince" is an enchanting tale enjoyed by young and old alike. It's interesting that it's now on record, narrated by Richard Burton and star parts taken by Claudine Longet, Jonathon Winters and Jim Backus. The Little Prince travels through space to a series of planets in search of knowledge, his meetings with the various inhabitants along the way expressively backed with the ethereal electronic music. But now back in time and

atmosphere to two jazz greats, Duke Ellington and Stephane Grappelli.

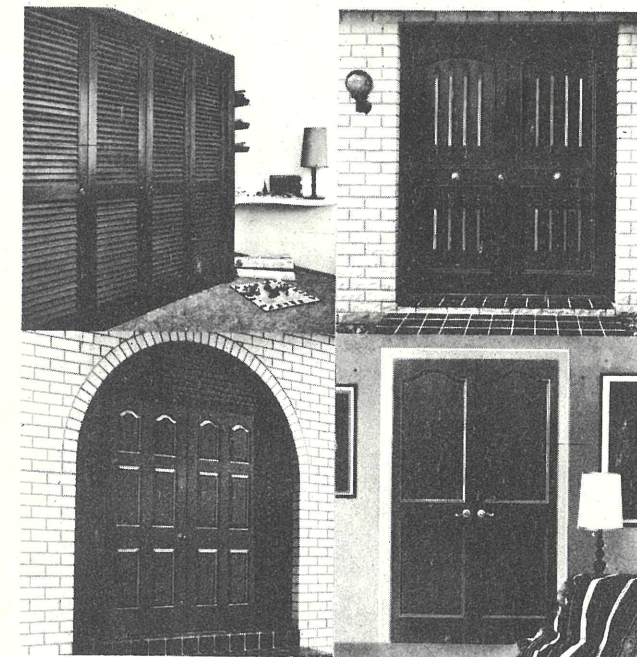


Back in 1962 Duke Ellington began recording the most famous band themes from the good old days. A dozen of the themes appeared immediately on the album "Will The Big Bands Ever Come Back". The remainder appear on a latest release "Recollections of the Big Band Era" (Atlantic SD 1665 \$6.95). It's a fascinating record featuring the themes of some other greats — "I'm Getting Sentimental Over You" (Tommy Dorsey), "Contrasts" (Jimmy Dorsey), "Ciribiribin" (Harry James), "The Midnight Sun Will Never Set" (Quincy Jones) and "Auld Lang Syne" (Guy Lombardo).

Another must for jazz lovers is the latest Stephane Grappelli album "I Hear Music" (RCA VPL1-7078 \$6.50), one of a series of jazz portraits, recorded in Paris in December, 1970. Grappelli plays with all the vitality and wizardry that has made him the undisputed master of the jazz violin.

The Philharmonic Orchestra conducted by Charles Mackerras play some beautiful and famous ballet music on a latest EMI release: "Les Sylphides, Les Patineurs and Dance of the Hours" (EMI SOELP 101177 \$5.95). Les Sylphides, by Chopin and arranged by George Jacobs, remains amongst the most popular of ballet music. It is drawn from eight Chopin piano compositions and captures the gaiety, majesty, humor and romanticism of his work. "Dance Of The Hours" is the ballet sequence in Act III of Amilcare Ponchielli's opera "La Gioconda", with a wonderful melody and texture of sound symbolising the conflict between the light of day and the darkness of night. "Les Patineurs", by Meyerbeer and arranged by Constant Lambert, portrays the humor and movement of the ice rink. #

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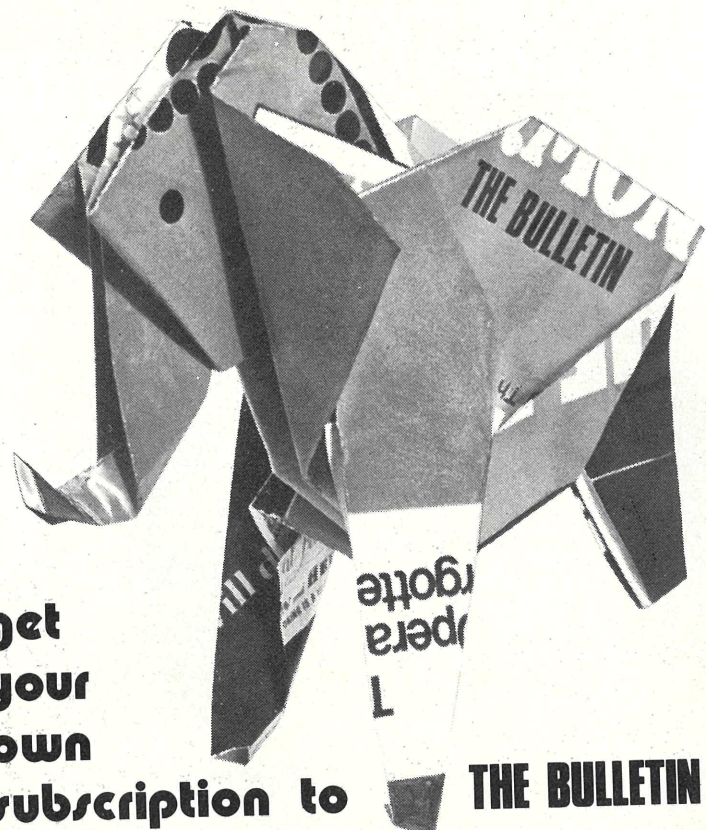
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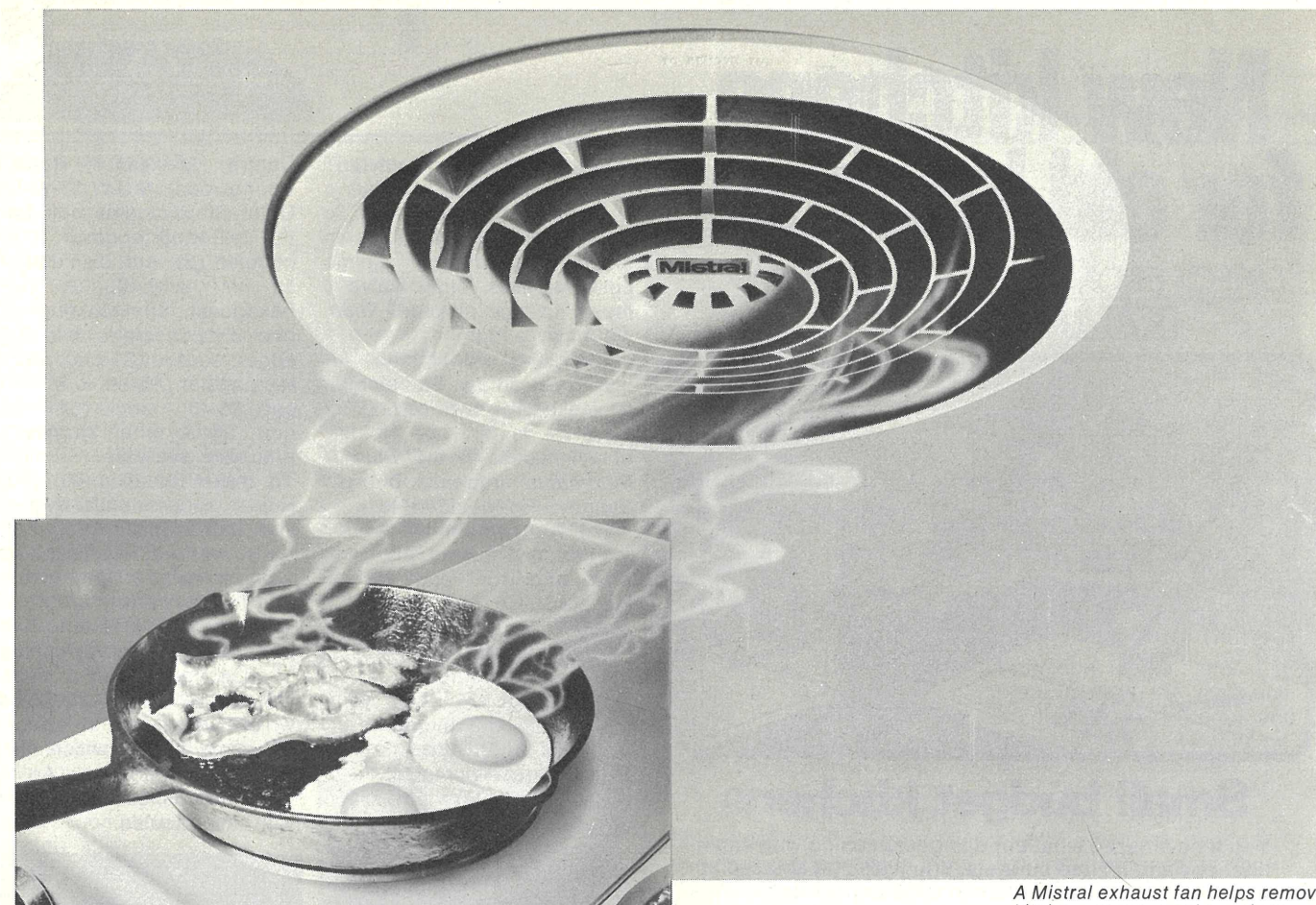
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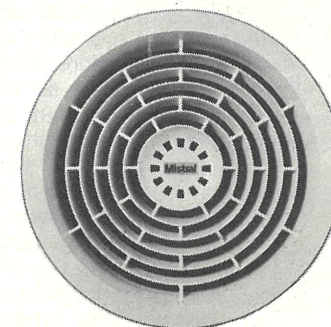
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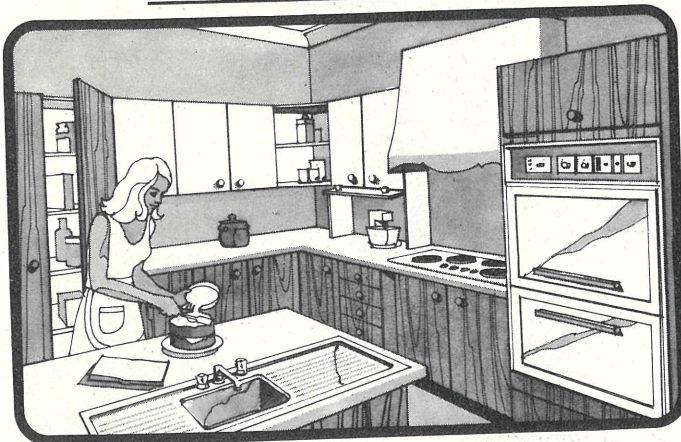
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AUSTRALIAN HOME JOURNAL, JUNE, 1975 19

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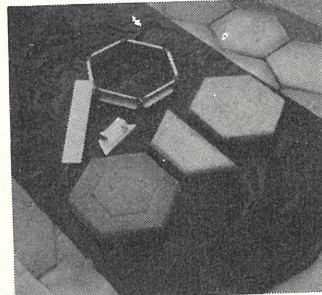
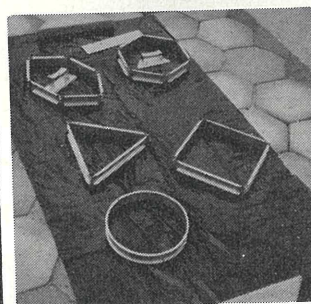


CK453/B&B

MAKE YOUR OWN PAVING

In June last year we ran a story on the types of outdoor paving available, including pictures of concrete tiles. Now we've found to our pleasure that we have a very enterprising reader who was inspired by the story to make his own paving tiles! He is Mr. Lee Holder of Winmalee, in the Blue Mountains area just out of Sydney. He decided to make his own metal moulds and paved his drive and front path for just \$45. He has now decided to go into production with the moulds. If you're interested in making your own tiles you can obtain the moulds from him at 10 Sunset Boulevard, Winmalee, N.S.W. Tel. (047) 54-1755 or from The Garden

Centre, Hawkesbury Road, Springwood, N.S.W. The Quick-Step moulds sell for the following prices: circular (31 cm diameter, 50 mm thick), \$6; hexagonal, \$9 including one division piece and edger; square (31 cm), \$6; rectangular (45 cm x 31 cm), \$6.45; triangle (31 cm), \$6 — other shapes are also available. To make the tiles Mr. Holder recommends that you use a mixture of 4 parts washed river sand to 1 part cement for paths and for heavy duty areas like drives, 3 parts sand to 1 part cement. Approximately 1 cu.yd. sand and 1 cu.ft. cement will make 130 tiles which works out at about 20 cents a tile, which is certainly economical. An instruction sheet comes with the moulds.



THE JAM FACTORY

"Re-cycling" is an "in" word these days but here's a rather novel approach on that theme. The South Australian Craft Authority have recently set up new premises in what was formerly an army ordnance depot, and before that a jam factory! Here at 167-169 Payneham Road, St. Peters, close to the centre of Adelaide, are located the administrative offices of the Craft Authority (an incorporated body established by the S.A. Government), a wholesale showroom for craft products, a gallery for exhibitions, and workshops for jewellery, pottery and glass-blowing. Soon it's hoped to provide additional workshops for

leather work, basketware, woodwork, screen printing on fabric and other crafts. Each workshop is managed by a master craftsman. If you're interested in week-end workshops held at The Jam Factory (as the premises are known) write to The Workshop Convenor, Crafts Association of South Australia, Box 1504, G.P.O. Adelaide, 5001.



news & views

Edited by LEONIE HENSCHKE

ROOMS OF WASTE

Hundreds of thousands of tons of metal, plastic and paper worth millions of dollars are wasted, thrown away each year. These exhibits at the Daily Mail Ideal Homes Exhibition in London set out to promote interest in the possibilities and importance of economic recycling. Room One (below and at right) used waste metal: All the materials used to make this room's furnishings — among them oil drums, heating piping taken from old cars, castors and handles off old 'fridges — can be reclaimed from dumps and scrapyards. The drums have been cut up where necessary, and spot welded together to form towers. Holes have been cut into the sides to provide compartments, wooden shelves, storage areas for a bar, books, an aquarium, television, record player, etcetera.

The heating — a hot air system — is led to each of the domed towers by means of armoured plastic piping. Grilled outlets at the bottom of each tower allow the hot air to spread into the room. All the storage units are mounted on castors so they can be moved around.

This room was designed by Alan Cleaver, a student of Sir Hugh Casson's School of Environmental Design at The Royal College of Art. He is



watching television from the bed, made from an old mattress covered with old linen and packaging material used to protect china during shipping. Room Two (above right) used waste paper: Designers Gerald Larn and Bryan Evans have used waste corrugated paper, old flip top cigarette packets and paper cups as the basis for their presentation. The walls are covered with corrugated paper tiles to help insulate the room. The tables, chairs and bookcases are made from corrugated paper, bonded



layer on layer until thick enough to be cut into profiles. Room Three (below) used waste plastic: This room was designed by a group of interior design students of the Middlesex Polytechnic who have concentrated on re-using industrial waste. Storage is no problem in this room. The ceiling is covered with green plastic crates which, by means of counter-balanced weights, can be lowered at your convenience (these are available from Anderson Equipment Co-op Ltd.,

Lidcombe, N.S.W.) One crate houses the sink unit which can be lowered and plugged into a waste pipe in the floor. A bakery crate forms the basis of the chair, supported by a plastic electrical conduit. A light is contained in the plastic Hoover base. The record screen is made with 45rpm records joined with nylon rope. The curtains are made from plastic carrier bags, and the blind on the window is made from plastic washing-up liquid bottles joined with nylon rope.



WHAT'S ON?

An exhibition of pottery and wallhangings by Sydney's leading potters and weavers will be held at Kenwick Galleries, 14A Hannah Street, Beecroft, N.S.W. opening Sunday, 1st June at 10 a.m. Warren Tschannen's School of Interior Decorating is running a 10 week course in the following suburbs: Carlingford, Bankstown,

Pymble, Caringbah and Mosman. The evening classes are held at Wilson's Showroom, 439 Kent Street, City every Monday and Tuesday from 6 p.m. to 8 p.m. If you are interested in the courses you can write to Warren Tschannen School of Interior Decorating, 133 Alexander Street, Crows Nest, 2065 or ring Sydney 439-5488. Free child

mind facilities available at all daytime courses. For Sydneysiders, a day in the country: Tijuana Winery, 187 Old East Kurrajong Road, Glossodia, near Windsor, N.S.W. Here the owner, Tom Sawyer, makes his own fruit wines (including those medieval honeymeats and ginger wine) which you can sample and buy in the rustic winery. You can also

barbecue on and wander around the Sawyers' 37 acres of farm. For information on how to get there ring Tom Sawyer on Windsor 79-6328 or pick up a map at the Windsor Tourist Information Centre. Adelaide International Expo '75 — an exhibition of building materials, furnishings and appliances is on from the 7th — 16th June at the Wayville Showgrounds. #

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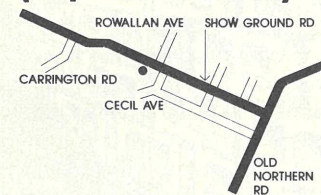
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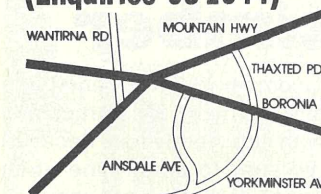
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Civic homes are available in seven different designs, all by award winning architects.

In Sydney four of these homes can be seen at Civic's new display centre in Showground Road, Castle Hill.
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In Melbourne the three level X5B (opposite page) is on display at Yorkminster Avenue, Wantirna.
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dampness

Dampness isn't just a problem of finding a wet wall and immediately doing something about it. The causes are numerous and will influence the method of cure. Apart from water used for construction purposes, which causes only temporary inconvenience whilst drying out (unless incompetent builders paint before the end of the drying out period), dampness can also result from rain penetration and from condensation, as well as the most serious, rising damp.

Rising Damp

The typical effect of rising damp is a roughly horizontal "tidemark" on the wall, with no damage above, but below, the plaster may be falling away and the wallpaper or paint destroyed by a powdery bloom (efflorescence — deposits of water-soluble salts which are present in ground water), or bleached and lifting and peeling. Mould may also be present.

Rising damp commonly affects old houses built before 1900 when damp-proof courses were often non-existent. This band of slate or bitumen felt, or nowadays, polythene, can be seen in most younger houses about 15.3cm (6in) above ground level, and people are always warned to keep rockeries and flower beds well below it. Where there is no damp-proof course, where it has broken down with age, or where it has been bridged, for example, with garden soil, moisture from the waterlogged soil is absorbed by the porous masonry or concrete and you have the ogre itself — rising damp.

It's usually worse on inside walls than on outside ones where warmth from the sun can dry them out in summer. Or you may see it on solid ground floors: tiles become unstuck, sheet flooring sweats, and carpet rots.

Some of the causes above for rising damp can be dealt with fairly simply — for instance, earth or paths above damp-proof level — but where there is no damp-proof course, or where it's defective, the best permanent cure is to insert a new damp-proof course. This is very definitely a job for a builder and/or a specialist firm

(consult the Yellow Pages of the telephone directory) and a very expensive one at that.

The traditional method of inserting a damp-proof course is to cut out a course of bricks, a short length at a time, and replace it by a course of dense engineering bricks or slates. It's an expensive and difficult operation and in old buildings with thick, solid walls of rubble, practically impossible. Another means is based on electro-osmosis. A number of copper electrodes are inserted into the walls then connected to a high efficiency earthing system which immediately stops dampness from rising up any kind of masonry. Drystat Pty. Ltd., Alexandria, NSW, hold the Australian licence for this highly successful system.

Nearly always salt-contaminated plasterwork will also need to be replaced and preferably in conjunction with a thick cement-based waterproof coating such as Cemtuff-75, Davis-Fuller's Dampseal or Aquella (these products are not effective over an already painted surface). A fungicidal wash, for example, Moss-Ban Anti-Mould Wash or Watty's Fungus Wash, will remove the stains.

Damp floors aren't always due to rising damp, even in concrete floored kitchens. Sometimes it's plain condensation. But where the floor is in direct contact with the ground, a building or flooring expert can insulate it with a coat of asphalt about 1.5 cm thick, then covered with vinyl or cork tiles.

Rain Penetration

This is usually noticed on ceilings, chimneys, the inner surfaces of walls, under windowsills and around door frames, and means a flaw in the building somewhere. Check for a broken roof capping, cracked chimney slab, displaced roof tiles, etc., or faults in construction.

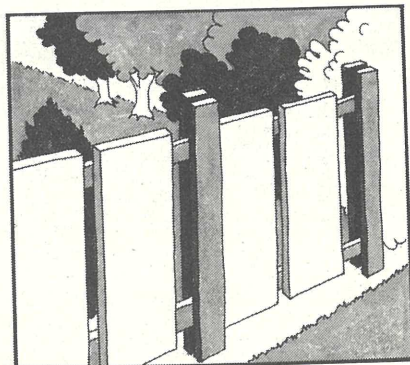
Porous brickwork can be water-proofed outside with a water-repellent like Davis-Fuller's Masonceal, which is invisible, very effective, and lasts about 10 years (it must not be applied over paint).

Fences, often the first impression one gains of a house, can enhance or detract from your home and yet they continue to remain the after-thought of home building. Here is a report on some of the styles available for fences or screens.

FENCING AROUND

For mile after mile of Australian suburban sprawl front gardens and back yards are bounded by the same dreary paling or stunted brick fences. Here the owners have obviously not given any thought to how the fence could be integrated into the overall design of their property, but have just repeated willy-nilly the same drab formula used by their neighbor.

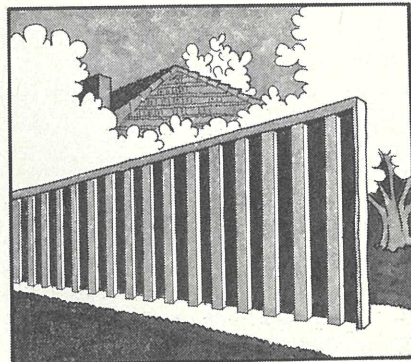
First look around your property and see if its boundaries really do need defining. Is the standard two-metre high fence really necessary for your back garden? Often privacy can be created with the clever use of fast-growing, ever-green native trees and shrubs which can be backed with wire mesh — if you do want to keep pets or children in — or out. And in many cases a stretch of lawn rolling down to the pavement or flowing between houses to form one vast lawn not only looks attractive, but creates greater feeling of space than a series of small broken up plots. However, if you decide for one reason



Hardie's Haven fence made from planks of Hardiflex.

or another that a fence of some kind is necessary then look around at the number of materials now on the market and construct a fence to complement the particular style of your house. When choosing a fence take into account the character and type of the house and site. Generally, the more simple the enclosure the better it will harmonise with adjoining

structures and fencing. Note: before committing yourself to any design check with your council's building



A capped fence made from Wunderlich's Ribwall asbestos cement sheets.

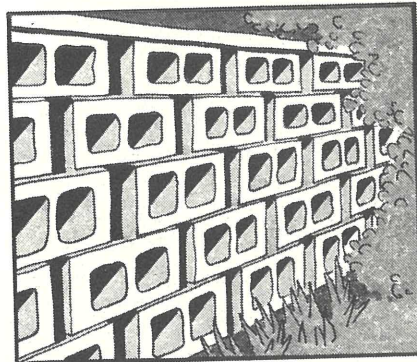
inspector as to local building regulations. Here are our suggestions for building that fence:

concrete

One of the most attractive types of fence, which people are rediscovering, is the concrete wall. They can provide an excellent sound barrier and there are two varieties — walls cast on the site and those erected from pre-cast concrete blocks. The latter are by far the most popular with the handyman, as they can be built without the trouble of erecting formwork, which should be left to the professional. Concrete blocks are inexpensive, easy to assemble and offer a wide variety of patterns.

These are made in a huge range of sizes and patterns by the Besser Jayblox group which has offices in Sydney and Melbourne, and in Brisbane as Jaywoth. Jayblox solid concrete blocks are available in various thicknesses and also in perforated patterns. Approximate price for the average size concrete block (one is equivalent to about seven normal building bricks) is \$76 for one hundred. These bricks are available in natural tones, but can be

painted in a variety of colors with a cement base paint, such as Bon Coat. Monier, which also produces standard concrete blocks is now producing brick-like variations. Their split base blocks have a rough brick finish and are available in several colors. They range from about \$110 to \$120 a thousand. Monier also manufactures sand lime bricks which



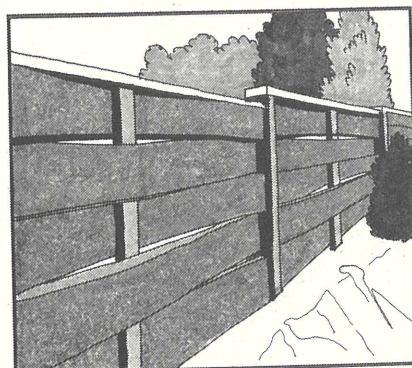
Jayblox concrete block wall.

are featured in attractive oatmeal and creamy white tones. These range in price from about \$80 to \$90 for a thousand. Monier has plants in all States except Tasmania.

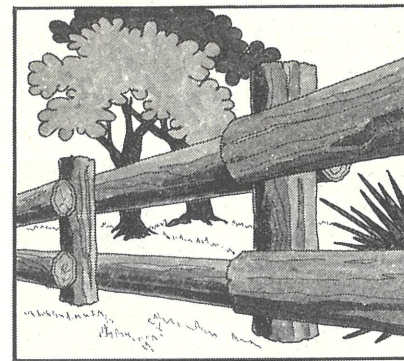
timber

The most common kind of fence is a timber one, which is particularly popular with the handyman because they are so easy to erect. One of its disadvantages is that timber requires a certain amount of maintenance, but its life can be lengthened with the use of preservatives. Fence posts or any timber in contact with the soil, unless the very durable species, such as ironbark or jarrah, must be treated with a preservative.

If you do want to preserve your fence and yet reveal the wood grain try an application of Wattyl's Forestwood or Timbermaster natural wood preserver by British Paints. These are best

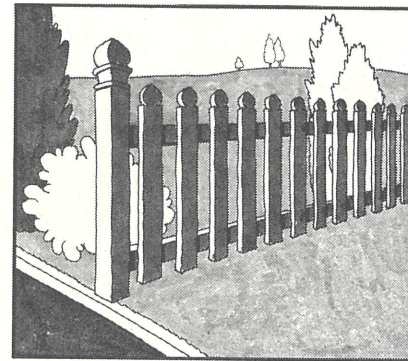


Wunder plank has been used to create a woven effect.



Early Australian post and rail timber fence.

used on new fences, but if you have a weathered fence, you want to camouflage, cover it with an opaque finish, such as Wattyl's Ranchwood or Timbermaster solid wood preserver. Some of the most attractive fences around are the simple, traditional ones and there has been a slow reversal back to these styles as people realise how effective a few timber rails can be. Examples of this are the early settler post-and-rail fences made from sawn logs with the rails fixed to alternate sides of the posts by giant bolts, and the ranch



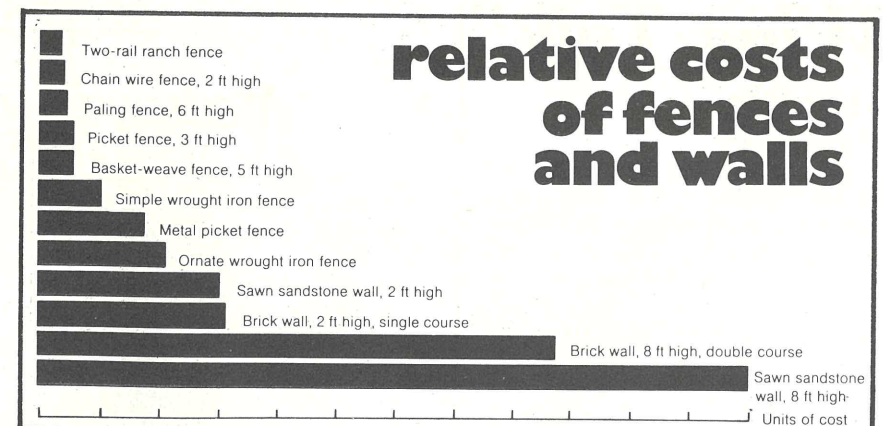
Traditional picket fence.

fence, which is a post-and-board version of the former.

For further information on timber, readers in New South Wales can contact the Timber Development Association, 525 Elizabeth Street, Sydney, for their new brochure. Similar associations in other States are: Timber Promotions Committee, 84 Whitehorse Road, Blackburn, Vic.; Trada, 5 Dunlop Street, Newstead, Qld.; Timber Development Association of South Australia, 145 Hutt Street, Adelaide, S.A.; Forest Products Association, 103 Collins Street, West Perth; Tasmanian Timber Promotion Board, 68 York Street, Launceston, Tas.

brush

Brush fencing is ideal for an informal garden where it makes an attractive



Reproduced with permission from Practical Guide to Home Landscaping by Reader's Digest.

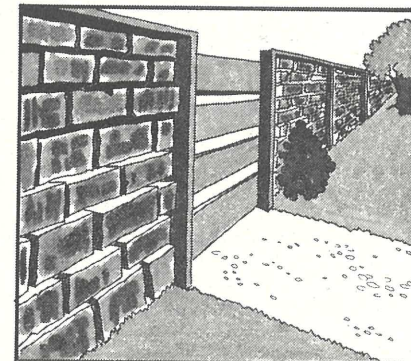
natural background for flowers and shrubs and is extremely long lasting. The brush is placed handful by handful on to a galvanised pipe frame and held in place with wires running horizontally about 30 cm apart. The brush, which is laid about 7 cm thick, hides the frame completely. In New South Wales the Brush Fencing Company, 14 Carmen Street, St. Ives, telephone 44 5195/44 5701, specialises in this work. In Victoria brush fencing is carried out by Fergies Garden Centre, 305 Burwood Road, East Burwood.



Brush fencing, popular in South Australia and Victoria.

brick

Bricks are still an extremely popular form of fencing — they are long

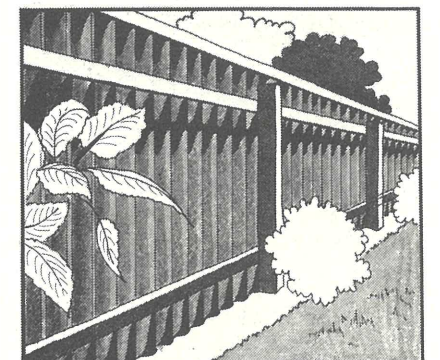


Bricks and wood make very effective fencing.

standing, little affected by weather and have a natural, rugged look, particularly if clinker and sandstock bricks are used. These have recently been introduced to PGH's wide selection of building bricks whose colors range from cream to manganese. Sydney prices for 1000 delivered are about \$115 for clinker bricks and about \$161 for sandstocks.

asbestos

This is a cheaper and more attractive alternative to the tall timber paling fence. Walls made from this sheeting can be neatly capped and painted any color. They are low-maintenance and resistant to rot, white ants, fire and water. Wunderlich produces several



Wunderlich's New Deep corrugated sheets are ideal for fencing.

forms of this sheeting — their new deep corrugated sheets have deep corrugations; Durawall and Ribwall have vertical grooves and Wunderflex, the asbestos fibreboard, has been manufactured into planks which are ideal for fencing.

Wunderlich has offices in all States except Western Australia. James Hardie also has a range of asbestos sheeting which is sold in three forms — as a plank, Hardiplank; as a flat sheet, Hardiflex; and as a moulded sheet, Shadowline, Coverline and Highline. These fences can also be capped and painted. #

"Wine Talk"

Recently, the Board of Directors of the HOUSE OF PENFOLD held their monthly Board Meeting in the Wine State, South Australia. A whole day was spent touring the vast Penfold vineyards and wineries down there.

There was a great discussion about the enormous success of the new THREE LITRE WINE CASK, each the equivalent of four bottles. You have a choice of superb Claret, Riesling, Burgundy, Rose or Moselle. The latter is top favourite! The wines are so good we could have bottled them!

Penfolds have kept in mind the great popularity and interest in wine as a school project. If you write into this column you get in return a great variety of knowledge about Australian wines and vineyards.

Penfolds recommends that you slow down the hectic moods of life with a touch of gracious living. Plan a classic meal with a classic wine. Take PENFOLDS DALWOOD CLARET or DALWOOD BURGUNDY. You also have a Moselle, Riesling or White Burgundy in the DALWOOD Table Wines, so sample them all. Great wines for grand occasions!

A great mixed drink is 1 bottle Dalwood Riesling, 1/2 cup pineapple pieces, 1 sliced lemon, 1 pint soda water, 1/2 cup Penfolds Mantillo Flor Sherry, plus mint leaves.

Mix Riesling, Sherry and fruit. Chill well. Add iced soda water when ready to serve, garnish with mint leaves.

Not to forget the release of an entirely new Port, PENFOLDS BLUE LABEL OLD PORT. The first of its kind to be a great mixer.

Here is an example called a Blue Max. Take 2 parts BLUE LABEL OLD PORT, 1 part PENFOLDS MAISON MARNAY BRANDY, crushed ice, drop in a twist of lemon and serve in tall glasses.

If you're wine-wise, write into this column for further Blue Label Old Port recipes, a new Wine Digest, a handsome cook book, drink recipes of all kinds, and many other informative literature to keep you abreast of the food and wine world. As it's all absolutely FREE it's the best money spent on a stamp you've ever used, so write now and receive your FREE offering.

Write to:

"Wine Talk"
634 Princes Highway
TEMPE, N.S.W. 2044

LOOKING AT OLD THINGS

Value in old mirrors

The nineteenth century saw a great boom in advertising. One of the effects of this boom for the collector is that we are left, in modern times, with many beautiful pieces of advertising art. These advertisements help us to appreciate and understand the Victorian era just as much as a piece of furniture might.

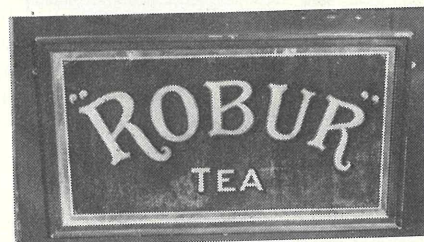
Classic among these pieces of advertising are the pub mirrors. Many of those existing today are over 100 years old and still fulfil part of their original role — pleasing pieces of decorative art.

Pub mirrors are now a highly sought-after collector's item and it is becoming increasingly difficult to find good examples. Unfortunately, most of the old pubs have now been modernised and the mirrors sold to private collectors.

Although it was mainly the breweries from about 1850 to the early 1900s who adopted this form of advertising, other manufacturers such as Lever Bros. (soap products) and Arnotts Biscuits also chose this media to advertise their goods.

Shown here are some mirrors from Anne Schofield's marvellous private collection. (Anne Schofield has a shop, Kaleidoscope, in Woollahra, N.S.W.) Anne's favourites are the Penfolds' mirrors.

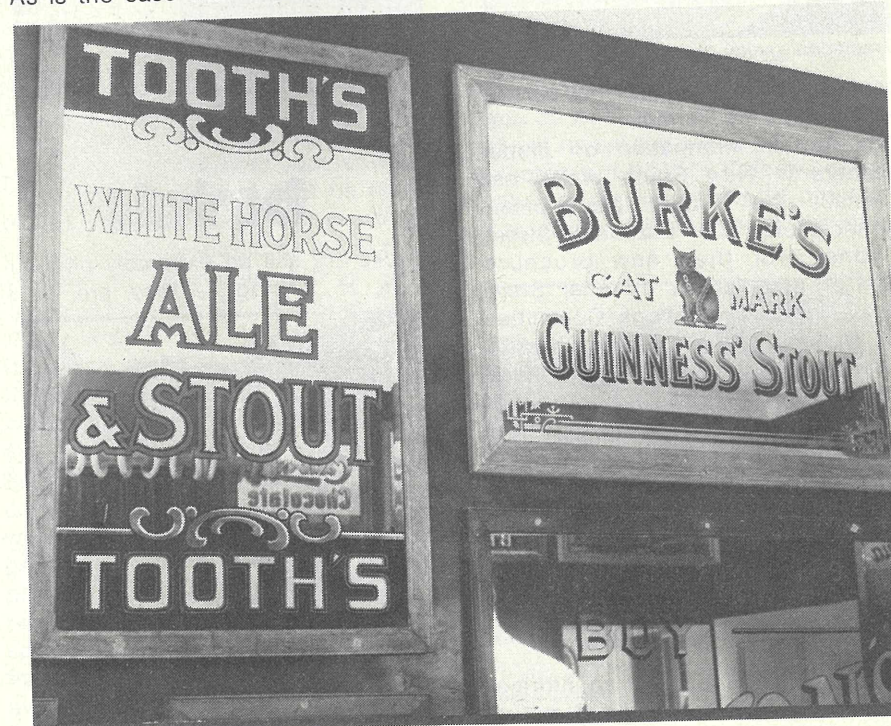
As is the case with most worthwhile



things from the past, it is easy to see the craftsmanship involved in the ornate hand lettering, gold leaf or sandblasting; and, in some cases, paintings in the style of the era.

The fact that genuine advertising mirrors are so popular and are becoming so difficult to find has prompted many manufacturers to copy the originals. Although these certainly have their place there is no mistaking the original advertising mirrors. The craftsmanship and time available to the Victorians simply does not exist today.

Collectors may still be lucky and come across a bargain but a good example will generally fetch several hundred dollars. Where to find early advertising mirrors is a difficult question, they are so scarce now that no one antique shop specialises in them. However, The Squatters at 561 Willoughby Road, Willoughby, N.S.W., and Kaleidoscope, 28 Moncur Street, Woollahra, N.S.W., have them whenever they can find them.



HERKAL LOUNGE SETTING
A strong rustic theme in African teak and walnut. Bold lines and generous proportions. Super-soft cushions with fabrics in rugged weaves, earthy colours. Available with 2 and 3 cushion sofas, corner and coffee tables and footstool.

HERKAL DINING SUITE
Seats six or extends to eight and even ten. The two ends extend and the concealed centre piece pivots effortlessly into position. The setting is available with or without carver chairs which have softly cushioned arms. Finished in walnut or African teak rubbed to a warm satin sheen.

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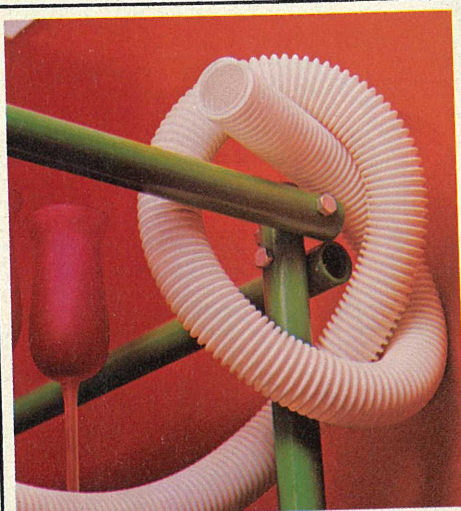


FURNISHING AND RENOVATING SMALL HOMES

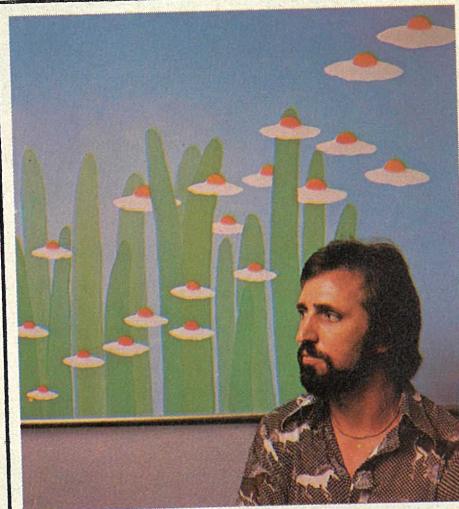
How to furnish and adapt a small house or home unit to your life style — whether to treat it straight or slightly tongue in cheek. This month our interior designer Appley Hoare, looks at two different, but delightful approaches.

1 new home unit FANTASY IN SMALL BOXES

TEXT/MADELEINE MOULT — PICTURES/JEFF RAND



Detail of wall unit made from water pipe and a light from plastic vacuum hose.



David Black, graphic designer and artist.



Plants are watered with a sprinkling 'fountain' on the balcony.



Kitchen utensils hang from a vertical beam.



Clouds and trees decorate the bathroom.



Looking down the hallway — now an important room in the apartment.

Right: the living room — no longer a cream box, but full of warmth and vitality.

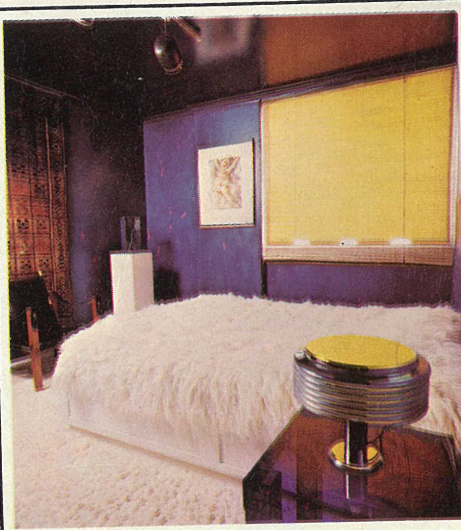




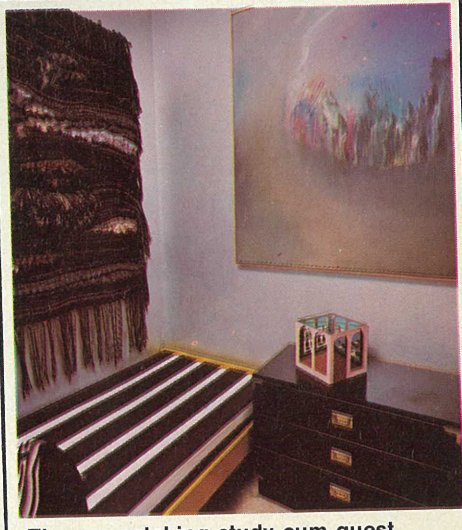
Glass-topped trestle table in the dining room.



View from the living room down the hallway.



Inky blue walls set the mood in the main bedroom.



The eye-catching study cum guest room.

WHEN is a unit not a unit? When it becomes an apartment in the true European sense. When it becomes a place for permanent living, where one can wander from room to room without being struck by the same predictable decor, where each room has its own identity and where even the balcony — however tiny — is meant to be enjoyed.

It means turning the standard box-type unit into a scaled-down house, rather than ticky-tacky, temporary quarters with ticky-tacky, stop-gap furniture. This is the transformation graphic designer, David Black has achieved with his apartment, one of a number in a 13-storey block of home units on Sydney's North Shore.

He has attacked what was a new, but washed-out cream unit with a cheeky disregard for all the decorating rules. David wasn't daunted by a long corridor, usually thought of as wasted space. He covered one wall with a massive blow-up scene of the bush and on the other applied floor-to-ceiling cork sheets which are hung with the odd rug or two.

This has opened up a previously dead area. The rooms leading off the hall have gained a bush view and one now feels the corridor leads somewhere — as it does — to a shiny ink blue bedroom, which is lit by a zany standard lamp in the shape of a tree. Trees and plants are studded throughout the unit — in the bathroom, kitchen, living room, and of course, on the balcony, where giant cacti are watered with the help of a unique tubular 'fountain'. Wooden decking has softened the small concrete balcony which is now a

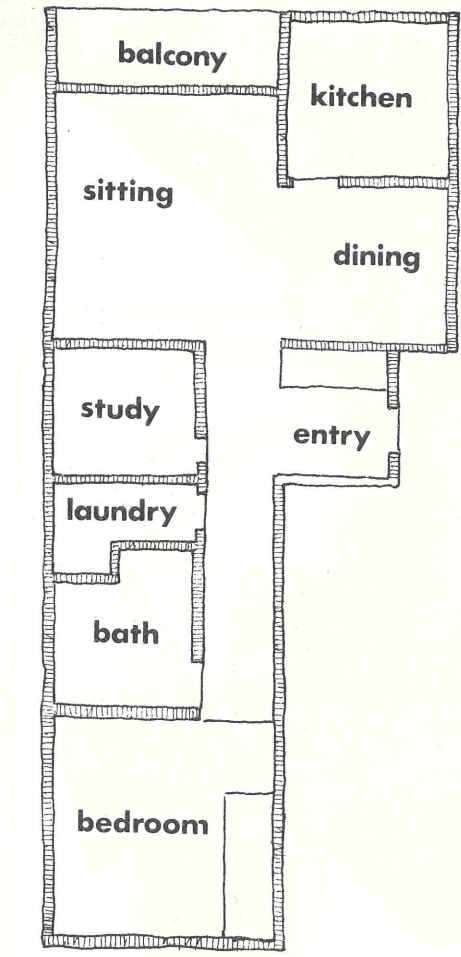
pocket of green — complete with trickling water!

Gone is the shrieking sterile kitchen with which we've all become too familiar, and instead is a busy concoction of shiny bright green walls, masses of hanging ferns, a clutter of kitchen gadgets, hung on a vertical wooden beam, and a floor covered with glossy ceramic tiles.

David has best expressed his desire to "fill in the spaces" in the living room. Giant Phraffis trees, which love being indoors, stand about in pots and cut-out polystyrene clouds bring down the ceiling. Shelving made from water-pipe bolted together and painted shiny green stretches across one wall and is interwoven with plastic vacuum pipe, which is lit from inside with a string of small lights.

If there's been any plan in David's design it's been a lack of one, a principle decried by the pundits, but which can be applied to countless things — if one only had the nerve! This is definitely not a home for the conservative and traditional, but it is its theatrical nonchalance and sense of fun which makes this little apartment so brilliant.

1 new home unit continued



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Furnishing and renovating small homes

SOFT, VERSATILE SEATING



Left: Flexible Tajt furniture imported from Sweden by Scandinavian Living can be made up into a sofa, a floor-level lounge or an armchair. The unit consists of two fat cushions, joined by leather buttons and straps, plus a giant, soft cylindrical back cushion held in place by a chromed tubular bar. It is covered in blue denim and costs about \$226 a unit. The Prisma storage unit is made up of a base (each cube is \$39) and upright units which are \$70 each. Chair base (at right) is about \$39 and set A cushions \$66. Cardboard Pokus 2 boxes are fitted into the vertical cubes. Available from Scandinavian Living, 500 Pacific Highway, St. Leonards, N.S.W.



Above: Campaign's Soft Cell armchair was photographed at 2001, 350 Pacific Highway, Crows Nest, N.S.W. In camel, chocolate, green, or black corduroy it sells for about \$193, and in canvas or blue denim, a little less. Sold at 2001; Campaign, Woollahra, N.S.W.; The Storehouse, Penrith, N.S.W.; Colonial Galleries, Fullarton, S.A.; Focal, Ringwood, Vic.; Inter Decor, Nth. Melbourne; Gallery Up-top, Rockhampton, Qld.; Modular Furnishings, Claremont, W.A. Right: Numero IV furniture is modelled from one piece of foam, has removable polyester-wool covers and was designed by Grant and Mary Featherstone for Uniroyal, the tyre people. The high back chair is \$147, the low back about \$112 and the ottoman about \$72. This furniture, which is available in brown, lime, gold, orange, beige and purple, was photographed at Artes Studio, 359 Sussex Street, Sydney, but is also sold at major furniture shops.



Lucas chair with check cover and brown tubular base. Priced at \$126 from Scandinavian Living, 500 Pacific Highway, St. Leonards, N.S.W.

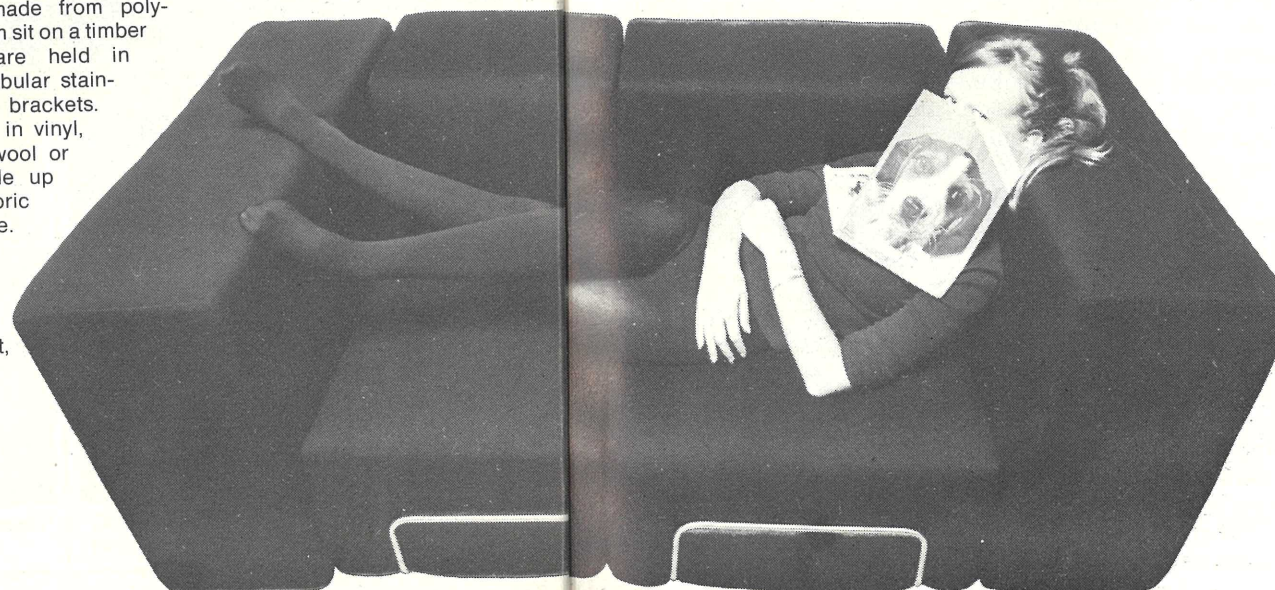
PICTURES/JEFF RAND

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Right: Two red Profile chairs, \$85 each; Profile stool, \$30; Luxo standard lamp, \$57.95; Palaset chest of drawers, \$39. All available from Arkitype, 71 Military Road, Neutral Bay, N.S.W.

Right: Two-seater Block unit by Fuetron sells for about \$354. The seats made from polyurethane foam sit on a timber base and are held in place with tubular stainless steel brackets. It's available in vinyl, cotton and wool or can be made up in the fabric of your choice. All enquiries to Fuetron Furniture Pty. Ltd., 31 Bay Street, Broadway, N.S.W.



WITH characteristic French style and with more imagination than money a young couple now living in Sydney have turned an old derelict house into a light and airy open-plan cottage designed for comfortable family living. What strikes one most when walking into the home in Glebe of Bertrand and Michele de Tarle is the way they have adapted the house to catch the sun.

Instead of the closed, introverted feeling common to all semi-detached houses built in sturdy northern European tradition at the turn of the century the de Tarles — with thoughtful planning — have opened up their cottage to take full advantage of our warm climate.

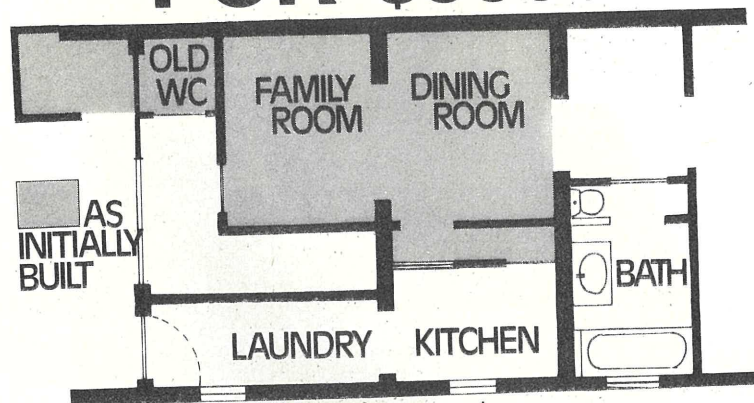
And this they have achieved simply and with a minimum amount of money, by doing it themselves over the past three years — and despite two small children. When the de Tarles first moved into their home about three years ago it was dirty, dark and the back built up with a series of packing cases covered by sheets of corrugated iron.

Except for many layers of white paint to cover sickly green plaster the front of the house, which is structurally sound and of simple, formal design, has been virtually left intact (as with the Home Journal house which is just around the corner). The only structural alteration was carried out at the back of the house which was completely demolished to provide a new kitchen, laundry and family room. Bertrand estimates that all renovations and alterations to the house — most of which he carried out himself, but including labor for a front brick wall, new plumbing and electrical wiring, and the laying of the concrete floor and construction of a brick wall at the rear — cost just over \$5000.

The first step was the demolition of the back, except for one retaining side wall, and in its place the laying of a four square concrete floor. On top of this were placed unglazed, quarry tiles bought as 'seconds' from a tile merchant. (After difficulties with these Bertrand strongly advises homeowners to buy the glazed variety.)

Another side brick wall was added, together with a partitioning wall, also of brick, for the laundry. Across this span Bertrand erected a wooden roof of Oregon beams stained with Taubman's Solpha Oil. Insulation consists of A.C.I.'s Fibreglass and Sisalkraft's aluminium foil, on top of which was nailed aluminium sheets from Alcan. This insulation reduces any noise from rain.

2 old city terrace — COMPLETE RENOVATION FOR \$5000



The back part of the house faces north-west, but in the old plan the only room in the whole house to receive any sun was the toilet. This was rectified by the installation of floor-to-ceiling windows and doors, so that one can look from the kitchen and dining area on to the lush back garden — built up with 30 tonnes of soil.

Bertrand built the kitchen cupboards from two sheets of Pyneboard's Glamapyne, which he then fitted inside with adjustable shelving and trimmed on the outside with Drawerpull from Coleman. Plastic drawers were also faced with Glamapyne. Cost of these cupboards is estimated at about \$100.

An enormous wooden cutting block made by Master Block, Bankstown, N.S.W. sits across a section of the bench, and is not only beautiful but extremely practical.

The outside toilet was 'brought inside' to the old bathroom, which was completely revamped, so that although still tiny, with its Redwood panelling and slatted ceiling and wooden fittings, it has a refreshing, natural charm.

The living room has been left untouched structurally, except for the modernisation of the fireplace. This was already in good condition, but it was extended by the building of a stone 'bench' on top of which were placed quarry tiles, which run right back into the hearth.

Cane and lightweight furniture, which Bertrand built himself, together with inexpensive wall-to-wall matting from Matting Industries, highlight the light and uncomplicated feeling of the entire house.

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Bertrand and Michele de Tarle in the home they restored in Glebe.



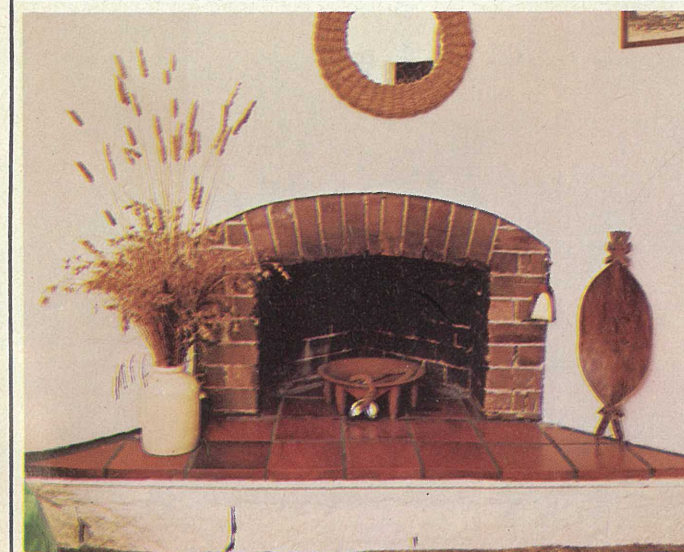
A high brick wall was built to screen the house from the street.



An old door which was on the front of the house was stripped and oiled, and is now the front gate.



Wooden fixtures were used wherever possible in the bathroom which was panelled in Redwood.



Fireplace in the living room built up with a stone 'bench' topped with glazed quarry tiles.



The back garden has been made level with 30 tonnes of soil, and is a perfect playground for three year-old Benoit.

2 old city terrace continued



Text/Madeleine Mault — Pictures/Neville Waller



The open-plan living area seen from the garden at night.



The dining area looking through to the living room.



Shelving has been added to cane arches across one wall of the living room.



Kitchen cupboards made from Pyne-board's Glamapyne.

Left: the family room with its 'banquette' — a super idea for a sofa — made up from a foundation of bricks, lift-up lid of oiled wood and topped with cushions.



PLANNING AND RE-PLANNING kitchens

pre-planning

It is one of the nicer sides of human nature that we can learn to live with an unsatisfactory arrangement, and after a while forget what is being troublesome. But the little irritations build up and one day you realise your life could be easier and more pleasant if a few small changes were made. Perhaps you just want to fit in a new appliance like a dishwasher, or approaching old age makes your cupboard arrangement more and

This bright and cheerful kitchen is an unusual shape but with careful planning a difficult problem in using corner space was solved. A bright Marimekko blind takes the focus off the cupboard line. An individual touch from the home handyman who built this is the high plinth (300 mm off the floor). Oven door (not seen) folds down to become part of the bench top.

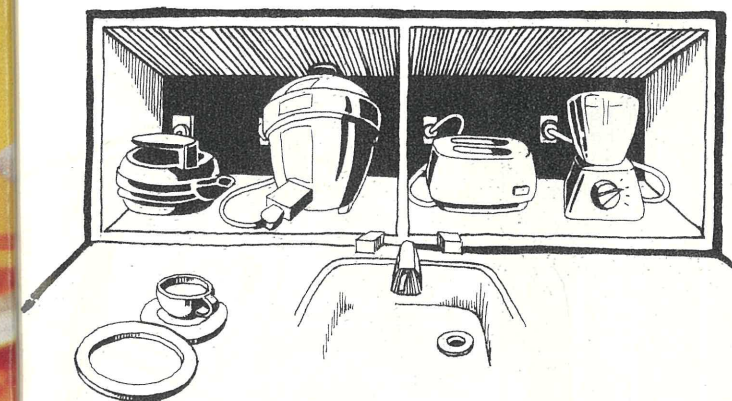
Here is the first in a series of three articles we are presenting to help those who are considering an overhaul to their old kitchen. In this first article we look at the theory behind an efficient kitchen layout, essential if you want to save steps and time and take a lot of the drudgery out of kitchen work. The second article will show you kitchen fittings (now many and various!) that will solve an existing problem, or help to determine your new arrangement. We will present a basic kitchen unit to make for those who are handy enough to do their own renovations. In the third article we will talk about surfaces, and colors that will finish off your facelift. If you are considering a total renovation it would be wise to read all three before you start planning.

more inconvenient!
It is important to decide objectively **WHY** you aren't happy with your kitchen **BEFORE** you start planning any changes. This may seem to be stating the obvious, but it's not. Many people alter their kitchens — some quite drastically — only to find that they are no happier with the new

arrangement than they were with the old. There are two main categories of problem: people who want a change of **FASHION** and those who want a change of **FUNCTION**, whether you just want your kitchen to look different or work more efficiently or both.

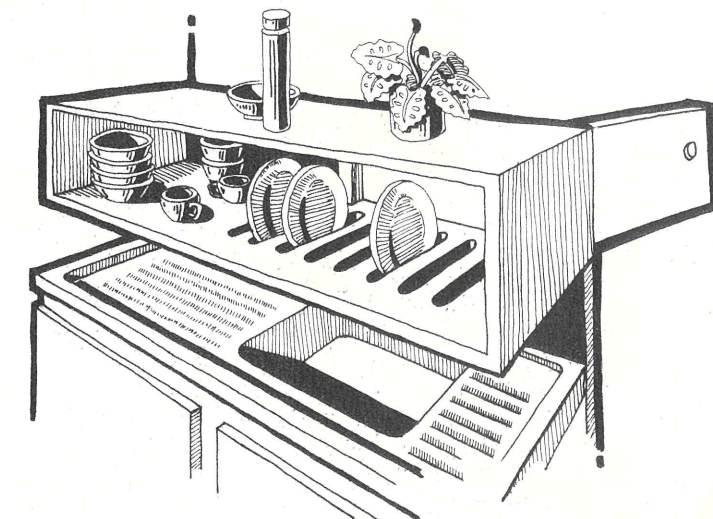
If you just want a change of fashion,

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How many appliances do you have? In a wall cavity at the back of your bench have extra power points installed (only a few dollars extra) and have the appliances plugged in ready to use.

In a kitchen where there is a divider between washing-up and eating areas a simple arrangement like this is useful. Well above the sink, plates and glasses are stacked in slots to drip dry.



kitchens

• continued

you are easily dealt with (see the third instalment of this series, in particular). All we do is point you to the appliance, cupboard, paint, paper, tile and other manufacturers and say take your pick! The point to remember is: if you want a change of fashion it follows that you are happy with the function, so on no account must you change the relationship of the various "work zones" to each other. You have found your own, satisfactory work triangle. Those who want a change of function will almost certainly not have a satisfactory work triangle. This term is probably one of the most understated points regarding kitchen planning and it should be understood from the outset. While it may have other uses, the kitchen's main function is for **STORING, PREPARING, and CLEANING** of food and its attendant utensils. These three functions form the points of a triangle. Though the configuration of the triangle may vary depending on the shape of the kitchen, the basic necessity to visualise the functions in triangular terms must remain. (For example: the cook may go from the fridge to the oven — as with frozen foods — or from the fridge to the sink; the cook may go from the sink to the oven or from the sink to the fridge — as with washed salad foods ready for crisping.) The eternal triangle of the kitchen is its most

outstanding and indispensable feature. Given that the triangle is paramount — the next thing to decide is the shape of your particular triangle.

Total side of triangle should not exceed 6.7m. Measure kitchen area and appliances to be used (cut out paper templates to scale).

general guides to layout

The only place to build cupboards and to fix appliances is that part of the wall which is free of openings (windows and doors). Once again it may appear to be stating the obvious but not enough people realise that this fact places a limit on the amount of storage space available. So the kitchen renovator is faced with a relatively easy problem to solve. These are the factors: 1. The necessary appliances, 'fridge, cooker and sinks, have certain fixed sizes and must be set out to form the points of a triangle (see next issue for exact sizes). 2. The kitchen has certain openings in certain places. 3. It is desirable to store a number of utensils and other gadgets and appliances in the spaces not taken up by the fixed appliances or by the various openings. In order to do this a certain amount of cupboard space must be provided.

No amount of agonizing or "if only's" will alter the fact that your kitchen is of finite size and your requirements won't all fit in! In this case you have to force yourself to make one of two

decisions: You must either toss out a heap of stuff that you really can't use. (That persuasive gadget demonstrator isn't really the last word on everything for the kitchen — is he?) Or you must enlarge your kitchen. But please, save yourself and your family a lot of heartache (not to mention money) by doing nothing to your kitchen until you've made up your mind what you want the kitchen to be.

structural changes

If you propose making any structural changes (knocking out walls etcetera) to your kitchen — consult your builder first.

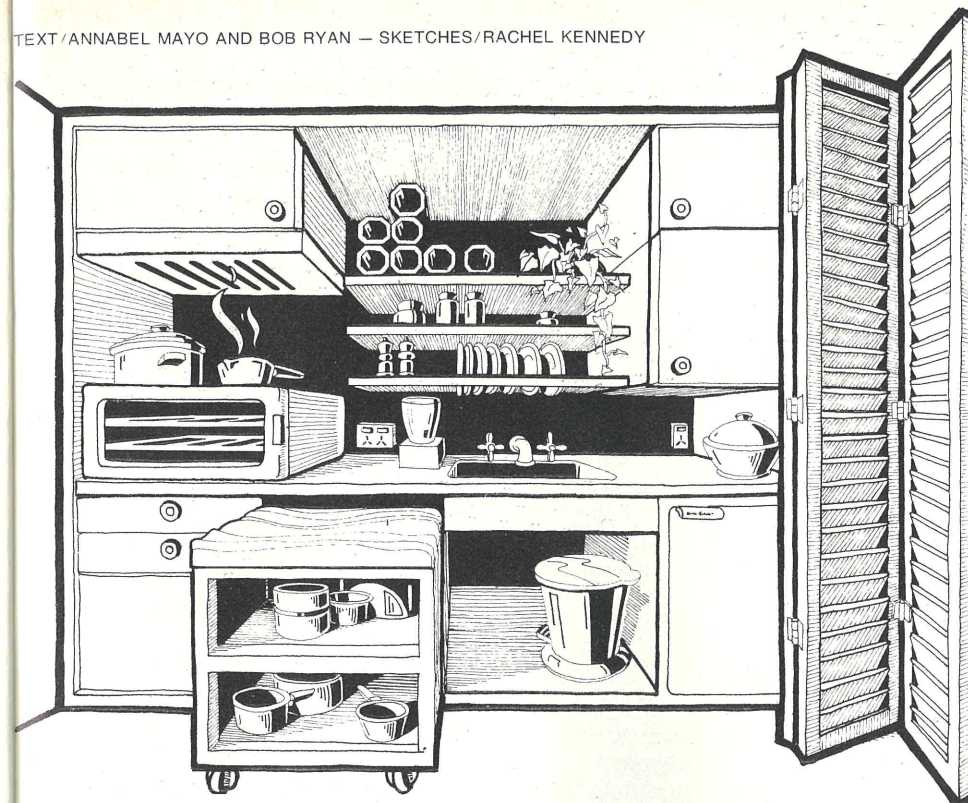
Make your own plans about **how** you want the kitchen to look and the builder's task will be easier and cheaper.

If you have a wooden floor and you'd prefer quarry tiles, you don't have to go through the messy business of pouring a concrete base. Hardie's make a compressed "Fibro" about 18mm thick which is fixed to the existing floor joists. Tiles may then be laid on top. (See your local Hardie's dealer for further advice.)

If you are planning to build your own cupboards it is worth remembering that some of the "Formica" and "Laminex" dealers can provide a supply and fix service once the cupboards are built and installed.

If you are considering buying ready-made or ready-to-assemble kitchen units, send for as many

TEXT/ANNABEL MAYO AND BOB RYAN — SKETCHES/RACHEL KENNEDY



A compact kitchen for an office, flat or weekend which can be closed off from another room. Small appliances like a Roden stove, and one of several models of small refrigerator, dish drainer/storage, pull-out cupboard with chopping-board top are just a few of the ideas which make it possible.

brochures and quotes as you can. Fifty cents extra in postage can save you \$500 and it would not take more than a couple of hours to go through the lists in your Yellow Pages and write the letters or telephone. Naturally you may be disappointed. You want somebody's corner unit, with someone else's pull-out table. Find the system which best suits your purposes, and compromise by having other units custom-made. Look for items like adjustable height

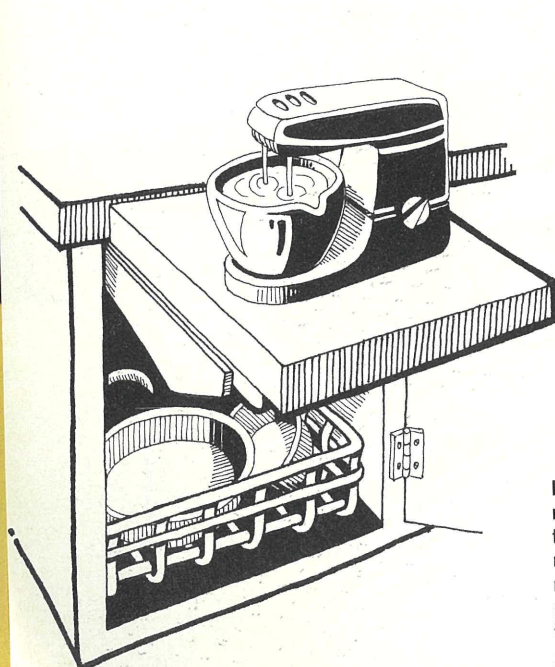
legs — it can make all the difference if you are either very short or very tall. Look for features which are useful if you can't bend down a lot. If you buy a modular kitchen system and the company's workmen install it, try to reserve complaints you have for the boss, rather than the workmen. Your kitchen will be finished more quickly if you leave the men to it, only checking occasionally that everything is as you wanted it. It is not a good idea to change your

ideas in midstream, so make sure of what you want beforehand. Perhaps you are having a carpenter in — get recommendations from friends and other tradesmen. Get at least three quotes — be suspicious of someone who is markedly cheaper than the other quotes — the materials he uses may be inferior. Base each quote on the same amount of work and materials. The estimate he gives should include materials. It is a good idea to find out what the insurance position is: you might be advised to take out a Worker's Compensation (and Public Risk) Policy — this might already be included in your current policy for the house, but check first. Make sure financial arrangements are clearly understood by both parties — a reputable contractor will have good credit with his suppliers (beware if he buys only for cash). A deposit or advance payment from you is justified only where there are large material outlays, such as custom-built or special order units. But no deposit should be paid for labor, though. On large projects, the contractor is entitled to weekly progress payments and it's a good incentive factor, but don't get ahead of him — it's easier to get a contractor back to finish something off when you owe him money.

electrical and plumbing changes

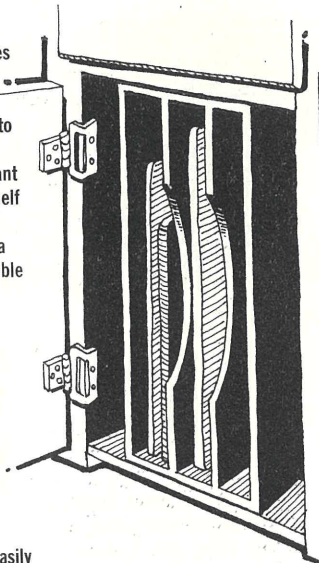
Keep in mind that, if you are planning to alter the electrical and/or plumbing installations, these works

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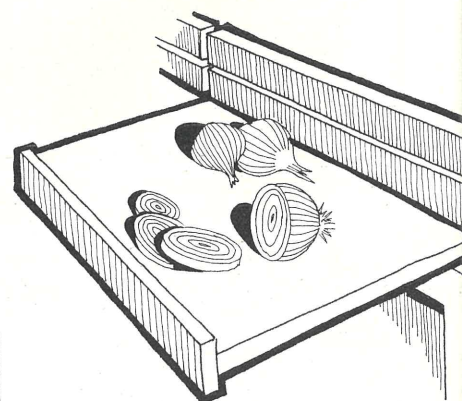


Left: For appliances you need to use often, it is a nuisance to have to assemble them every time you want to use them. A shelf swings up from underneath using a swing hinge, available from Howard Silver's, Ultimo, N.S.W.

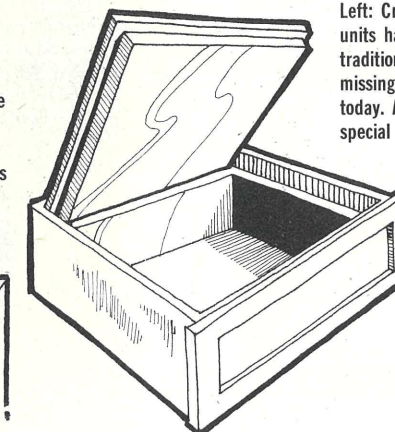
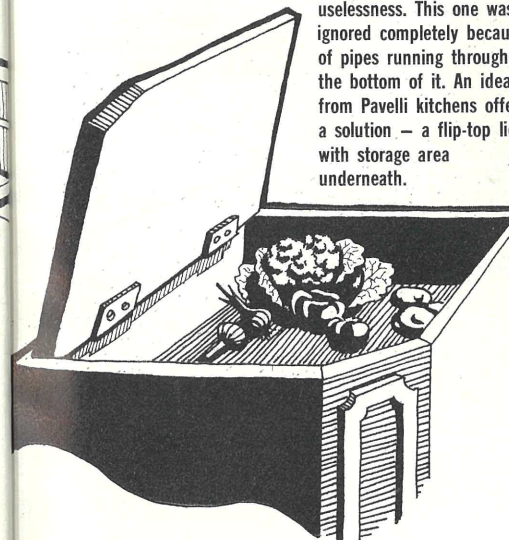
Right: Several manufacturers make tray racks for their units, but you can easily make one yourself with pieces of plywood glued together with a strong glue.



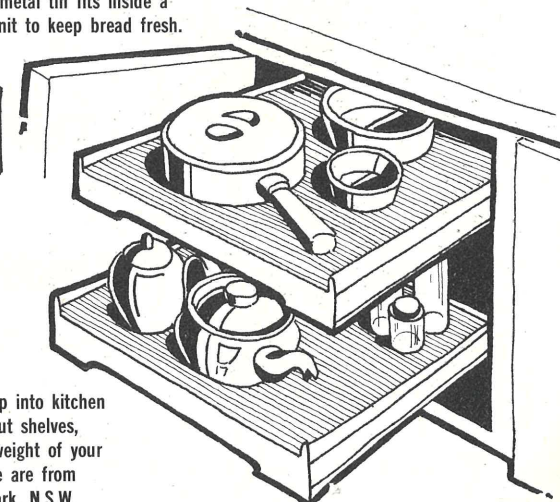
Customtone kitchens have slide-out extra bench space, which hides away without taking up valuable room.



Left: Corner units are notorious for their uselessness. This one was ignored completely because of pipes running through the bottom of it. An idea from Pavelli kitchens offers a solution — a flip-top lid with storage area underneath.



Left: Crestwood Kitchen Marquis units have a good variation on the traditional breadbin, which is missing from many kitchen systems today. A metal tin fits inside a special unit to keep bread fresh.



Right: Do you hate digging deep into kitchen cupboards? Cantilevered slide-out shelves, strong enough to support the weight of your utensils, are easily fitted. These are from Crestwood Kitchens, Regents Park, N.S.W.

kitchens

• continued

must be carried out by properly qualified tradesmen. It is both unnecessary and pointless (and mostly illegal) to do this work yourself.

While on that subject: whatever changes are needed, make sure this work is done before floor tiling and wall finishing. It is easier and cheaper — apart from being more attractive — to hide all the wires and pipes before the finishing materials are fixed.

Good wiring and plenty of sockets are important. Check before you start the renovations: you will need between five and eight sockets (twin sockets are a good idea). Fix at least 15 cm above worktops or at waist level for easy access. When checking load, find out how many appliances you can operate at a time (for example, refrigerator, freezer, stove, hot water service, dishwasher, plus assorted appliances). Plumb-in appliances and make provision for those you are planning to get in the future.

door types and positions

Doors seem like a little detail but make sure they all hinge the right way, whether doors to the room, doors to cupboards or appliances.

Consider sliding or folding doors where space is at a premium. Appliances like dishwashers can be top-opening or side-opening. Oven doors can open down and to the side. Bi-fold doors, sliding doors (or even hinged, swinging doors) will save up to 0.65 sq m (7 sq ft) of valuable floor space.

When thinking about overhead cupboards think about the position of your lights. If the overhead cupboards are only on one side of the kitchen there will be a tendency for the lights to appear off-centre. A fluorescent light turned at right angles to the cupboard not only gives more efficient light but eliminates the "imbalance".

ventilation

Ventilations will also have to be strategically placed. Remember that wall ovens need an exhaust flue so locate them so that the hot air from the oven can be easily removed through the ceiling. Also have your wall oven set so that the open door (of the top oven if it is a "twin") is at the same level as your worktops. The type of cooker that you use will probably influence whether you have a cooker hood or extractor fan. The former is more efficient for stove steam and smells, but the latter is needed where general ventilation of the room is poor.

Don't plan for cupboards above the hot-plates — this arrangement has

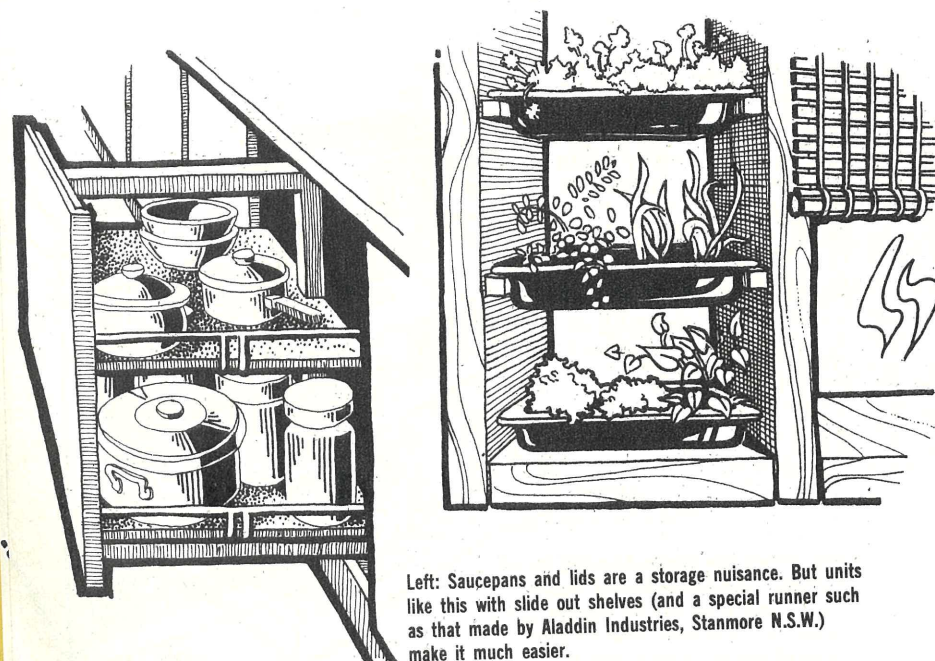
caused a few nasty burns in the past. At best, if you must have some storage there use a narrow shelf (about 200 mm wide). Don't position the stove near a traffic point like a doorway. This is inviting accidents.

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This delightful family kitchen (top right) makes the best use of a high ceiling, by leaving the valuable lower wall space for storage, and putting windows in the normally unused space near the ceiling which let in more than enough light. Bright new colors from Laminex help create the cheerful atmosphere: the yellow is Sunflower and the green is Lime Green.

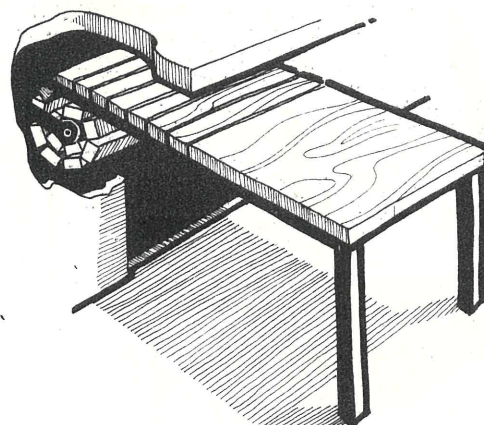
Famous British designer David Hicks designed a futuristic-looking kitchen (right) for the last London Daily Mail Ideal Home Exhibition. The cook top contains a built-in deep fryer and griddle plate, an idea of appliances still to come in Australia. These are by Neff and not available here yet.

Vivien Hislop, Home Editor of the London Daily Mail, chose kitchen units (far right) by the large Italian kitchen furniture company, Salvarani (their factories stretch over an area of 3½ miles). Besides several features available in Australian kitchen systems, this firm offers a range of roll-out trolleys and pull-out towel rack unit with its own electric drier.

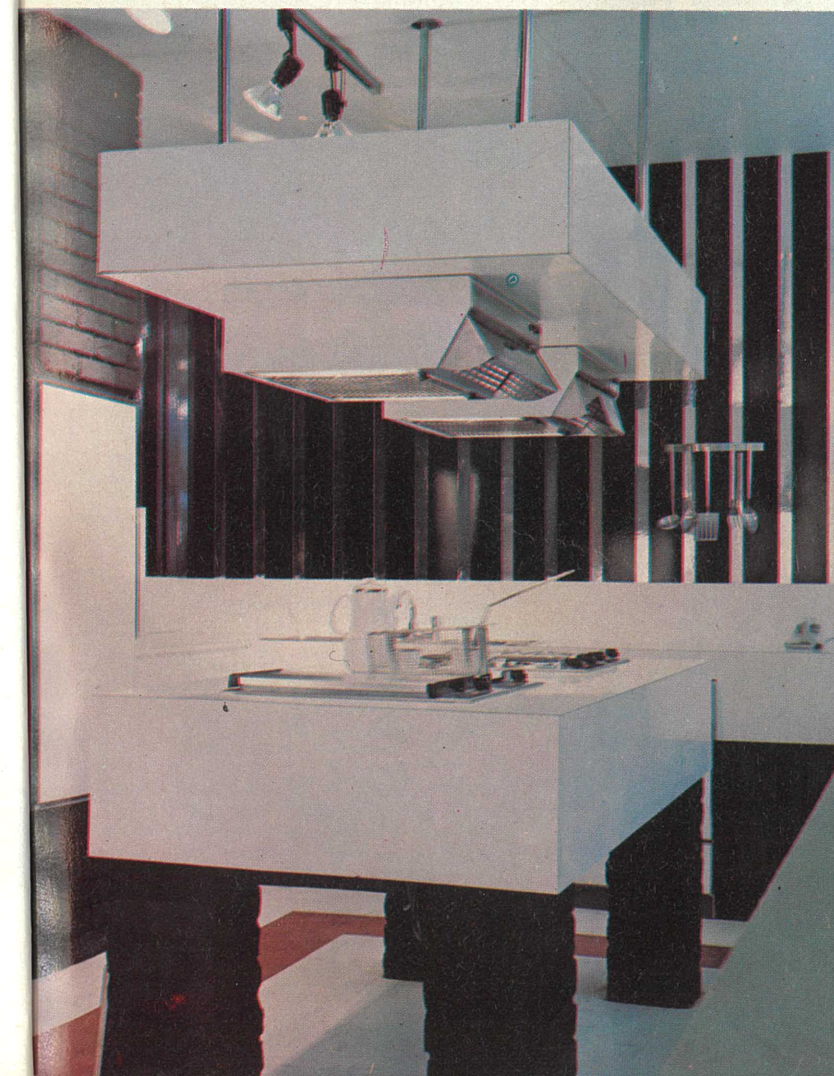


Left: Saucepans and lids are a storage nuisance. But units like this with slide out shelves (and a special runner such as that made by Aladdin Industries, Stanmore N.S.W.) make it much easier.

Left: Make good use of kitchen window space with a herb garden etagere. Simply fit it in a narrow window space, or build a timber frame over part of the window to sit planters on.



Below: Roll-out tables like this are features of several good kitchen systems. Customtone and Pavelli are two manufacturers who have fittings along this line.



MEAT FILLED CABBAGE ROLLS

Ingredients

15 cabbage leaves (preferably pickled), plus additional leaves or pieces,
500 g minced pork (lean),
500 g minced veal, 1 egg,
6 tablespoons rice, 2 onions
chopped, salt and pepper,
1 teaspoon paprika,
2 tablespoons finely chopped
smoked ham speck,
2 tablespoons sour cream,
1 kg smoked meat bones.

Method

Mix the meat, rice, onion, egg, speck, sour cream and seasoning. (If using fresh cabbage dip the leaves in hot water to tenderise.) Place a ball of the meat mixture in each leaf and roll up, tucking in the edges. Place the bones in a deep saucepan and cover with cold water, bring to the boil and allow to simmer for several minutes, tip water away and reserve bones. In a large pot cover the bottom with bones then cover with cabbage leaves or pieces, add a layer of cabbage rolls and then repeat the same process with bones, leaves, rolls, etc. Cover with water and bring to the boil. Reduce heat, simmer for 1½ to 2 hours. Taste for seasoning. Thicken if required. Serve with sour cream.

GOOSE LIVER PATE

Ingredients

3 large onions, 155 g butter,
1 kg goose livers, 3 cloves
garlic, freshly ground black
pepper, 2 tablespoons salt,
½ teaspoon prepared mustard,
¼ cup whisky (delicious made
with Jack Daniel's whisky).

Method

Chop onions finely, then cook gently in 60 g butter until quite soft but not brown. Remove any spots from the livers and dice; add to pan with remaining butter and garlic, which has been crushed with the salt and pepper. Cook until livers are browned on the outside but still pink in the middle. Blend contents of pan in blender with whisky and mustard or push through sieve. Spoon into pot and seal with clarified butter. Refrigerate 4-6 hrs.

The Butcher, the Baker, the Deli, the Greengrocer



THE DELI Meeting Cyril Vincenc is a pleasure because he is one of a rare breed of men — one who actually enjoys his work. Cyril's Delicatessen in Hay Street near Sydney's Chinatown and Paddy's Market has become quite famous — in food loving circles — for its magnificent range of exotic goodies. The business started 25 years ago when Cyril arrived from Czechoslovakia and opened his shop in this cosmopolitan end of the city. Since then the range of imported delicacies has expanded enormously. The emphasis is on foods from central Europe — Polish, German and Slav but Cyril's customers come from all parts of Sydney and all parts of the world. Whatever food you want Cyril can usually produce it — and in many varieties — and no matter what the nationality of the dish I always find that he can improve the ingredients of any recipe.

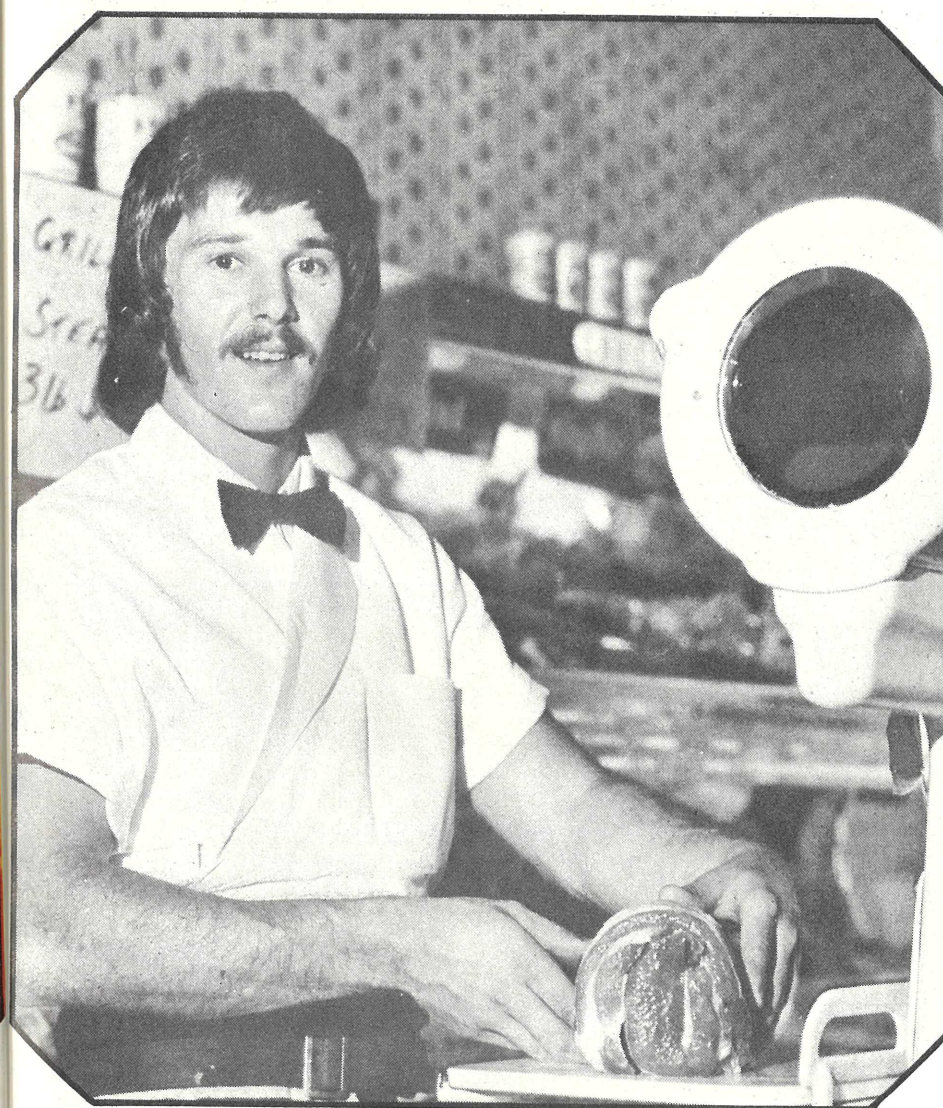
Cyril's Delicatessen, 183 Hay Street, Sydney. Tel 211-0994.

Food with Helen Burgess



I'm always delighted when I meet people who share my enjoyment of shopping for food, and while supermarkets are unrivalled for efficiency when you are in a hurry, surely one of the pleasures of life is shopping leisurely at small shops and taking time to chat. This month I've chosen four of my favorite shops. They are favorites for two reasons — because the food they stock is good and varied and because the shopkeepers are helpful and interested in what they are selling.

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THE BUTCHER

Jim Hannon is a young enthusiastic butcher who has been in the trade for several years. He bought his shop in North Sydney where he served his apprenticeship about three years ago.

He says with the drop in meat prices people are eating far more meat — they are now buying to eat it every day, rather than twice a week, and so he hopes prices keep this way — it's good for business. Like most butchers Jim and his assistant need warning for special cuts, so it's best to order well in advance for that extra special joint.

His favorite meat is steak (and that of his customers), but Jim still enjoys a leg of lamb especially when it is stuffed as he suggests here.

J. V. Hannon, 65 Union Street, North Sydney. Tel 929-2189.

STUFFED LEG LAMB

Ingredients

1 leg lamb (2.5 kg) boned,
125 g minced veal,
125 g minced pork,
125 g chicken livers chopped,
1 cup fresh white bread crumbs,
cayenne pepper, salt and pepper,
2 cloves crushed garlic,
1 teaspoon dried rosemary,
pinch thyme, 4 carrots, 2 onions.

Method

Ask your butcher to bone the leg of lamb or do it yourself. Make the stuffing by mixing the veal, pork, chicken livers, bread crumbs and season with pepper and salt. Lay the boned leg out flat and season with salt, pepper, cayenne pepper, thyme and rosemary. Spread the filling over the meat and tie it or fasten it with skewers, so none of the filling will fall out during cooking. Place the carrots, onions and garlic in the bottom of a casserole, put the meat on top and add a little water. Cook in a preheated oven approximately 190°C for 1½ hours or according to taste. Remove skewers or string and place meat and vegetables on serving platter. Carve in thick slices.

MEAT LOAF

Ingredients

500 g minced lean beef,
¾ cup fresh bread crumbs or
rolled oats,
1 onion minced or grated,
1 tablespoon chopped parsley,
1 tablespoon chopped chives,
¼ teaspoon ground mace or
nutmeg,
2 teaspoons Worcestershire
sauce,
1 clove garlic crushed,
1 beaten egg or approx. 6
tablespoons milk,
2 hard-boiled eggs — optional.

Method

Mix all the ingredients together and bind with the beaten egg or milk. Turn onto a floured board, shape the meat loaf around the whole eggs and place in a loaf tin or a roasting tin. Cover with foil, add a little fat or oil and place in a preheated oven 180°C for 1 to 1¼ hours. Remove foil for the last 10 minutes to allow the loaf to brown. To serve cut into slices 19 mm thick either hot or cold.

The Butcher, the Baker, the Deli, the Greengrocer

• continued

TOM'S BREAD

Ingredients

1 kg plain flour,
22 g salt,
22 g compressed yeast,
½ litre warm water,
2 teaspoons sugar,
22 g butter.

Method

Place the flour and salt in a warm basin and make a well in the centre. Dissolve yeast in warm water, then add sugar and mix with flour and butter to a smooth dough. Knead thoroughly until the dough clears and comes away from the sides of the bowl, or use an electric mixer with a dough hook. Cover bowl with plastic and allow to rise for 15 minutes. Divide dough in two and place in two greased tins and leave until doubled in bulk, which will take about 20 minutes. Brush surface with water and sieve a little flour over top to give the bread a snowy crust. Bake in a preheated oven 230°C for about 30 minutes, or until the crust is crisp and the bread sounds hollow when tapped lightly. Tip out and cool on a wire cake rack.

BISCUIT CRUNCH

Ingredients

½ cup brown sugar,
1 cup rolled oats,
1 cup coconut,
½ teaspoon vanilla,
125 g or ½ metric cup butter.

Method

Put the sugar, oats, coconut and vanilla essence into a mixing bowl. Melt the butter and pour over the dry ingredients stirring well. Spread into a tin 30 cm x 20 cm and bake in a moderate oven (180°C) for 30 minutes. Remove from oven and mark into pieces with a knife. Allow to cool, then take from tin and break into pieces where previously marked. Store in an air-tight container.

Even though you may have cooked a dish before and know the ingredients, mention it to your shopkeeper and you'll probably discover some tempting variation. (Obviously you have to choose your time when the shop is not packed with people!) I used to make cabbage rolls with fresh cabbage until one day I was buying the rest of the ingredients at my delicatessen and the owner produced pickled cabbage. I tried it and found that it was even more delicious than the fresh variety. My delicatessen owner also encourages me to try different



THE BAKER When I called to see Tom Butler he had been up since the early hours of the morning baking his beautiful crusty bread with the help of his sons, Barry and Denis. Tom's bakery in the Sydney suburb of Northbridge is the only country style bake-house left operating in the city, which means the dough is weighed or 'scaled' by hand and is still baked in brick ovens. His family have been in the baking business on Sydney's North Shore since the turn of the century and Tom has been baking bread since almost as long as he can remember. When Tom first opened his bakery he confined himself to baking different types of his delicious bread, but today his shop is crammed with scones, buns, traditional slices, meringues and biscuits, as well as meat pies and sausage rolls. T.G. Butler Pty. Ltd., 156 Sailors Bay Road, Northbridge. Tel 95-1459.

cheeses, coffees and breads and so vary the accompaniments to meals. Other foods I have been introduced to include the eye of silverside which can be cooked whole in the same way as a whole fillet of steak and sweet potatoes which can be cooked like potato chips but before frying in deep oil, peel and cut into chip fingers, sprinkle with salt and leave to stand, then wipe dry with a paper towel and fry until golden. I could go on and on but the fun is going to be in what you discover, so I won't spoil it for you.

Pictures/Neville Waller



THE GREENGROCER Elias G. Apostolakis is a happy Greek who has been living in Australia for 15 years and you'll make his smile even wider if you greet him with "ehvkahreesto" and wish him "kahleemehrah" as you leave. Like other good greengrocers he'll take special orders for herbs or vegetables provided they are in season and you give him sufficient notice. He grows quite a few herbs in his own garden and for favored regular customers he'll suddenly produce magnificent sprigs of fresh dill. Mr Apostolakis is a great believer in eating vegetables raw, especially when they are young and tender and when he asks you to taste a new fruit he peels and cuts it for you with a certain reverence! There's great art in being a good greengrocer. A. & L. Lakis, 136 Queen Street, Woollahra. N.S.W.

STUFFED EGGPLANTS

Ingredients

6 medium long type eggplants,
750 g to 1 kg minced lamb or
topside beef,
1 large onion chopped finely,
2 tablespoons oil,
1 cup tomatoes — peeled,
seeded and chopped,
½ cup rice,
2 tablespoons tomato paste,
2 crushed garlic cloves,
chopped parsley and mint,
salt and pepper, 1½ cups water,
2 tablespoons oil.

Method

Saute the onion in oil until transparent, add the meat and fry until lightly browned. Add tomatoes, rice, tomato paste, garlic and seasonings. Mix well and cook a little more. Cut off the end of the eggplants and wash. Roll the eggplants with the palm of your hand on a flat surface to make them softer. Scoop out the centre pulp, salt this and let stand. Fry the empty eggplant lightly in oil until the outside becomes slightly soft. Wash the eggplant pulp in deep water to let the seeds sink to the bottom of the pan. Carefully take out the pulp and squeeze all the water out with your hand, then add this to the meat and rice mixture. Fry them together a little longer. Mix well. Fill the eggplants with this mixture. Place them in pan upright or slanting and return the top. Add the water, cover, and cook for 1½ hours in a moderate oven.

GREEK BEAN SALAD

Ingredients

500 g young green beans,
1 small can tomato puree,
½ cup oil, 1½ cups water,
2 cloves garlic,
1 large onion (finely chopped),
salt and pepper.

Method

Select very young beans as they should be cooked whole. Top, tail and string if necessary. Combine the tomato puree, oil, water, crushed garlic, onion, salt and pepper in a saucepan and bring to boil. Add beans and cook gently 15 to 20 minutes. Cool and refrigerate for at least 12 hours before serving.

WELL-DESIGNED PROJECT HOME

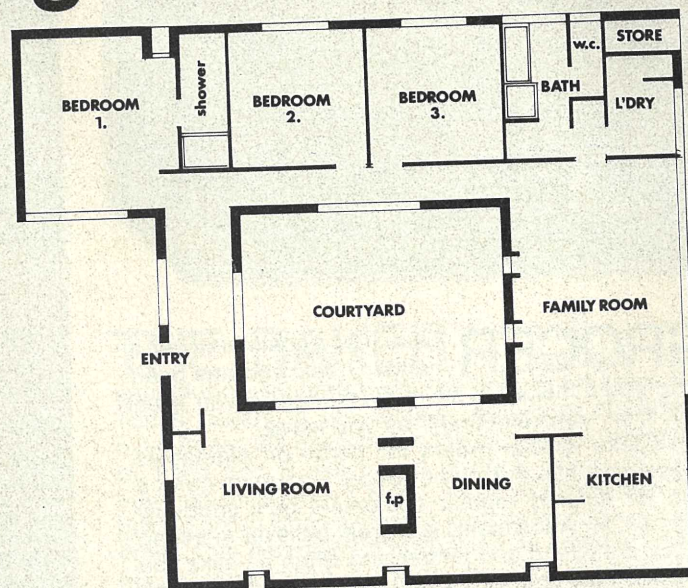
A working trio of architect, interior designer, and landscape gardener has produced a highly individual project house, fully integrated with its surroundings.

Creating A Total Effect

Here is an excellent example of the co-ordination of landscaping with the exterior and interior design of a house, resulting in a perfectly related total effect.

This home is a modification of the basic Merchant Builders' C4 design, in which all the rooms are built around a central courtyard.

The owner worked with the architect, the designer and landscape gardener in order to produce a home which is perfect for the family's lifestyle. Landscape gardener, Gordon Ford, has created the simple garden using rocks, sleepers, screenings and Australian native plants. The courtyard is paved with Hawthorn bricks and spread with lush vines, nestled

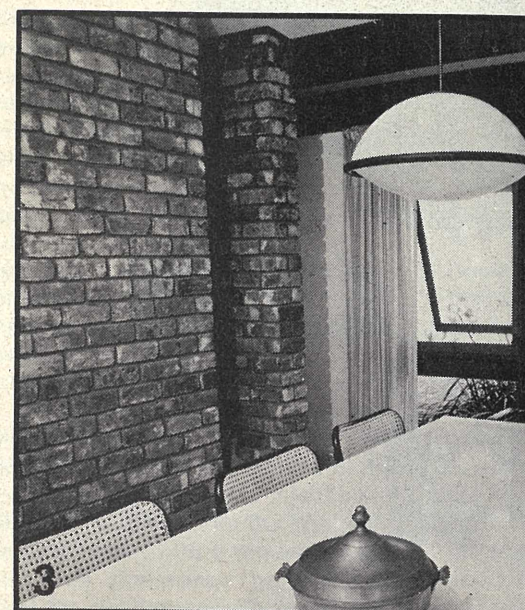
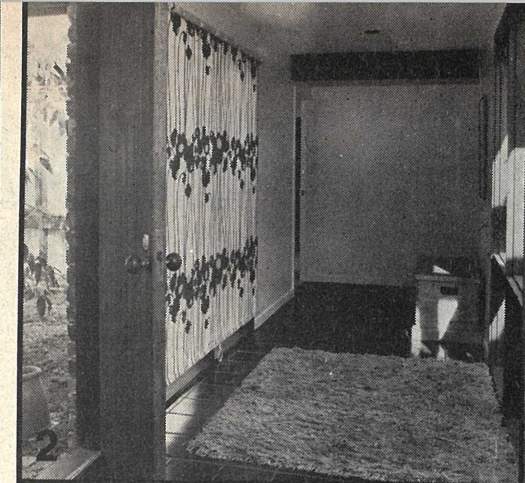
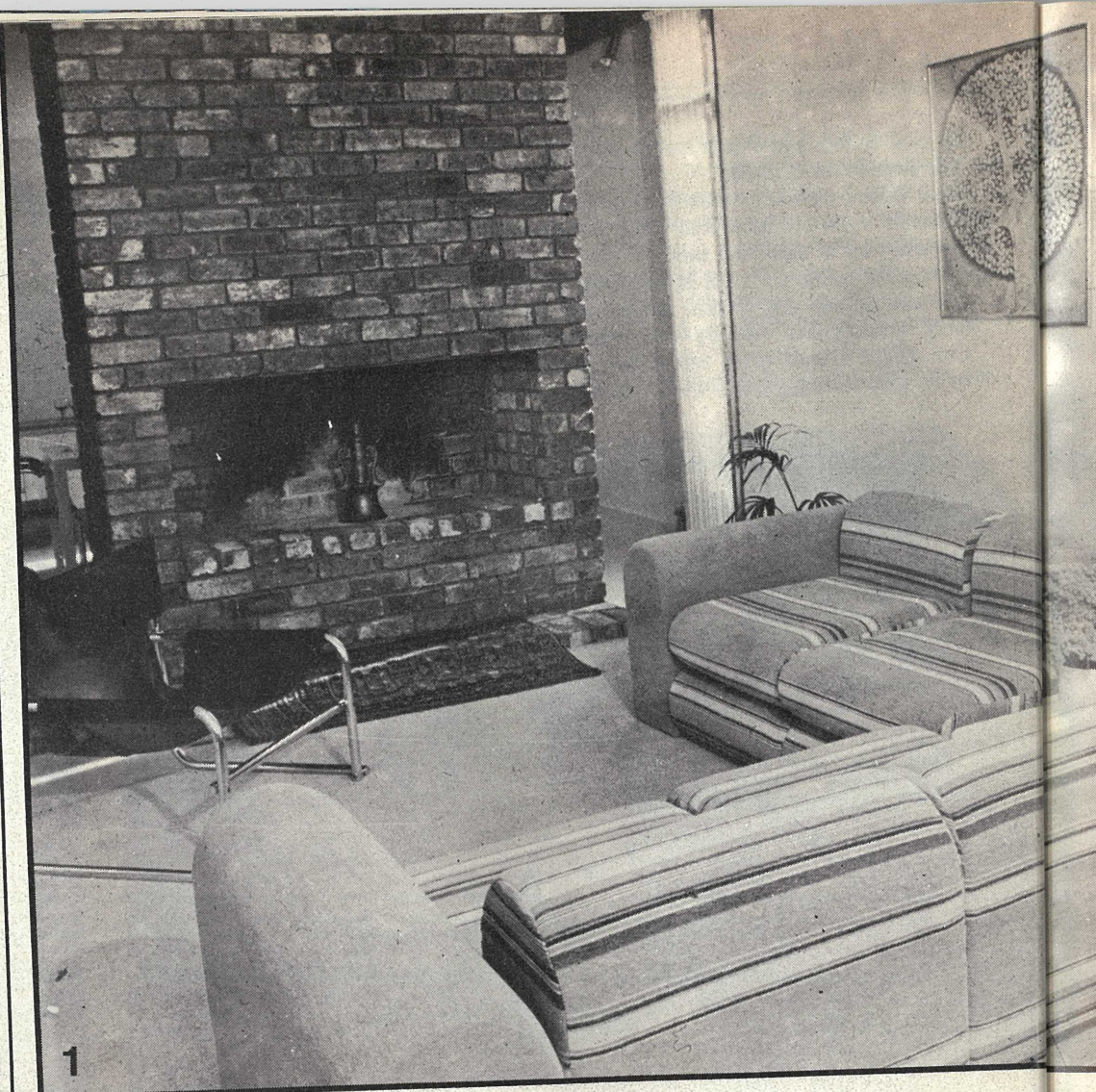


amongst which are some very interesting Australian sculptures. This is used as an extension of the living

area for entertaining and everyday use. Old Hawthorn bricks and rough-sawn, stained Oregon

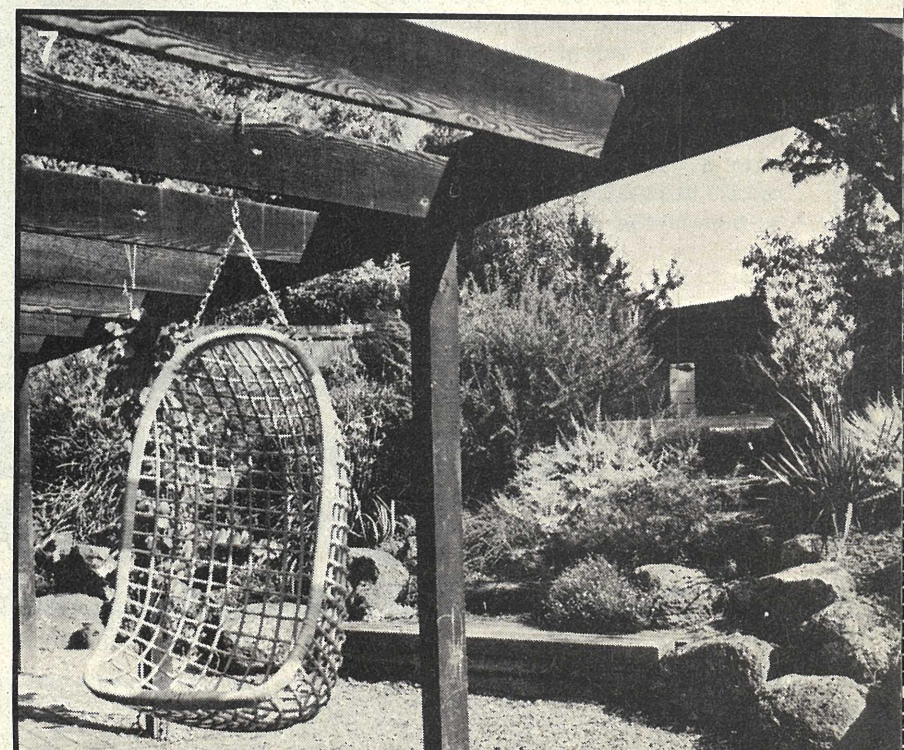
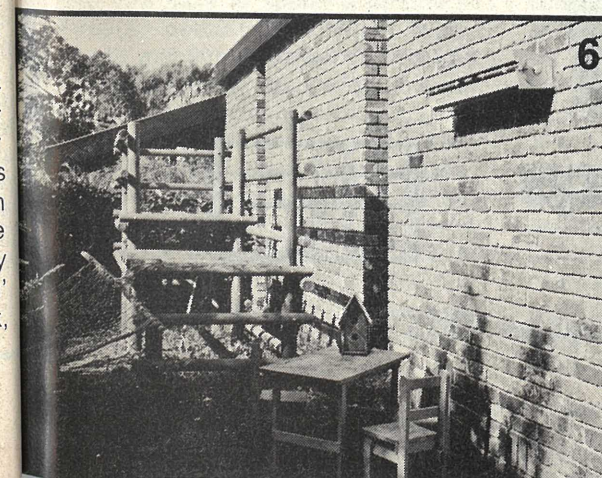
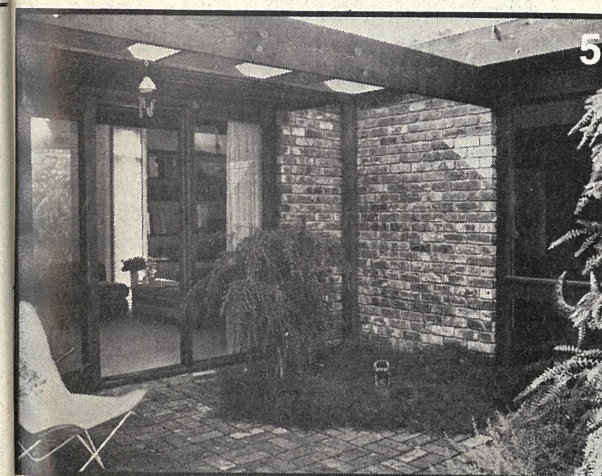
beams have been used on the exterior of the house and this natural theme is carried through to the interior with simple, unpretentious bagged brick walls, white painted plaster, Eureka quarry tiles and natural, tawny carpet. This forms a background for the clients' extensive collection of Australian prints and modular furniture by OMK which is upholstered in natural tones.

The Merchant Builders' C4 basic design with four bedrooms sells for approximately \$29,000 plus site costs. This basic design (not the private home pictured here) is on display at the Merchant Builders' Display Centre, Winter Park, High St, Doncaster, Vic. #



1. OMK chairs in the living room are covered with Denbo granny cotton chenille striped fabric.
2. A welcoming entrance hall with Indonesian jute rug and Marimekko print blind.
3. Natural cane and wood Breuer chairs complement the custom-made long table in the dining room.
4. The wood-finished kitchen cupboards are highlighted with this bright blind.
5. The attractive courtyard is paved with Hawthorn brick.
6. Rough hewn logs make an ideal play area for the children.
7. Rocks, sleepers and natural Australian plants form the garden designed by Gordon Ford.

Information on the furnishings pictured can be obtained from Nexus Designs, 6 Murphy Street, South Yarra, Vic.

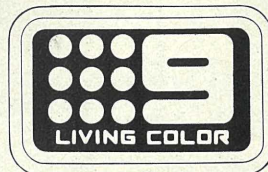


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COMPLETE GUIDE TO BUYING A HOUSE

Page pull-out section **8**

Whether you're buying a house this month, this year or well into the future, you'll need to go into it well-prepared — it's probably the biggest financial outlay of your life. Pull-out and keep handy our 8-page section which will tell you everything you'll need to know.

The housing market has been in the doldrums for almost 18 months. People have been uncertain about the economy, credit has been tight; but there are positive signs now of a revival. This is because there is more money available for lending by banks and building societies, and there has been a drop in interest rates. The reduction has not been large but the mere fact of it has given people more confidence.

There is more money to lend partly because savings have been at a record high — a tendency on the part of the average citizen to play safe when economic conditions are uncertain — and also because of the Australian Government's injection of 150 million dollars into the banks for housing loans, with a request in this case that preference be given to loans for new houses. Thus, not only

is the market moving but a boost is being given to the building industry which has been hit by general economic conditions.

A dilemma facing many people who want to buy a house is whether to buy now, or wait for interest rates to fall still further, or, hopefully, for prices to drop. One thing to remember is that whenever you decide to buy a house it is an expensive item — probably the biggest purchase most people will ever make; but history has shown, over the past twenty or thirty years anyway, that it is better to buy NOW than wait until later, because prices and values have gone on rising regardless of ups and downs in the economy. And from what the experts are saying at present this pattern is likely to continue. They seem to think that prices of houses will not fall, that they have stabilised,

but by next year could begin to rise again. This could be caused by the recent lull in the building industry with consequent shortage of houses against demand, as well as by constantly rising building costs.

All this backs up the theory that there is no better way of keeping pace with inflation than by buying house property. With your money in a home of your own you will not only have a firm roof over your head and a pleasant place to live in, but a solid asset that should increase in value. In this lift-out section we have gathered together as much advice as possible about buying a house. We have said some of it before, but it bears repeating; all of it is related to the current situation with the idea of helping you make that grand purchase without too many head — and heart — aches.

FIRST FIND YOUR HOUSE

Most people have a fairly good idea of where they basically want to live. This could be influenced by being close to work, or transport, or the shops, near the water, on the flat, close to parents or friends; it could also be influenced very strongly by how much you can afford to pay, not only for the house but in rates and general maintenance. Everything has to be weighed up. Transport costs also have to be taken into consideration. It might prove to be false economy, for instance, to buy a cheaper house on the outskirts of the city and then find that you have to spend a fortune in fares or petrol commuting to work, not to mention expense of time and energy. Likewise, you might buy an old house because it is a "snip", but come to realise later that you have fallen for a bargain at the expense of what you really want, perhaps finding that necessary additions and alterations will make the final cost of the house far more than a satisfactory house bought at the time would have been.

Once you have narrowed down your

choice to one or two suburbs, the next step is to visit a real estate agent. Choose a reputable one, preferably a member of the Real Estate Institute who is well established in the area, and have a frank discussion with him or her. When the agent knows the type of house you want, the size of your family, their interests and ages, he will have an idea of what may suit you among houses available. It will also be wise to discuss your financial position with him as he will know the sources of loan money, conditions of lending, and according to your income how much you should commit yourself to paying for a house. Real estate agents say that many people set their sights too high only to be bitterly disappointed when they cannot get the necessary finance. It would be wise also at this stage to go to a bank or building society, have a discussion with a loan officer, to get an idea of the sort of loan you can expect.

Although primarily what you are looking for is a home and not an investment, it is sensible to consider a house's resale value. It should be

reasonably attractive, although you can always improve its appearance when you have lived in it; it helps to be close to shops, schools and transport, it needs two-three bedrooms to be an acceptable family house, and if it has not already got a garage or carport, there should be space for one. In the higher price bracket two bathrooms seem to be a selling point. Once you have bought the house you can make other improvements which make it more saleable, such as modernised kitchen and bathroom, tidy garden and so forth.

MAKING UP YOUR MIND — or buyer beware

You have found the house you like and think you can afford it, but want to be sure that it is a good buy. After all, you are going to commit yourself not only to a lot of money for a lot of years, but also to a whole new way of life. You have to be sure.

One difficulty about buying a house is that there are no guide-lines. When you buy a large electrical appliance

COMPLETE GUIDE TO BUYING A HOUSE

such as a washing machine or refrigerator, or a car, there is a brand-name to go by. Each model is reasonably consistent and guaranteed, and you can find out by reading the literature and asking friends which make will be best for your needs. But houses, in Australia anyway, are not made on an assembly line yet. Each one is different and has to be checked out on its own merits. This applies both to a new house as well as an existing one, but especially to the latter which, if it has been lived in by two or more families, will have acquired quirks and idiosyncrasies that often cannot be discovered until you have lived in it. A report by an architect or structural engineer (see below) should reveal obvious structural faults and repairs needed; searches at council and other local authorities will show whether the property is to be affected by future town planning such as a motorway, industrial or home unit development, your own keen observations will tell you whether the house is badly sited for weather and drainage, but no one, least of all the owners who are trying to sell will tell you if the neighbours make life impossible or if every motor cyclist in the district uses the road as a testing area.

There are two Latin words which are often used in the real estate world — "caveat emptor," meaning "buyer beware". The advice applies to anything you buy, but particularly to a house. It implies that once you have signed the contract it is too late to do anything. The real estate agent will tell you as much as he knows, though even he could withhold certain facts which may influence a sale. It is up to you to find out as much as you can before you buy. Really cautious buyers will visit the environs of a house they hope to buy at all times of the day and night, trying to find out any pitfalls for themselves.

It is best if you can reassure yourself about all the details before you make an offer, but sometimes you have to move quickly. This applied especially during the big boom when a great deal of high-pressure dealing was going on and one offer was being scored off another particularly by unscrupulous agents and vendors; but even in calmer times there can be reasons why you have to decide in a hurry.

HOW TO BUY

Having found your house, you have had it checked, if necessary, for structural faults, and are positive you want to buy it.

Through the real estate agent you make an offer, which might be less than the price asked. The vendor then may make a counter offer in the process of bargaining. Then you may come back with another offer, always bearing in mind that you cannot exceed the amount of money you are able to afford. This will depend on the amount of the mortgage you can raise; but you won't be sure about the amount of the mortgage until the bank or building society have made their own valuation and decided how much they will lend on the house. Valuations are usually within fairly close range of the purchase price, though could be one to two thousand dollars less, and much more if the purchase price is far too high. If they will not lend enough you may have to try another bank or building society, or try to borrow more through a solicitor or finance company, at considerably higher interest rates. The amount you will borrow will of course depend on how much you can contribute from your own savings, plus your ability to repay (see "Raising the Money" below). It all hangs together like a house of cards — take one piece away and the whole deal collapses. It can be quite a traumatic period, a war of nerves, especially if it is your first experience of buying a house.

Meanwhile you will have engaged a solicitor who will set the legal process in motion when you are ready.

When your offer is accepted the real estate agent may ask for a substantial deposit. This is not a legal requirement but it establishes your honest intention to buy and he will not, or should not, show the house to anyone else in the meantime. The money may be returned if either party decides not to go ahead. It is not binding; nor is the 10 percent deposit which you will next be asked to pay by the solicitor binding. Nothing is binding until the contracts are signed. When you pay the 10 percent deposit ask for a receipt marked "subject to contract" which means that you can still opt out if things about the house are found to be unsatisfactory when searches are made. Also if you are having the house in joint names bear in mind that to establish "real" joint ownership each party must pay half of the deposit from his and her own

personal funds (see Legal, below).

Before you hand over any deposit money, in fact before you make the offer, make sure what is actually included in the purchase price, such as carpets, curtains, electrical appliances, garden furniture, and so on. You might discover later that you are expected to pay extra for some of these and it will be too late to negotiate once you have made the offer.

When the purchase is verbally agreed upon, and deposit paid, the real estate agent will send letters to your solicitor and to the vendor's solicitor giving all details necessary to prepare the contracts, and also write to the vendor confirming the sale.

WHETHER TO BUY OR RENT

This question was covered in our Money article (Home Journal, April) but some points are worth repeating. During the "doldrums" market many people were wary about putting money into a house fearing that it might be hard to sell if necessary; but with house properties moving again this offers less concern. What still does bother many people are the interest rates, which though reduced lately, are still high, and mounting costs especially of new building.

However, when sums are done on the "rent versus buy" issue the answers almost always come out on the side of owning. As the record shows, not only does property keep pace with the growth of the economy better than any other investment, but provides a solid asset which, if money is needed urgently, can be sold or used as security for a loan.

"You may as well be paying off your own house as paying rent", is advice widely given, and at today's costs you would be paying out about the same in rent, even more in the big cities, as in mortgage and interest repayments for a house of similar type. Admittedly, if you own your own home you have to pay rates, insurance, maintenance and repairs, but you get these back as your asset goes on increasing in value.

Most mortgage repayment programmes run for 20 - 25 years, so that at the end of that period you have a rent-free home of your own, plus the bonus of the house itself — a valuable asset.

The psychological advantage of owning your home is the independence it gives you. You are free to decorate it to your own tastes, or make any alterations provided they

comply with council regulations. The investment involved is not only a monetary one — you have acquired a pleasant home where you and your family can lead the life you enjoy within reasonable limits, certainly without the restrictions that leases often hold.

RAISING THE MONEY

Banks are the main source of housing loans in Australia. Next come building societies and to a lesser extent insurance companies. Other sources at much higher interest rates are finance companies and private funds usually controlled by solicitors.

Banks have a great deal of money to lend at present mainly because savings deposits have been at a record high. This reflects a reaction by the ordinary person to put money away safely in times of economic uncertainty; and the savings bank around the corner is the most convenient place to store it indefinitely or until another type of investment is made. These bank funds have also been increased by the 150 million dollars which the Federal Government recently granted to banks for housing loans.

If you are applying for a housing loan you should try to get the best terms possible, which means lowest available interest rate and longest time for repayment; and now that the banks and building societies have introduced competition by reducing interest rates to varying degrees it obviously pays to shop around. Repayment terms vary from 20 - 25 years.

On applying for a loan you must expect to be closely questioned about your financial situation and ability to repay. Your job and its future, and your past savings record, will come under scrutiny. Lenders want you to borrow their money because of the interest they will earn, but they also want to be sure of getting it back.

The general advice is that you must never commit yourself to more than 25 percent of your income, which some think is a conservative estimate and that one third of your income is reasonably safe. Banks and building societies vary on this point — most favor 25 percent, but the Commonwealth Bank of Australia, bases repayment on 30 percent of income of the breadwinner if the term is to be 25 years. They will take the wife's earnings into consideration in the short-term, for example to make up the deposit, whereas some banks

and building societies will take all or part of the wife's income into consideration in the long term.

A good record of saving is always in the borrower's favor. The Commonwealth Bank specifically require that for a loan of up to \$12,500 the average saving balance over 12 months should have been at least \$1,500, and for a loan of more than \$12,500, an average balance of \$3,000. This is to give the borrower a margin to pay all the extra expenses connected with buying a house (see below). An ideal situation is that the borrower has in addition, saved up to one third of the total cost of the house as deposit.

Banks and building societies will lend up to 75 percent of the valuation of the house. Thus for a house valued at \$24,000-\$25,000, the loan would be around \$18,000. The amount can be taken up to 90 percent of the valuation (sometimes to 95 percent) by housing loan insurance which is arranged by the lending agency. The borrower pays the premium which ranges from 0.2 percent of the loan to 1.4 percent depending on the amount involved. If \$20,000 were borrowed, representing 85 percent of the valuation the premium on this would be \$180. If \$40,000 were borrowed on a valuation of \$42,000, i.e. close to 95 percent, the borrower would pay an additional loan insurance premium of \$560, but this is a once only payment. Home loan insurance is cheaper than having to take out a second mortgage, usually arranged through a finance company at high interest rates. The whole loan is now paid off at the bank or building society interest rates.

With banks and building societies interest is charged on the reducing balance which is considerably less than flat rate interest. Following is a table showing what monthly repayments you would make on loans from banks and building societies at interest rates that were current at writing but could by now have changed:

Loan \$	Interest rate	Monthly repay 20 yrs	Monthly repay 25 yrs
15,000	10¼%	148	139
15,000	10½%	150	142
20,000	10¼%	197	186
20,000	10½%	200	189
20,000	11%	207	197
30,000	10½%	300	284
30,000	11%	311	296

The tax deductible scheme on mortgage interest, recently introduced by the Federal Government, reduces interest rate in some cases down to 9 percent, possibly lower, but the restriction is that the combined income of husband and wife must not exceed \$14,000.

When it comes to priority for getting a loan, building societies favour people who have been investing with them, especially when credit is tight. They do say that when there are plenty of funds available there is no priority given to previous investors. The average wait at present for a loan with building societies is approximately six weeks.

Banks also tend to favour customers but a record of saving with any institution can always be checked out and will be in the borrower's favour even if he is a newcomer to that particular bank.

All lending institutions appear to be bending over backwards these days to stress that there is no discrimination against women who want a loan for a house. They say that every case is taken on its merits regardless of sex.

When it comes to the point, however, lending officers do tend to doubt the continuity of a woman's financial situation and often require a guarantor for a loan. Some, however, praise women as borrowers saying that since more women have been granted loans in recent years their "track record" has been excellent.

Banks and building societies on the whole lend approximately 30 percent of available funds for new houses as against 70 percent for existing houses. This does not come about solely because of any policy but from the natural pattern of demand and development. Lack of credit last year caused a lull in building, but there is a revival, though costs are constantly rising. New houses will consequently be higher priced, and with the shortage of housing caused by the lull in building, prices generally could rise, which brings us back to the good reason why it is better to buy your house NOW than to wait. Also remember that the minute you get your loan it becomes cheap by next year's standards. Your house will go up in value, but you will be paying it off at principle and interest based on the original purchase price.

Loans from insurance

companies:

The usual type of housing loan given by Australian insurance companies is

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known as a "credit foncier" loan. It is repaid by equal instalments made up of principle and interest spread over a term of 20 years in the same way as with a bank or building society, but the amounts of principle and interest work like a see-saw — in the beginning you pay a large amount of interest in proportion to principle but as the loan gets near completion you are paying a large amount of principle to interest.

Interest rates tend at present to be a little higher than banks and building societies but are in a state of flux. Insurance companies give priority to people who already have a policy with them, so that if you want a housing loan you naturally go to your own company.

In all cases a collateral life policy for at least the amount of the loan is taken out; thus in the event of the death of the breadwinner the loan is paid off by the insurance cover.

All those extras: Whether you are building a new house or buying an existing one you will find that your expenses will not end with the purchase price. There will be many extra expenses that can seem endless and unless you have provided for them could give you a nasty shock, even send you bankrupt. Banks, building societies, solicitors all warn home buyers about these often unexpected extras. For a house worth up to \$18,000 you are recommended to have at least \$1,500 in hand for extras; for a house to \$30,000, you need \$3,000 for comfort, and for one to \$40,000 or more at least \$4,000. Not only are you going to be up for all the legal expenses which rise according to the price of the house, but for entry fees — for valuation, survey, council and local authority searches, as well as other extras such as holding deposit for real estate agent, etc. When you have acquired the house there will be the cost of moving, fees for connecting the services, plus many incidental expenses for just getting the house into working order.

The legal angle

Transactions of land in Australia are mostly based on the Torrens Title system (often referred to as the Real Property Act land — a reference to the Act which introduced the system in N.S.W. and other States). This system was conceived in South Australia in the middle of last century and is a simplification of the British land law system which we have inherited and which still survives in an older form (though to a lesser and lesser degree) which is referred to as Old System land. There are variations in both title systems, usually dealing with multi-storey buildings and rural properties.

As land is gradually converted to the Torrens system (which also includes Strata Titles Act properties) it is really only necessary to understand how the conveyance works under the Torrens system. With this, your ownership of a property is registered with the government of the State in which you live. They keep a certificate stating the fact of your ownership (subject only to limitations on your ownership or special conditions which are listed

on the certificate). You receive a copy of this document so that your ownership is virtually protected by the State.

The basic process is as follows: The full name of the vendor (it might be a person or a company) and a description of the land and extras being sold with it, should be ascertained from the beginning. These particulars you will find out from the agent or the vendor himself. You should also find out the name of his solicitor. Then you contact your solicitor to start the proceedings. If you have dealt with the agent you may have also put some form of holding deposit over the property — it could be as low as \$2 or it could be a lot more — the idea being that the agent wants some proof of the sincerity of your interest in the property. It does not bind him to hold it for you, and your deposit won't necessarily be refunded if you change your mind. In fact, you should never be tempted into placing a large sum as a holding deposit, and if you move quickly enough with the purchasing process you may never have to

worry about it at all. When you approach the solicitor with as many details about the transaction as you have been able to uncover, he will contact the vendor's solicitor on your behalf, then have the title to the property searched. This is one of the most important parts of the transaction, since it is the only way to check that the person you are buying the property from is really the registered owner, and that the land described is the one you want to purchase. It will also tell you what restrictions and encumbrances limit your degree of ownership. The solicitor makes enquiries about any restrictions with the Land Titles Office and examines any uncrossed pencil notes on the title certificate, which might suggest complications. He takes a copy of the document. Anyone can, in fact, do a search, but you will not always understand the implications of what you find — it is better to leave this to your solicitor, as any misinterpretations or mistakes made are his responsibility not yours.

If all is in order on both sides, contracts are exchanged so that each party (vendor and purchaser) has a copy of the contract signed by the other. At this stage a deposit (usually 10 per cent of the agreed total purchase price) is paid to the vendor.

The solicitor will then set about obtaining clearances on the land: These relate to any restrictions or options held on your land by public bodies — planning bodies, electricity authorities, water authorities, health department, roads authority, transport authority, Education Department, Land Tax Office, Housing Commission and Local Council are the normal ones. Some properties require other clearances: Lands Department, Conservation, Mines, Forestry, Agriculture and Public Works Department, Water Conservation Authority and Pasture Protection Boards — most of the latter apply to purchase of rural properties. Each clearance has to be obtained separately, and the clearances all carry a small charge. Although this is just a routine check, there will need to be special negotiations if a restriction is discovered, and these can be lengthy.

After the contracts have been exchanged, the solicitor obtains a transfer form from the Stamp Duties Office or Land Titles Office. All the relevant details are filled in and it is

lodged, together with the contract of sale, at the Stamp Duties Office for payment of duty (this is recorded on the transfer form). Fixed rates for stamp duty, based on the sale value of the property, can be checked easily at the Stamp Duties Office. Duty must be paid within a certain period after the contract has been signed — usually two months — or a fine is levied. The transfer document is forwarded with a Requisition of Title form, to ensure that vendor's representations are true, that he will carry out his obligations and that he has a good selling title.

When the requisitions have been answered to your solicitor's satisfaction and the transfer document has been signed by the vendor, a meeting is arranged for the final settlement and the transfer of title. Usually, you will not have to attend this meeting — it will be arranged between the two solicitors. The balance of the purchase price is handed over (in cash or bank cheque) which you will have to arrange to get from your bank manager or financier. The actual sum may be adjusted to take into account the proportion of paid or unpaid charges including rates and land tax, and less the amount already paid for the deposit. If you paid cash the copy of the title deed will be handed to you, or if you have a mortgage to the mortgagee as security for your loan.

The only stage left (apart from your occupation of the property, which you will arrange privately with the vendor) is that for the owner or mortgagee, to ensure that the Title and Transfer document should be taken to the Land Titles Office together with discharges of any old mortgages over the property: the Valuer-General's Department, the local council, the water authority, and (in the case of Strata Title Properties, the Body Corporate should be notified of change of ownership.) The transaction varies only slightly from state to state, with the exception of South Australia. The solicitor will bill you for his expenses: detailing those statutory charges and checking fees that he has paid for you, and his own fee for handling the matter. If the solicitor has been required to find finance for you as well, there will also be costs involved in registration of the mortgage and insurance charges documented on your bill. The actual cost for the solicitor's services is small, in relation to costs

incurred overall, but if you feel you have been overcharged, you can have your bill "taxed" or checked by a Crown Law Officer. The charges that a solicitor can make for his work are fixed by a Statutory Committee on which solicitors have only a minority representation, and which is subject to a veto by Parliament. Any interested outside party can put up a case for reducing these charges, when the committee is fixing them.

It is definitely not advised to have the same solicitor as the vendor, as, if difficulties arise, you may have to change solicitors anyway, at extra expense. Although, in most cases, conveyancing is a fairly simple process which the energetic can do for themselves, there is one all-important advantage in putting the work in the hands of a solicitor (apart from personal convenience factor) is the fact that it is a form of insurance: your legal relationship with the solicitor is such that he has a duty to take care of your interests, as best as he can, and this duty is enforceable at law. He must virtually guarantee your good title to a property conveyed to you through him, and take responsibility for any oversights. This is not just a question of professional ethics. A solicitor is also useful if you are unsure of the honesty of a finance group you are trying to raise money from. He can investigate any doubtful behaviour before you are committed.

BUYING AT AUCTION

The legal situation of a purchase at auction is quite different from that of a private treaty sale as described above.

You should be completely certain of your interest in the property and that you have finance and other considerations worked out before you even consider bidding. For once your bid is accepted at an auction, and you are named the buyer, you have no right or opportunity to change your mind, whereas the other process allows you to back out at several opportunities before the deal is fully concluded. The Auctioneer has the right to sign the contract for the purchaser and then you are bound by it.

The way to protect yourself is to begin making inquiries as soon as you see the property advertised for auction sale. You should ensure that it meets your needs and that the money is ready to hand for the

property. The firm of auctioneers handling the property will usually let your solicitors inspect a copy of the contract (the terms and conditions of the contract will be read out by the auctioneer prior to the actual sale as well). The solicitor may also check the Title and have clearances done, though this has usually been done before the sale by the auctioneers. The auctioneering firm may be given guidance for financial arrangements, but they will not guide your bidding by telling you what the reserve price is (the price below which no bids will be accepted, and which is usually lower than the market price). If yours is the highest bid, but is less than the reserve, the auctioneer will as a rule inform you that he is unable to accept the bid but will confer with his principal, and the sale is privately negotiated afterward. However, if you are the highest unsuccessful bidder, you have no prior right of negotiation or purchase. Sometimes, but less often, there is an auction sale 'without reserve.' The situation is slightly different.

A general note on buying at auction: during a real estate boom, it is an advantage for the seller to auction his property, as there are likely to be many bidders, and the price may be forced up beyond the ordinary market price based on the demand. However, during periods of low market activity, such as the last 18 months, auctions are a buyers' advantage, as there are likely to be fewer bidders, and the auction will usually be a forced sale, and a lower bid is more likely to be successful. If you're bidding yourself (you can have an agent bid for you) you should remember not to get carried away and bid higher than you can afford. If you are unsure of the procedure, the auctioneers will give you information prior to the sale.

ESTATE AGENTS

What is your legal position regarding an agent? The agent represents the seller and he has a legal and ethical responsibility towards the seller. If you approach an agent you should remember that there is no legal relationship between you, the purchaser, and the agent and he has no responsibility towards you at all, only one based on his business acumen and his ethical standards. The position of a seller, vis-a-vis an agent acting for him, is worth noting

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here, as more than likely you will be selling a property yourself before you purchase another property. There is a contractual relationship that the agent will sell your property (or rather introduce a bona fide purchaser on the basis of which your sale is concluded) and that you will pay him a commission in return. Apart from this there is no responsibility, apart from an ethical responsibility, for him to do any more than that. Some agents will suggest signing an agreement making them sole agents, on the basis that they will spend money and time in advertising and trying to sell a house. Generally, it is wiser to avoid this and put your house in the hands of two or three agents, or else you could find yourself having to pay a commission even if you arrange the sale of your house yourself in the end, or perhaps paying a double commission. Although most agreements with the agent are of limited duration (say, three months) you can find out that even up to a year afterwards you can be up for a commission on a sale where the purchaser was introduced to you by the agent concerned (even if you withdrew the house from sale temporarily in the intervening period). The law is rather vague as to the period of time such a relationship is effective, but if it comes to litigation the courts generally favor the agent. Before committing your house to an agent you should be reasonably sure that you are going through with the sale. If you are the purchaser, you cannot enforce an agreement to buy a certain property until there is some form of contract between you and the vendor. An agreement pertaining to the sale of land must be in writing, and you can have a conditional contract (with specific terms, but subject to certain conditions being fulfilled). An option is really of very little use in this regard. The law, as it stands at present, tends to tolerate gazumping, so until you are at the contract stage, the premises can still be sold to someone else.

In rare situations, you have an agent acting on behalf of the buyer. This is not really common, except where a large area is being bought up for development over a long period on

behalf of, say, a large building company. It is a convenience factor and not worthwhile for the house buyer. You should be aware that you are already paying the vendor's commission expenses in your purchase price.

If you want advice, or have any queries about dealing with an estate agent, you should consult one of their professional bodies. Many of them even conduct courses for the public. Each state has such a body (and some even have two — in N.S.W. there is the Society of Real Estate Agents and Valuers and the Real Estate Institute — rural property transactions come under the Stock and Station Agents body). All have Codes of Ethics to which their members must adhere, and all fix a scale of fees for commission charges. These vary, but the Real Estate Institute of N.S.W. quotes five percent up to \$15,000, 3 percent up to \$40,000 and two percent on sales above that figure as a guideline. In the case of an auction, advertising expenses will be recovered, and usually a fee for submitting the property at auction is due, even if the property is not sold.

NEW HOUSES

If you are buying a newly built home, particularly one which has been "spec built," you would be wise to know the builders' insurance provision now available to a purchaser (or a purchaser/builder for that matter). At this time cover is only given in N.S.W. and Victoria, but other states are planning to introduce similar sorts of cover soon. Licensing of all builders in

N.S.W. has been compulsory since 3rd April, 1972. You should always check that the builder is licensed before entering into a contract for purchase (or building agreement). All builders must take out insurance on the houses they constructed in N.S.W. since 2nd April, 1973, though the actual agreement is between the Builders' Licensing Board and the House Purchaser. The builder pays the premium which is minimal (between \$10 and \$18) and covers several contingencies — the most important for the purchaser being a provision to make good any damage to the dwelling caused by a major structural defect, within a period up to six years after completion, and it is possible to recover up to \$7,500.

In Victoria, insurance on work commenced after 15th October, 1974, is arranged with an independent body (unlike N.S.W.'s government-organised one) — either the Housing Builders' Registry Board or the Master Builders' Association of Victoria. The builder has to register to be able to insure. Unlike the N.S.W. provisions the insurance extends only to dwelling houses and duplexes — in N.S.W. it covers everything — even extensions and alterations — but not commercial, industrial and accommodation premises.

Cover lasts for six years in the case of structural defects and other considerations for a shorter time. You can recover up to \$12,000 or 60 percent of the cost (whichever is the greatest) on defects occurring in the first year and up to \$5,000 or 25 percent for defects occurring within a six year period.

The structure

Some of the professionals involved in advising people on home purchase, apart from solicitors, are valuers, builders, engineers, architects and pest control experts.

VALUATION

The valuer will in most cases be able to advise on the structural strength and integrity of the building.

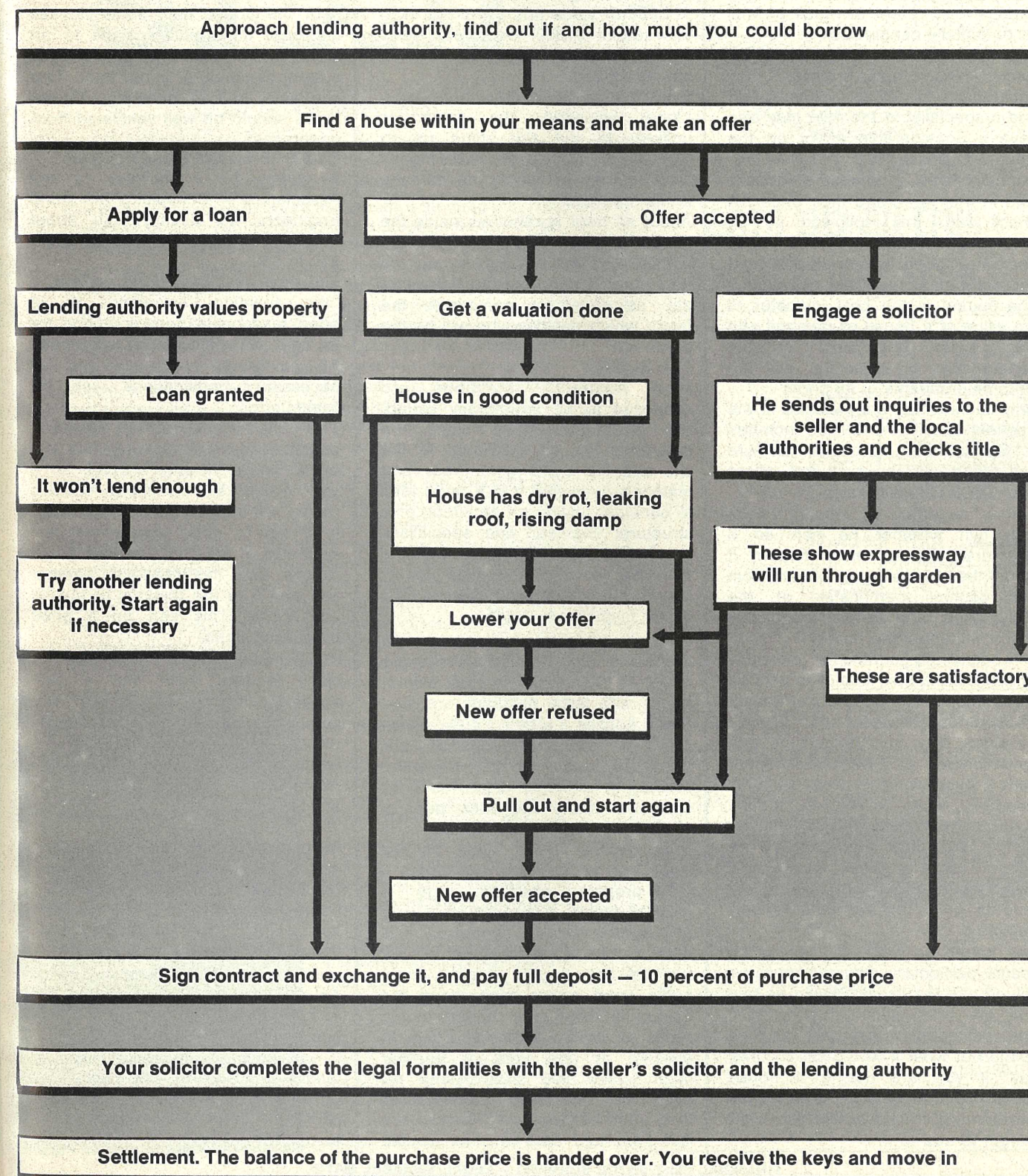
The following is the order in which one valuer we spoke to examines and values a house: zoning, structure, the condition of the paintwork and roof covering, the services, the presence of rising

damp or pests, traffic flows and then comparable sales nearby.

The zoning refers to the restrictions placed on a house or block of land regarding its use. The restrictions cover whether it may be used for commercial, light industrial, housing or some other use.

To assess the structure, the valuer will want access to all parts of it, if possible, such as the foundations, roof supports, floors and all supporting walls or frames. However, much of this information can be gathered by inference from the condition of other parts of the building, though not as effectively.

How to play the House Buying Game



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The condition of the paintwork and roof are important as indicators of leaks as well as the possibility of future repairs or repainting.

Services, such as gas, electricity, water and hot water can be expensive to renew or repair as well as potentially dangerous.

The presence of rising damp or insect and fungal pests may necessitate a closer examination and a specialist in the field may also have a considerable effect on the value of a house.

Councils keep a register of houses sold in their area and their prices. A check with this, followed by an external examination of those valued near the house is one of the most important sections of the valuation. The market is the best indicator of the value of a house as demand and supply, not the cost of the construction of a house, are the main determinants of its price.

Only items which are included in the freehold of a home will be included in the valuation, so that furniture and fittings will be excluded unless they are specifically listed.

Before engaging a valuer, check with him whether he can do a structural survey and whether it would be advisable to obtain from the council certificates of the compliance and future conditions which will affect the home.

A compliance certificate indicates whether the house complies with all ordinances relating to construction, location and services.

Buildings may be affected by any government or semi-government body's plans for the area, such as electricity, water or road authorities and the council itself.

If the council's records do not extend very far back it may be advisable to check with the central records office of the water supply authority.

Any house or block of land which seems particularly cheap should be valued and the valuer should be told that the price seems low to you. The estimated value will be his opinion of what it would sell for that day. If you are having a house valued so that you can sell it, tell him this and he will advise you what margin to add to it.

Most lenders employ their own valuers and a valuation done for them will usually not be given to you, even though as the borrower you pay for it. The exception is that they may require certain work specified by the valuer to be carried out before any advance is made.

COST OF VALUATION

For a valuation you can expect to pay something like \$30 for the first \$10,000 of value and \$1.50 for each subsequent \$1000. So for a house which is valued at \$30,000, you will pay about \$60.

Even though he is paid more for a higher valuation, the valuer is unlikely to put the value up to increase his fees as the extra money would hardly be worth the damage to his reputation.

About an hour is required inside the house and the report should be posted the next day, but if you are in a hurry it can be rung back that day as speed is sometimes the factor which decides who will be the purchaser.

THE SURVEY

Most Australian buildings are supposed to be structurally sound, but the factors that make the difference are so individual to the site and the building methods and materials used that it is a good idea to consider having an architect, or a structural engineer who specialises in domestic architecture to examine it before you purchase it as well as taking into account any comments a valuer might have to offer.

Not all structural engineers and architects do house surveys as many of them are involved almost totally with large buildings and feel that houses aren't quite their province, but their organisations can put you in touch with one who will. Houses in unstable areas, such as sites with heavy clay soils, poor or shallow topsoils, steep slopes, or in high rainfall areas, badly drained sites, can all become headaches if not properly checked. Age is another factor: during times of war, and severe material shortages, it is often a case of materials that are left (usually the poorer quality ones) being used, rather than those the person building the house would prefer to use. A runaway boom in building at one time or another might mean you should look for hasty and slapdash construction. In a brick veneer home, cracks are less important than in older double

brick buildings. In brick veneer construction, the bricks take virtually no load — it is borne by the skeleton of steel, wood or aluminium.

Some of the most common faults in Australian homes are cracks in walls caused by contraction of concrete with age and the expansion of bricks with age, temperature humidity and chemical change. It is important to know what kind of a floor the house has. Some houses are built on concrete slabs in an area where different qualities of subsoil demands a timber floor. This can also lead to cracking. Timber floors should be well ventilated from underneath.

COST OF SURVEY

A survey by a member of the Association of Consulting Structural Engineers will usually take about one to two hours and the cost about \$30 to \$50.

The report will usually be general — "the building examined is in good/reasonable/poor condition for its age" or some similar statement. All points of weakness and all necessary modifications will be listed.

The statement about general condition may be related to the age or to similar houses around, so if you would like a more specific report, tell the surveyor beforehand. It is also a good idea to request estimates of the cost of carrying out repairs and modifications whether you own it or are thinking of buying the house. This can be a good bargaining point.

PEST INSPECTION

Many lenders insist that a pest expert examines any building before lending money for it, and this is usually carried out by the local pest control firm. The main problems in Australia are termites (white ants) and borers.

The check covers all parts of the building from the ground to the roof and takes about two hours. The results will be available in 24 to 48 hours and most firms will give you as many copies as required. Generally included in the report is a quote on extermination of any pests. An examination of the pest problem is called for if any of the experts suggest it, the lender insists on it, or if you have any doubts. The cost ranges from \$20 to \$50, depending on the size of the house.

NEXT MONTH: Additional points on home-unit buying.

INSIDE STORY

*A useful monthly guide for consumers
edited by Annabel Mayo*

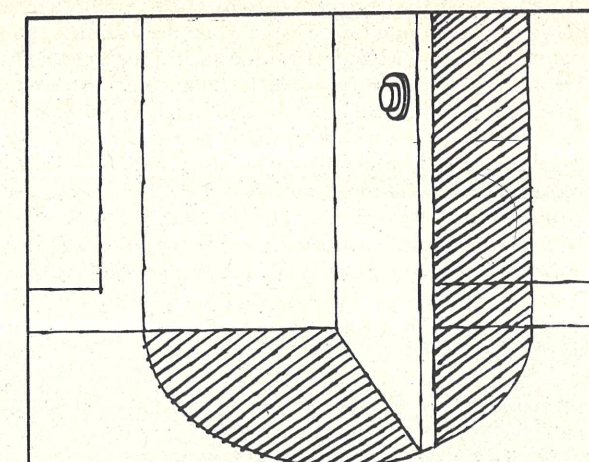
Sonic Electronics — against mosquitoes and for motoring pleasure

One of the most unpopular insects in Australia is the mosquito. This miniature vampire requires blood for its propagation cycle. The female mosquito gathers blood freely during gestation (the male is a vegetarian, surviving on plant nectar alone). Since 99.5 percent of mosquitoes are devoured by predators, the need for them to reproduce is particularly strong, and the female mosquito will lay between 100 and 500 eggs at a time, and may repeat this process between 10 and 20 times in her life. It's no wonder they seem so hard to eradicate. Mosquitoes are not only an annoying pest, but also in many cases disease carriers. Methods used to get rid of them have always been partly unsuccessful. Unfortunately the chief mosquito eater is also a rather anti-social animal and not the kind of thing you'd keep around the house — it's the bat, who will consume up to 700 in one meal. The bat uses "echolocation" to look for food.

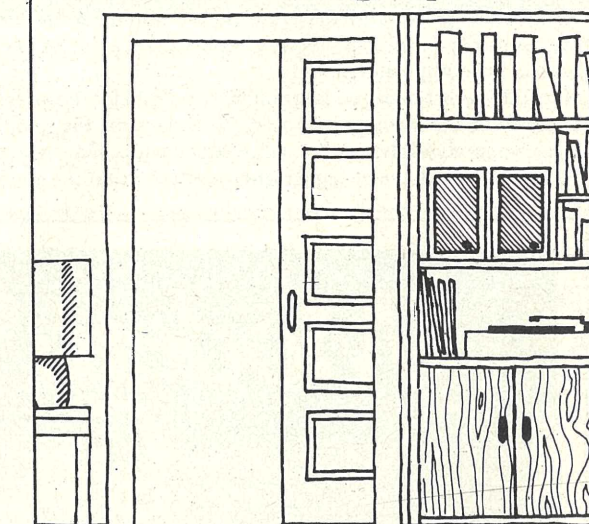
The supply of domesticated bats is very short, but there is a new development which hopefully will keep mosquitoes away from people, even though it won't kill them. A small battery-operated electronic device, just a bit larger than a match box has been developed. It gives protection to the carrier for an area of between 3 to 5 metres, by emitting a low frequency sound that stimulates the mosquitoes' defence mechanism. The machine has been tested to ensure that the noise has no unacceptable effect on human ears (including those of children or pets). The unit is called the Mozquit. It will sell for around \$14.50 and can be found in large stores.

Another interesting electronic development is an electronic car radio developed by Blaupunkt of Berlin (pictured at night fitted to a Ford Falcon). It was first developed for the German Radio Exhibition in 1971. The control module is completely separate from the amplifier section and mounted on a flexible column, to bring it within the driver's reach. The amplifiers are hidden away under the dashboard. The radio has touch buttons for two AM, two FM stereo, one short wave and one long wave selections. A seventh button was designed as a traffic station decoder to automatically pick up signals from the closest traffic reporting station, now operating in Germany. Two rocker switches need only a slight touch to start scanners for correct tuning and volume regulation.

• continued overleaf



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FINANCIAL TEXT/JOYCE BURNARD — LEGAL/ANNABEL MAYO

INSIDE STORY — continued

A station located with a scanning run is held through a memory unit for several days, and only cleared when the scanning run is started again. There are two buttons at the back of the control unit: one for treble/bass control and the other for balancing the stereospeakers. A stereo cassette recorder for mono and stereo recording plus replay is built into the space which normally houses the radio. A hand-held microphone with an off/on switch is also supplied for dictation onto a cassette. One small disadvantage is the price. It will cost between \$1000 and \$1100 for the unit and installation. If you are interested, however, you should contact Robert Bosch (Australia) Pty. Ltd, 69 Edward St., Pyrmont, N.S.W., to arrange the purchase!

Skilful Shopping

Q. What are our rights regarding a pair of shoes in a shop window marked \$15, marked down from \$30.

A. The question raises two issues; what is known as 'an offer to treat', and reduced "sale" prices.

OFFERS TO TREAT The price shown on any article is merely an indication of the price at which the retailer is prepared to negotiate. There is no legally binding commitment upon him to sell at that price, or upon the consumer to buy at that price. For example, many consumers operate on the basis that they won't be undersold. Many people are aware that they can return to a retailer who they have been patronising, with proof that another shop has the same item for a lower price, and the store policy not to be undersold will operate so that the first retailer reduces the price of the item, to match his competitors.

Naturally, most sales goods are offered and sold for the prices quoted. Sometimes the wrong price may be shown on the goods and to preserve goodwill the retailer will accept the loss. However, you must realise that you have **no legal right** to demand that the goods be sold

to you at the prices shown. Many people mistakenly think that they can.

REDUCED SALE PRICES. Again in a vast majority of cases, goods are offered at genuine reductions; for example, end of season clearances. A sale is, of course, a means of attracting custom. However, you should be aware of two practices which do operate on the market. Firstly, we all know of retailers who will raise the price of goods, put a line through the higher price and display a figure which in fact, can be in excess of the normal retail figure. In one case the \$30 was crossed out on a pair of shoes which were then offered at \$15. In fact the same shoes were on offer elsewhere at \$10. This is what is known as a "false price indication". Secondly, we often strike the case of "bait" and "switch" selling. In these cases you could be told "Sorry, we only had two pairs of shoes on offer at that price and they are now sold. But we have these nice shoes at \$20..." The salesman has all kinds of reasons why you don't want the cheap offer. This is difficult to distinguish from a situation where a sale item has genuinely been sold out and the salesman or woman offers the client an alternative. The message is to shop intelligently: don't be pushed into anything. Shop around and compare prices and make sure you are not being taken down.

This advice is offered with the assistance of the Consumer Affairs Bureau of N.S.W.

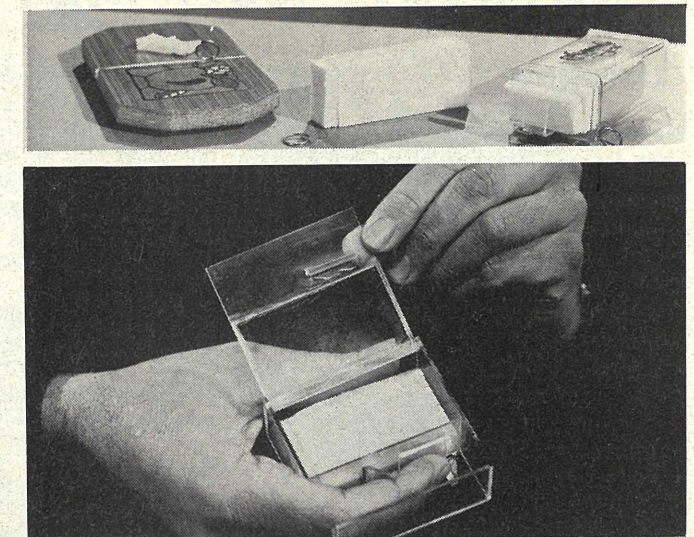
Powerful Spinach

The Middle East oil crisis may well have come as a blessing in disguise. Several highly-imaginative inventors have come up either with alternative sources of automotive power or synthetic fuels, curbing in the process the nuisances engendered by the awkward internal combustion engine. Japanese researchers have derived from spinach enough energy to drive a car on! Here's the recipe: strip chlorophyll off spinach — any green vegetable would do. Refine

extract. Spread end-product very thinly over plates. Let plates stand in sun. Fit plates into accumulators. The result: a 113 km to 129 km (70-80 mile) drive, prior to recharging. Feasibility studies are underway in France — if economically conclusive, spinach-plates will go into a mass-produced small car for urban traffic. Belgian-born Dr. Henry Rothlisberger has devised a new petroleum-less "petrol", claimed to abate by two-thirds the level of pollution created by premium gasoline. Main ecological point: it has no use for tetraethyl lead which accounts for blood-poisoning among traffic-policemen on duty in big cities the world over. For an anti-knock additive, it relies instead on an acid agent, stripped off "red mud", the unwanted by-product from the treatment of bauxite ores into alumina, which gets dumped by the millions of tons. Neutralized by the Rothlisberger treatment, such refuse would work much less havoc with larval fish-population and marine plant-life off Australia, which boasts a large aluminium industry. Dr. Rothlisberger must rank as the first inventor to have devised any practical use for those indestructible plastic bottles, the dumping which mars scenic spots and beaches. These eyesores go straight into his "HR" fuel, also mainly drawn from plant-refuse for the compost-heap.

French-born H. Monfreid has stretched out petroleum produce 40 percent further through the addition of tap-water! His automotive fuel, made up of "aqua simplex" and methanol, has successfully passed severe testing under the supervision of the French Petroleum Institute. However, one problem is the oxidation process, which touched off by the watery mixture, has accounted after a time for a sad deterioration of the main engine parts. Nothing daunted, the inventor is bent on evolving a water-tight rust-prevention treatment. Cashing in on this inventiveness syndrome, a Japanese maker, has managed to use compressed air as a source of car-power. This novel means of moving wheels is ideal from the ecologic stand, as it does not introduce into the environment any significant thermal or pollution-load. The raw material — air — could be recycled endlessly in closed circuit, or else returned to its source.

This cheese cutter (below) was invented by Mr. Max Goodman, one of the inventors whose bright ideas have been featured on ABC-TV's popular program, *The Inventors*. A perspex container made to fit 227 g and 454 g packets of cheese has an air-tight seal at one end, and the top slides along a tongue and groove track. The cutting device is a nylon cord attached to a ring at one end and a spring return at the other. There is little cleaning, no sharpening and no danger.



The problems of making a pillbox that couldn't open for a child but would for an adult were overcome by Mr. David Wood, who invented such a device. The release mechanism in the box is set inside a hole in the side, at an index finger's length from the opening. Slight pressure releases the mechanism but a child cannot open the box as its finger is far too short.



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cushion and rug for your bedroom

CUSHIONS

Materials: Cushion No 1 — 2 balls ea Main Colour, 1st and 2nd Contrasts; Cushion No 2 — 2 balls ea Main Colour, 1st and 2nd Contrasts, Patons Crafty (50g balls); 6.00 (No 4) "Disc" Crochet Hook; lining and stuffing.

Measurements: Both Cushions — 36cm x 36cm (14in. x 14in.).

Tension 11 tr and 6½ rows to 10cm (approx 4in) over tr. Motif measures 18cm (7in) square for Cushion No 1.

Abbreviations: M = Main Colour; C 1 = 1st Contrast; C 2 = 2nd Contrast; ch = chain; tr = treble; sl st = slip st; sp = space.

CUSHION No 1: MOTIF (Make 8). Using C 1, make 5 ch, join with sl st to form a ring.

1st round: 3 ch, 2 tr, (3 ch, 3 tr) 3 times, 3 ch into ring, sl st in 3rd ch at beg. Fasten off.

2nd round: Join in C 2 to any sp (3 ch, 2 tr, 3 ch, 3 tr) in same sp, * 2 ch, (3 tr, 3 ch, 3 tr) in next sp, rep from * twice, 2 ch, sl st in 3rd ch at beg. Fasten off.

3rd Round: Join in M to any corner sp, (3 ch, 2 tr, 3 ch, 3 tr) in corner sp * 2 ch, 3 tr in next sp, 2 ch, (3 tr, 3 ch, 3 tr) in corner sp, rep from * twice, 2 ch, 3 tr in next sp, 2 ch, sl st in 3rd ch at beg. Fasten off.

4th round: Join in C 1 to any corner sp, 3 ch, (2 tr, 3 ch, 3 tr) in corner sp, * (2 ch, 3 tr) in each sp to corner sp, 2 ch, (3 tr, 3 ch, 3 tr) in corner sp, rep from * twice, (2 ch, 3 tr) in each sp to end, 2 ch, sl st in 3rd ch at beg. Fasten off. **

Rep 4th round twice, working in stripes of 1 round each C 2 and M.

MAKE UP: DO NOT PRESS. Using a flat seam and M, join motifs, 4 motifs tog to form 2 pieces. Join 3 sides of cushion, line, stuff and join rem seam.

CUSHION No. 2: (Make 2 pieces) Work as for Cushion No 1 to ** Rep 4th round 8 times, working throughout in stripes of 1 row ea C 2, M and C 1.

MAKE UP: DO NOT PRESS. Using a flat seam join 3 sides tog, line, stuff and join rem seam.

RUG

Materials: 13 balls Main Colour, 6 balls 1st Contrast, 3 balls 2nd Contrast, Patons Crafty (50g balls); latchet hook; a piece of turkey rug canvas approx 107cm x 73cm (42in x 28¾in); piece of cardboard about 25cm x 5.5cm (9¾in x 2¼in).

Measurements: Finished Rug: 102 x 68cm (40¼in x 26¾in).

RUG: Taking your cardboard gauge and a ball of Crafty, wind the yarn around the gauge, along its width, occasionally forming a second layer to cause variation in yarn length, so promoting the shag pile look. (If an even pile is required, take care to wind only one layer along the length of gauge). Take scissors and cut along one edge to form cut lengths ready for hooking.

Draw patt on canvas.

Start by creasing the canvas upwards at the starting edge sides and top for 3 holes (except selvedge). Missing the

first single thread at the edge, knot the wool from left to right through double thickness of canvas to give a strong neat edge. Work through every hole from edge to edge. Blocks of colour should not be worked separately.

BINDING THE EDGES: Using uncut Crafty, in a shade which matches or blends with the colour at the edge of the rug, pull yarn from the centre of the ball and thread through knitters needle.

Begin with the wrong side of rug facing, darn in the end of the yarn and make a few upright stitches.

Then insert the needle in the first hole and bring it towards you, go over to the fourth hole, back to the second, forward to the fifth and so on, oversewing all edges.

DOUBLE BEDSPREAD

Materials: 33 balls Main Colour, 36 balls 1st Contrast, 23 balls 2nd Contrast Patons Crafty (50g balls); 6.00 (No. 4) "Disc" Crochet Hook.

Measurements: Bedspread: 220cm x 286 cm (86½in. x 112½in.) (excluding fringe).

Tension: 7 patts and 6½ rows to 10cm (approx 4in.) over patt.

Abbreviations: M = Main Colour; C 1 = 1st Contrast; C 2 = 2nd Contrast; ch = chain; tr = treble; d c = double crochet.

MOTIF: (Make 130) Using C 1, make 34 ch.

1st row: Miss 5 ch, * 1 tr in next ch, 1 ch, miss 1 ch, rep from * to last ch, 1 tr in last ch.

2nd row: (1 d c, 2 ch) in first tr. * 1 tr in next tr, 1 ch, rep from * to turning ch, 1 tr in 2nd ch of 5 ch loop.

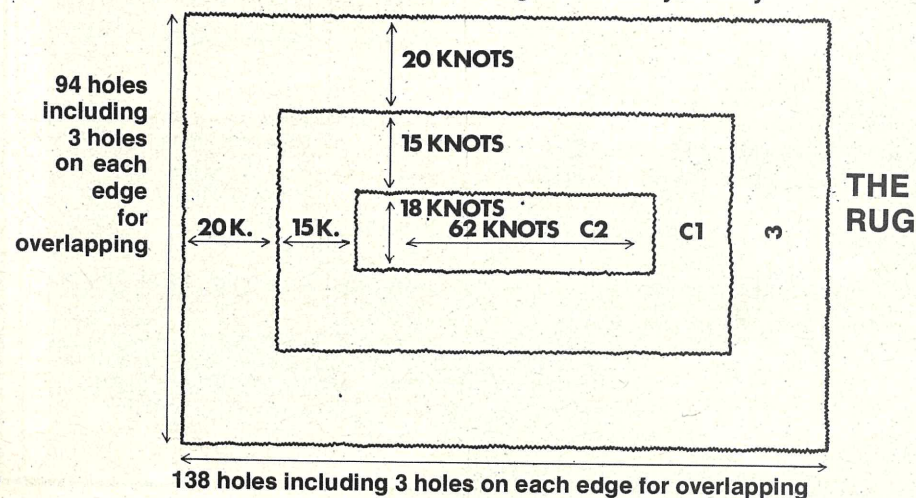
Rep 2nd row 12 times working in stripes of 2 rows each C 2, M and C 1. Fasten off.

MAKE UP: DO NOT PRESS. Using a flat seam join motifs as illustrated to form a piece 10 x 13 motifs.

FRINGE: Using M, wind yarn around a piece of cardboard 22cm (8¾in.) wide, and cut along one edge. With right side facing using 6 strands, fold yarn in half and draw through a space at edge, draw ends through loop and pull tightly. Rep in every 2nd row or every 3rd ch sp along 3 sides. Working over cardboard 5cm (2in.) wide, knot fringe again as illustrated. #



Cushion, rug and bedspread have been designed for this yarn only.



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Simpson asked Australian women to have a say in the design of the appliances they buy



Kitchen surfaces finished in new matt Laminex.

The result - new Wall Ovens with features that are world firsts

Before we began work on our 600K Wall Ovens we talked to the people who were going to use them — you, the women of Australia. Now we proudly present the Wall Ovens you helped to design. They contain innovations you won't see on any other Wall Ovens.

Your most popular request— Simplicity.

You don't need a licence to operate your new Simpson. The controls are simple, straightforward, yet they give you full control over a wide range of functions. Note the clear, easy-to-read digital clock, — it gives you the time and controls the automatic oven and rotisserie settings. There's also a Celsius/Fahrenheit temperature control, a simplified oven control, fast oven pre-heat, and a host of other easy-to-use features.

Easy to clean—that's a Simpson promise.

Cleaning your Simpson is easy because we've virtually eliminated sharp corners and grime catching seams. In the oven and grill you'll find Simpson continuous clean enamel, that cleans during cooking. You only have to wipe up spills.

Grillvator—the patented answer to your grilling problems.

You asked for infinite grilling height adjustment — you've got it. Just slide the external Grillvator control along to raise or lower the grill dish. You stop it anywhere you want between High and Low. You can even adjust it while you're grilling. Simple. Yet it's so unique it's covered by a patent.



(Illustration left hand page) The new Simpson Double Oven with de-luxe black glass doors (Model 63-616 — Kambari) In the foreground the new Simpson glass-top with sealed Ego hotplates (Model 64-624). (Top Illustration) Simpson Wall Oven with de-luxe black glass oven and grill doors (Model 63-604 — Katani) In the foreground sealed Ego 4 plate cooking top. (Bottom) Bench mounted Simpson Wall Oven (Model 63-602 — Kalari) alongside white enamel cooking top with 3 radiant hotplates. (64-618)

Loading problems disappear with our patented slide-under door.

You're tired of stretching over hot oven doors to put in heavy casserole dishes. So, push the door out of the way! The patented Simpson slide-under door just disappears out of sight. Makes loading, unloading and cleaning a breeze.

If you hate pokey ovens and grills— try ours for size.

The new Simpson Wall Ovens are a big 600 mm wide to

give you more usable space. The big oven shelves are wide enough for two 8 inch cake tins or two casseroles side by side, with room left to bake a pudding above!

In the grill, the grill dish and element stretch the full width across the compartment — it holds more and cooks from edge to edge. No more burnt-in-the-middle, raw-on-the-edges grilling.

There are no grill runners either — by taking out the grill dish you get the whole grill area as a warming compartment. It's ideal for browning, to heat casseroles and stews, or to keep cooked food and plates hot.

Choose a separate cooking top to match.

Simpson give you four different cooking tops to select from — with either four hotplates or three. And you can choose between coiled radiant hotplates or the new sealed Ego hotplates.

If you're looking for up-to-the-minute styling, choose the new Simpson glass top with sealed Ego hotplates. It's pictured on the opposite page.

Which is best— built-in or bench-mounted?

It doesn't matter. Build your Simpson in or sit it on a cabinet. It's designed to look good and work beautifully either way! And remember, bench-mounting can save a lot on installation charges.

The new Simpson 600K Wall Ovens are at your Simpson retailer right now. Call in and see them now, or if you'd like more information mail the coupon for full colour literature.

Please rush me full colour literature on the following Simpson appliances.

(Tick applicable square/s)

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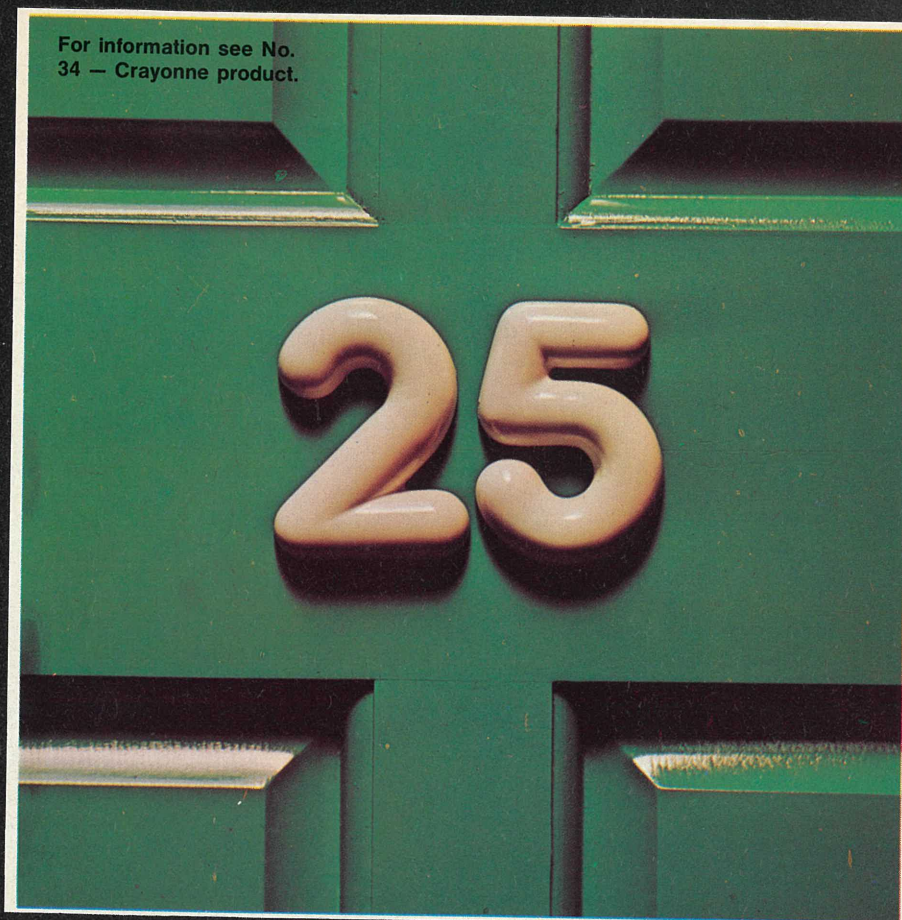
Patents pending Nos. 57156 & 7/73
NZ Patent No. 171159 USA Patent No. 3838538

SIMPSON

THE RELIABILITY PEOPLE

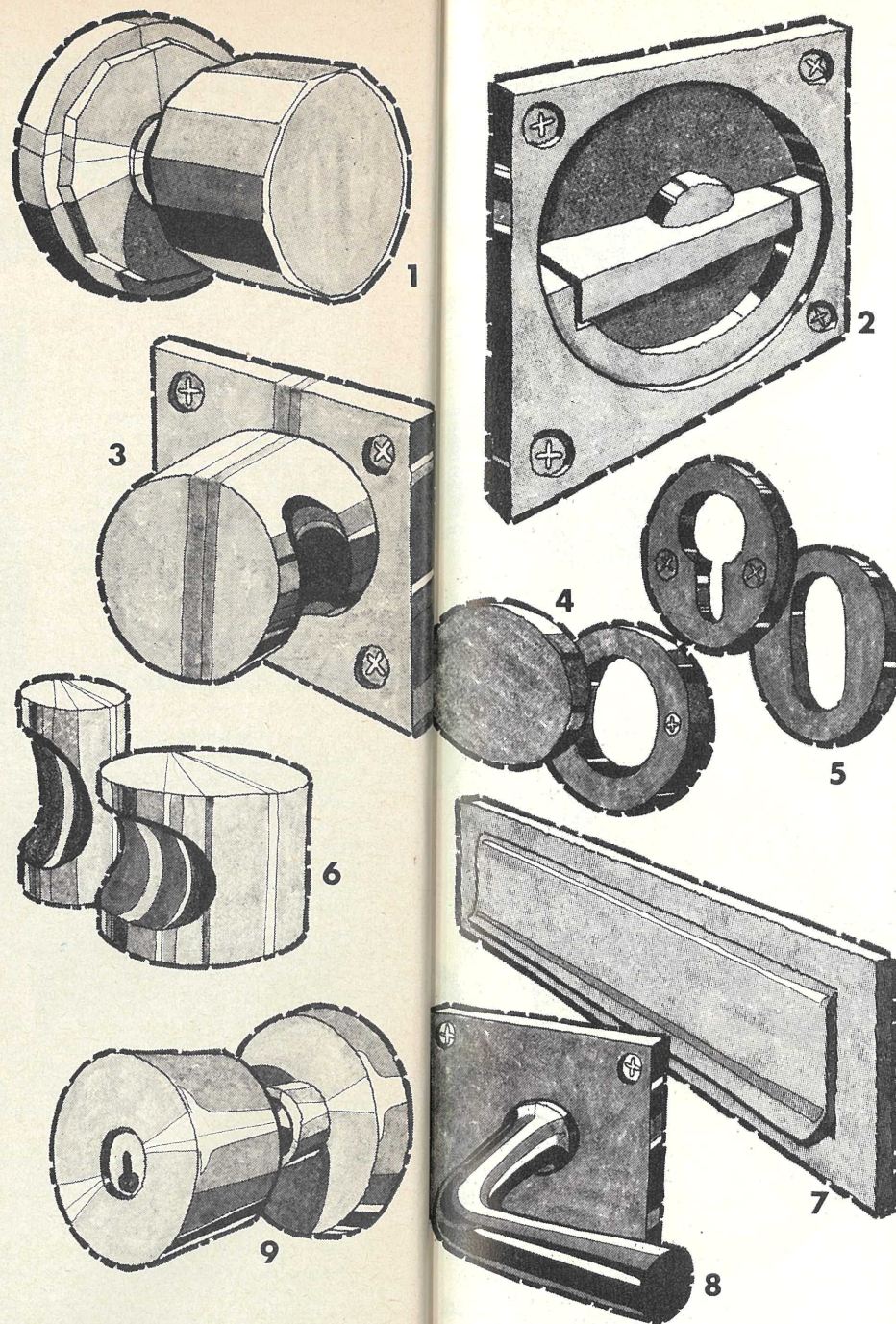
Simpson Pope Ltd., Simpson Ave., Dudley Park 5008

KNOCK KNOCK!



WHO'S THERE?

... an exciting range of door furniture! We decided it's about time we took more notice of our doors and their trimmings. After all their faces are seen constantly inside and outside a house. So our interior designer, Appley Hoare, and reporter, Francesca Muir, selected a wide range in a variety of materials for you to choose from.



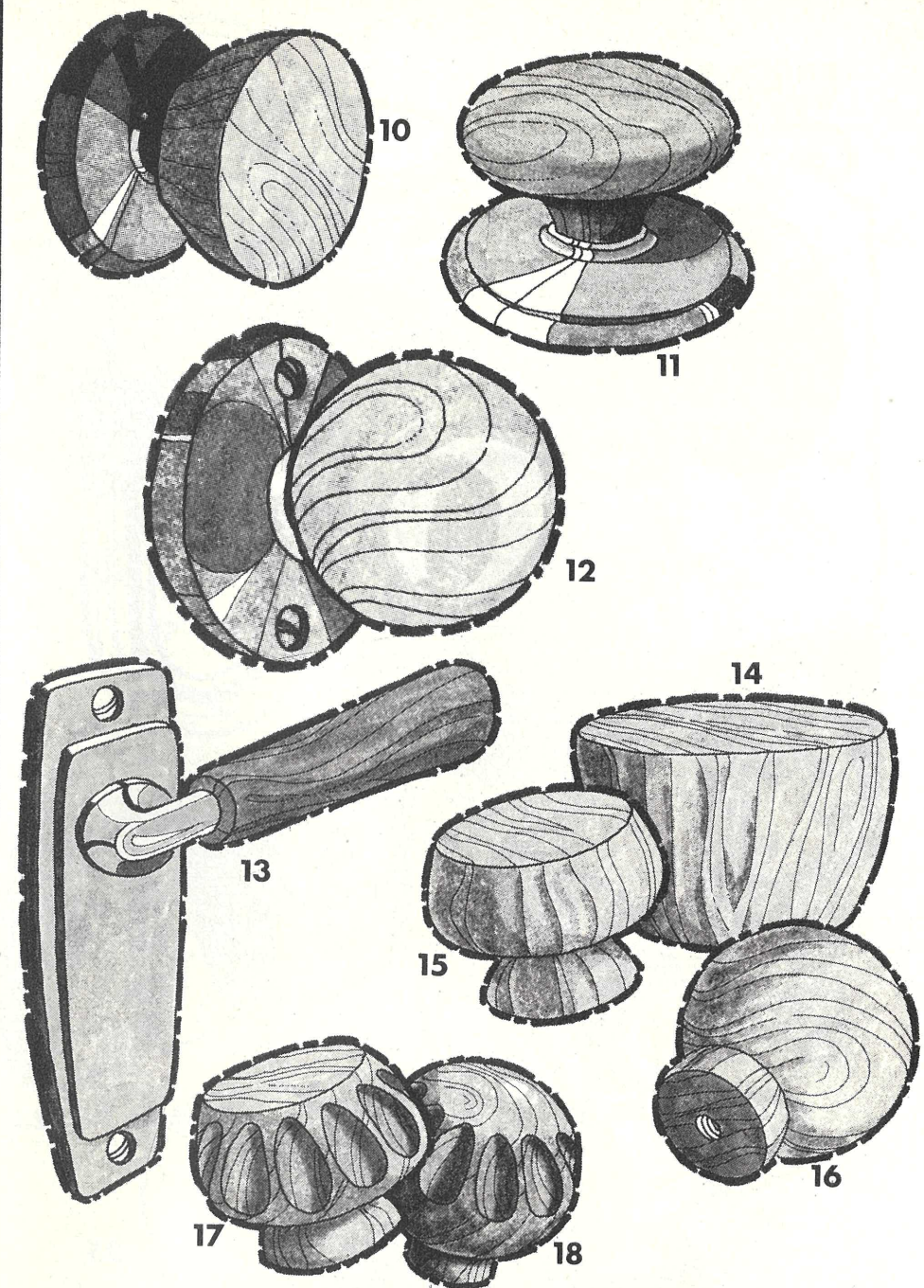
Chrome

Chrome door furniture is available in bright or brushed chrome. It needs virtually no cleaning and is available in superb modern shapes.

1. Turner Dexlock door handle by Stanley is called 'Florian' and has a satin chrome finish. Retails for \$8.92 a passage set and available from all leading hardware stores.
2. Flush ring handle by Modric retails for \$12.30.
3. Chrome door knob on plate retails for \$6.60.
4. Covered escutcheon hole retails for \$2.25.
5. Profile cylinder rose by Modric

retails for \$1.70 and circular rose with oval cylinder hole retails for \$1.60.

6. Cupboard knob by Modric retails for \$10.69 a pair, and smaller \$2.49.
7. Chrome letterplate 281mm x 152mm with gravity flap is \$31.68.
8. Small escape handle on backplate retails for \$6.94. All Modric door furniture is available from Keeler Hardware Pty. Ltd., Crows Nest, N.S.W.; Keeler Hardware Pty. Ltd., Canberra; Rogers Seller & Myhill Pty. Ltd., South Melbourne; James Campbell & Sons Pty. Ltd., Brisbane; Parker Black Pty. Ltd., Subiaco, W.A.
9. Century Design heavy duty lock from the Schlage HD range by R. B. Davies from \$15 to \$31 a set and are available from hardware stores.



DRAWINGS/RACHEL KENNEDY

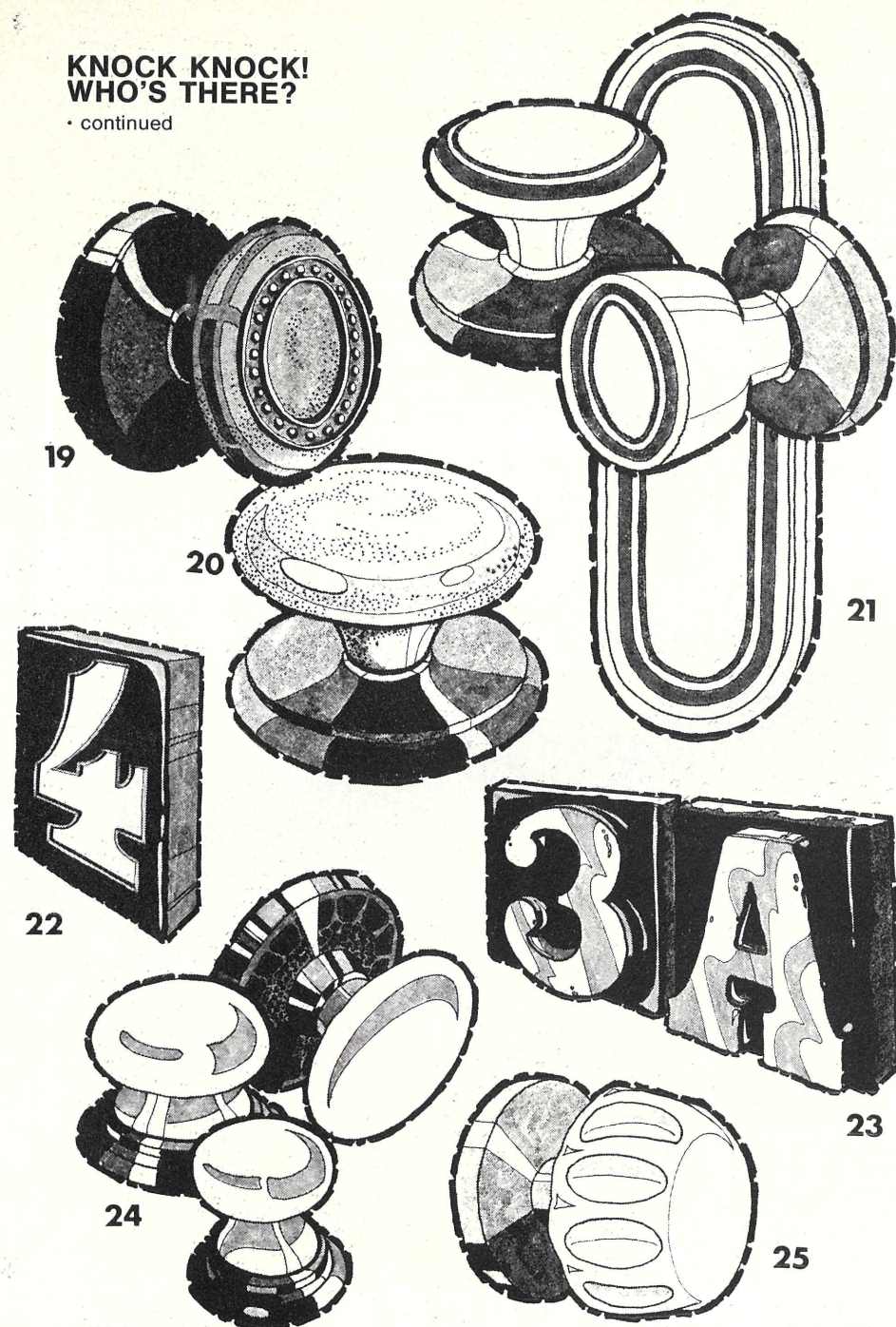
Wood

There is a wide range of fine quality wooden door furniture available on a number of different backplates which include copper, brass and satin gold.

10. Enfield door furniture from Gainsborough is available with satin gold backplate and retails for \$7.30.
 11. Gainsborough's Conway door knob also has satin gold backplate and retails for \$7.30 a set. Gainsborough furniture is available from all hardware stores.
 12. Corsair design from the Turner range by Stanley has a teak knob and bronze backplate. Retails for \$7.15 a passage set.
 13. Teak Lever Handle by Stanley has genuine oiled teak handle and metal backplate. Retails for \$8.76 a passage set. Stanley furniture is available from all leading hardware stores.
 14. Perma Tulip retails for \$12.75 a set which includes backplate.
 15. The Perma Viking retails for \$7.30 a set.
 16. The Perma Denmark, \$7.30 a set.
 17. The Perma Oslo, \$8.00 a set.
 18. Perma Stockholm \$8.00 a set.
- Perma products are available from Myers, Melbourne, J. James, Artarmon, N.S.W.; J. & W. Bateman, Fremantle, W.A.; Clarkson, Adelaide; Brett & Company, South Brisbane; David Mackay, Braddon, A.C.T.; Harts Wholesalers, Hobart.

KNOCK KNOCK! WHO'S THERE?

• continued



Ceramics

Our category ceramic door furniture includes porcelain, stoneware and ceramic tiles.

19. Flintstone stoneware door furniture by Gainsborough retails for \$6.90 a set.

20. The Rockingham stoneware door knob by Gainsborough, \$6.90 a set.

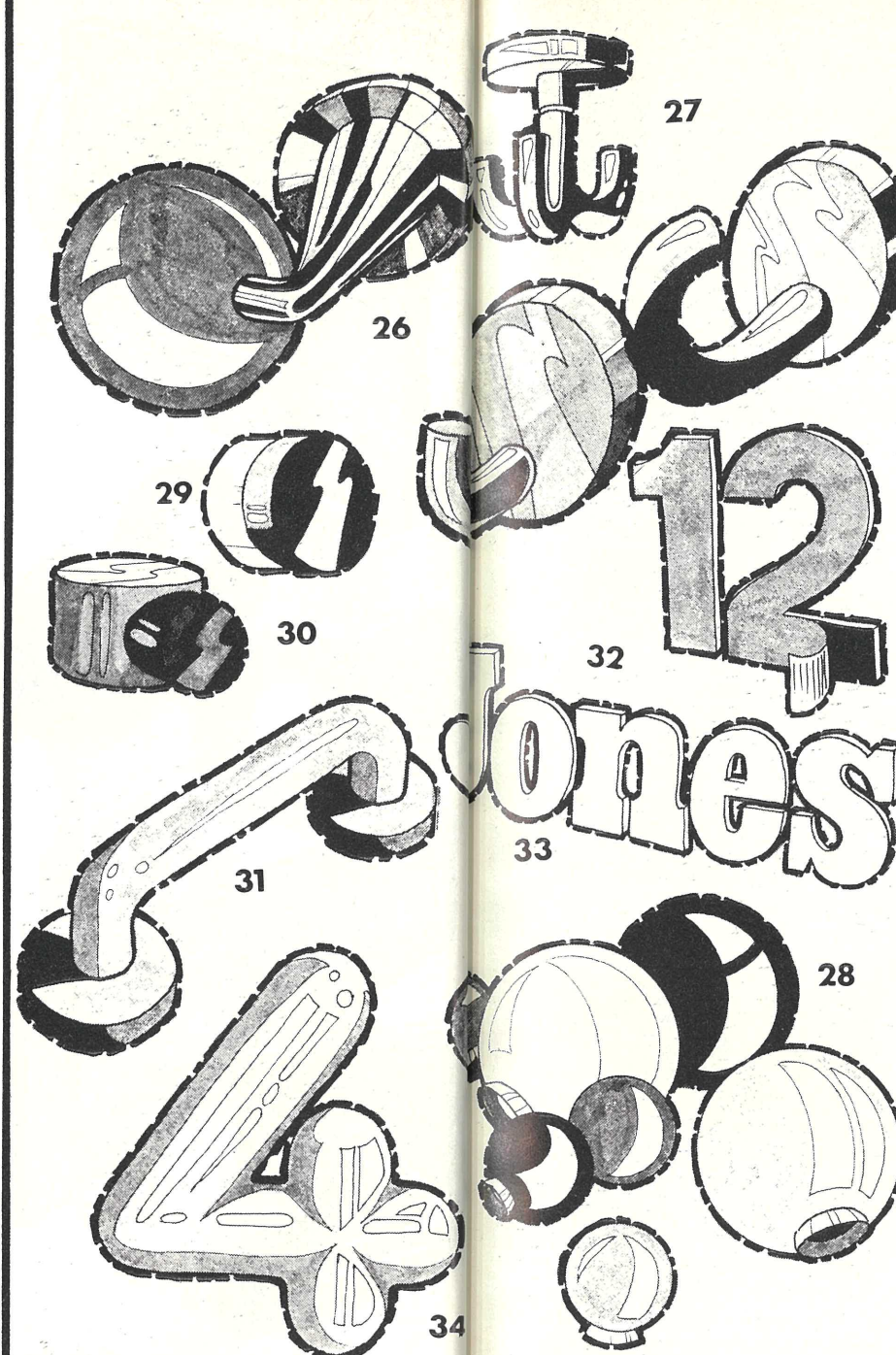
21. The Ascot and Henley designs by Gainsborough have a simple gold band design on the knobs and fingerplate. The knobs retail for \$7.70 a set and the fingerplates retail for \$3.10 each. Gainsborough door furniture is available from all leading hardware stores.

22. Handmade glazed blue and white ceramic number tiles, \$3.00 each. Available also with letters.

23. Green and white handmade relief tiles retail for \$5.00 each. Tile 22 and 23 both available from Spanish Pacific Importers Pty. Ltd., 13 Gurner Street, Paddington, N.S.W.

24. Plain white porcelain door furniture by Perma range in price from \$1.20 a set to \$5.95 a set.

25. Perma knobs, \$5.95 a set. All Perma products from Myers, Melbourne; J. James, Artarmon, N.S.W.; J. & W. Bateman, Fremantle, W.A.; Clarkson, Adelaide; Brett & Company, South Brisbane; David Mackay, Braddon, A.C.T.; Harts Wholesalers, Hobart.



Plastic

Plastic door furniture today is strong, attractive and available in many beautiful bright colors.

26. Primo knob handle retails for \$12.05 a set and is available in red, black, white and green. These are available from all Style Finnish branches throughout Australia.

27. Solid nylon Buffer hooks, \$4.80.

28. Polycraft knobs retail for \$10.90 a set for door knobs, \$2.60 each for wardrobes, \$1.90 for cupboards.

29. Wall stop from Alan Patrick retails for \$2.80.

30. Floor stop retails for \$5.00.

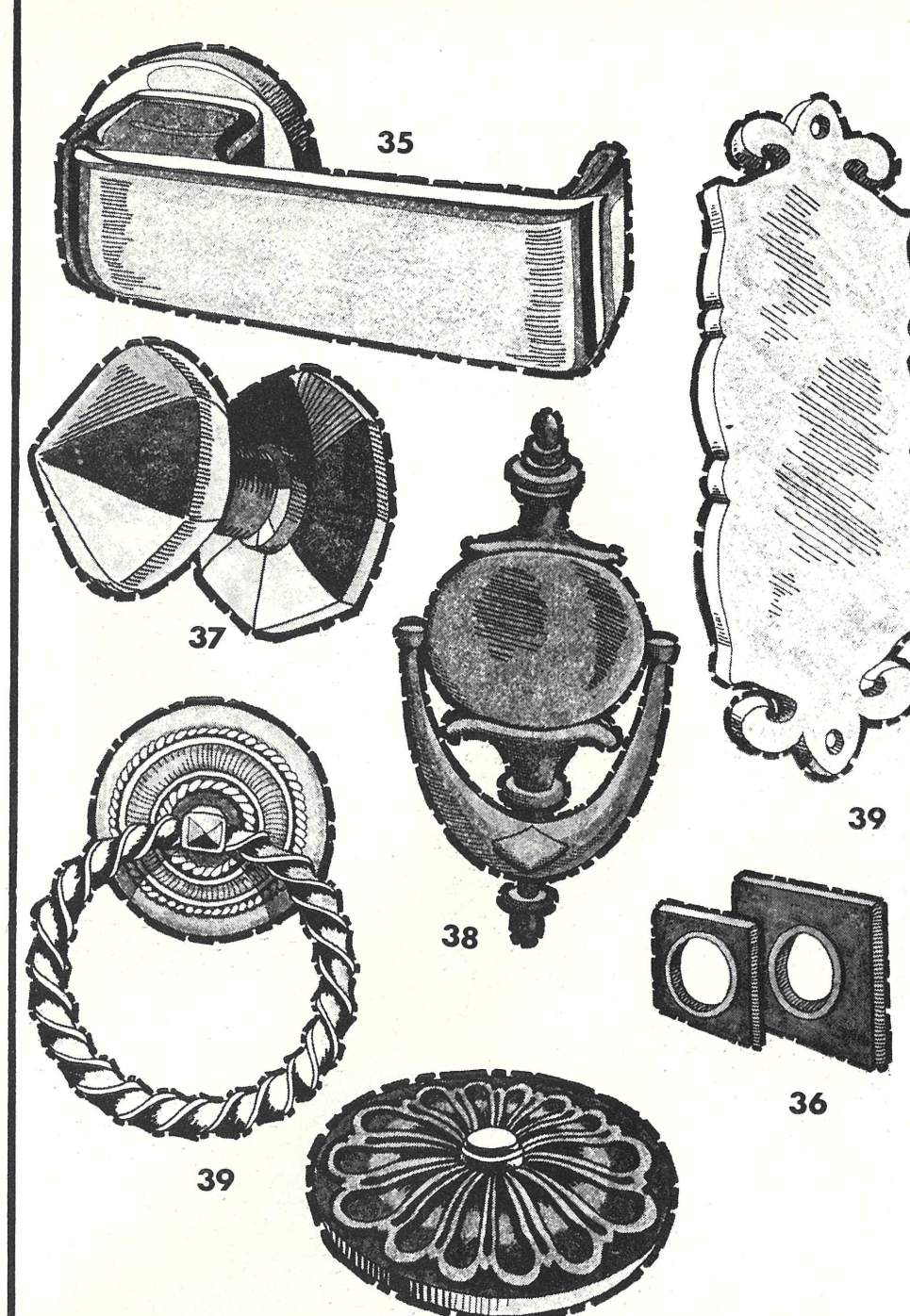
31. Door pull with grip handle retails

for \$4.50. Numbers 27-31 are all Alan Patrick products and are available from Keeler Hardware, Crows Nest, N.S.W.; Kirstone, Windsor, Brisbane; Alan Patrick, Jolimont, Vic.

32. Letraset numbers retail for 45 cents each for the 101mm (4") size.

33. Letraset letters retail for 50 cents each and all Letraset available from Letraset Pty. Ltd., Sydney; Artistcare, South Melbourne; Artistcare, Dixon, A.C.T.

34. Crayonne door numbers retail for \$4.50 each and are available from Opus, Paddington, N.S.W.; Giftmaker, Malvern, Vic.; Colonial Galleries, Fullarton, S.A.; Craftsmans Market, Toowong, Qld.; Studio 12, Manuka, A.C.T.



Brass

Brass door furniture adds richness to a front door. The best way to keep it shining is with Brasso and elbow grease but to cut down on cleaning paint brassware with Incralac by Wattyl, a lacquer specially formulated for brassware. Naturally the length of life of the lacquer depends on the exposure to sunlight. A solvent will remove it and you can just re-lacquer when necessary. Incralac is available from all hardware stores. For more information on caring for brassware contact the Copper and Brass Information Centre, 323 Castlereagh St., Sydney.

35. Lever handle by Primo retails for \$17.75 the set and the latch retails for \$4.70. Available from Style Finnish branches in all states.

36. Small roses from Style Finnish come with all levers.

37. Old English knob and backplate in ornamental brasswork from M. S. Poppert retails for \$18.50.

38. Urn doorknocker by M. S. Poppert retails for \$15.80.

39. Tudor ring on Sussex plate retails for \$20.00 and the bell press in ornate dome-shaped plate retails for \$9.50. Available from M. S. Poppert Pty. Ltd., Cnr Kippax and Waterloo Sts, Surry Hills, N.S.W.; Georges, Melbourne.

40. Coq Fingerplate from M. S. Poppert retails for \$13.00. #

Personally, I have no real gripe with either Libbers or Lobbyists. Lobbyists seem like a pretty good idea because not nearly enough women are in the least politically aware — and look where that's got us! Libbers, on the other hand, I tend to feel sorry for because, in the main, they seem to be frustrated women who have never been able to make it on their own; they seem to need the aggressiveness, the security and the mass hysteria of a mob situation. Lobbyists are much more likely to achieve equal pay (for equal work, thank-you), political representation (by post-menopausal women, one would hope) and all those other highly responsible and time-consuming things they have set out to win for us, rather than their angry and ugly sisters who only seem to want to destroy our dignity and gain us a sexual freedom the average woman would run a mile from.

If the platforms of either Libbers or Lobbyists included a section devoted to helping women become more **satisfied**, rather than **dissatisfied**, with their roles as home managers I would be more inclined to go along with them.

For years my husband, when filling in my customs and immigration forms, would list my occupation as 'home duties.' This used to rankle a bit... not that I minded being a wife and mother, on the contrary I liked it, but somehow 'home duties' seemed a bit of a put-down. If I filled in my own forms I used to write 'journalist' in the space, which made my husband rather cross because he said I was telling a lie!

One day he filled in the form with 'home manager' — it was a joke — but it stuck. I like the title very well and I consider it suits my role, and that of all housewives, perfectly.

It is quite amazing, and a testimony to female adaptability, how well most women cope with this big job when they have absolutely no training for it at all.

Surely some form of training is necessary for the job of home manager? An office or factory manager needs training and experience before they are given the responsibility of the job. A home manager is expected to take on a business with a modestly estimated capital of some \$50,000 (house, land, car, electrical equipment, furniture, etc.) and an annual budget of

In International Women's Year
Jacqueline Willis asks housewives
to wake up to the fact that...

MADAM YOU ARE AN EXECUTIVE

probably around \$5,000 (rates, taxes, insurances, maintenance, food, clothing, medical and dental, etc.). She has to deal with several forms of labor — skilled, unskilled and professional — she has to have some banking and money handling knowledge and a good working knowledge of simple accountancy. Not to mention a smattering of dietetics, time-and-motion practice, personnel handling, a bit of psychology, first aid training... and we haven't even touched on things like dressmaking and gardening, to name but a couple of the hundred and one various skills a good home manager needs at her finger tips.

Apart from domestic science and home economics courses, which are very limited and academic, the only genuine attempt I have ever come across to help women run their businesses comes from the New South Wales Department of Agriculture, Rural Youth Branch, of all unlikely places.

They have a very comprehensive and interesting course called 'life management.' It began quite accidentally and was put together by a bright and enterprising young woman named Joan Simms. She was asked by the wives of young farmers doing the farm management course for something to do while the boys were working.

Gradually over several years the life management course developed and they now have graduates in both urban and rural areas who are thoroughly delighted with what they have learned during their two years of home study. The whole idea and the course itself appeals to me enormously, I only wish it was nation-wide and under the umbrella of the Education Department being taught in every tech. college and in high schools. This course doesn't teach you how to cook and sew, there are no gardening hints and knitting

patterns. You learn money management, consumer education, nutrition, family life education, car care, management, health in the home, law in everyday life, home freezer foods, interior decor, Australian governments and meeting procedures... in other words it is an executive training course, and that's what every home manager is. Also it turns the grey hum-drum of housewife and home duties into precisely what I've always considered myself to be — an executive in an important and interesting executive position.

Every career has what I call the filing jobs which must be done if the more interesting part is to be enjoyed and the whole job run smoothly and efficiently... what's the difference between filing and dishes and beds? They both happen daily and they both have to be done. Admittedly, in a job outside the house you are usually in contact with people most of the time and this has been found to be one of a housewife's great gripes. "I'm lonely. I'm bored with just me and the kids. I never see people. I'm tied to the house."

This, of course, isn't true if you manage your time properly and are trained to know how to overcome it... but you can't tell that to a girl in her twenties bogged down with three small children, no car, no shopping centre, no public transport and no training in home management. She's a prime target for aspiring addiction and a very possible nervous breakdown. To escape, she watches daytime telly and sees lovely ladies with handsome men jazzing around in big cars and flashy apartments... no wonder she gets fed-up with the triple-fronted unpaid-for house in an outer suburb and numerous screaming children. Most of her trouble lies in the fact that she is completely untrained for the huge job she has so willingly, eagerly, taken on and never in her life has she been made aware of the enormous responsibilities she must shoulder.

If you're interested in the course contact the Rural Youth Branch of the N.S.W. Agriculture Department State Office Block, Phillip Street, Sydney, 2000. It also has a very interesting and helpful booklet, which is part of the course, but can be bought independently if you send \$1 and postage. Entitled 'Housework Improving Methods' it is great fun and very helpful. #

THE HEUGA SECRET: it changes round to share the wear



Carpet is only as new as it looks. And the way wear happens, that's never for long. Because about 40% of the floor takes 80% of the wear. Doorways and traffic paths look old in double-quick time. Heuga has the answer — interchangeable sections.

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COLOR IT GREEN

These three Sydney swimming pools have a common tie — green water. Why green and not the more conventional Hawaiian blue? Because, say the owners, green seems to fit in more naturally with these surrounding garden settings. It is softer, darker, less glare, less dominating and conspicuous than blue. There's a practical advantage, too. In a green pool — particularly a dark one — airborne dust and fallen leaves aren't so easily noticed. Provided the water is adequately sterilized, you need to clean and vacuum the pool only when the leaves begin to disintegrate. Perhaps as little as once a month. The color recipe for a green swimming pool is quite complicated and its success depends on an accurate choice of color to paint or tint the interior of the pool. Because all sterilized water has a natural blue color owing to the refraction of light through it, you must counteract this with a tinge of yellow or brown so that the blue water will change into tones of green. The more depth of color, the darker green the water will be.

Here is a basic color guide to obtaining green water: a sandy color will turn water into the light green color of a tropical lagoon. Mid brown, which is a mixture of dark brown with yellow will become a dark, olive colored pool, the color of a pool in the bush. Dark green with brown added to get the depth of color, will become the shadowy jungle green of a pool in a rain-forest area. #

1. The lime-green of this pool in the Sydney suburb of Watson's Bay blends well with the camphor laurel tree framing it. Built by Mermaid Pools Pty. Ltd., Smithfield, N.S.W. the pool was painted with three coats of Swiftvulc chlorinated rubber paint. Chrome yellow and brown were mixed in a ratio of one part brown to 10 chrome yellow. Matching tiles line the top of the pool. The sandy color continues through the aggregate pool coping into the decking made from untreated tallow wood chamfered planks, 7 cm wide x 2 cm deep. Landscape planner Mr. E. J. Hyslop of Peakhurst, N.S.W., advised on the construction of this pool.

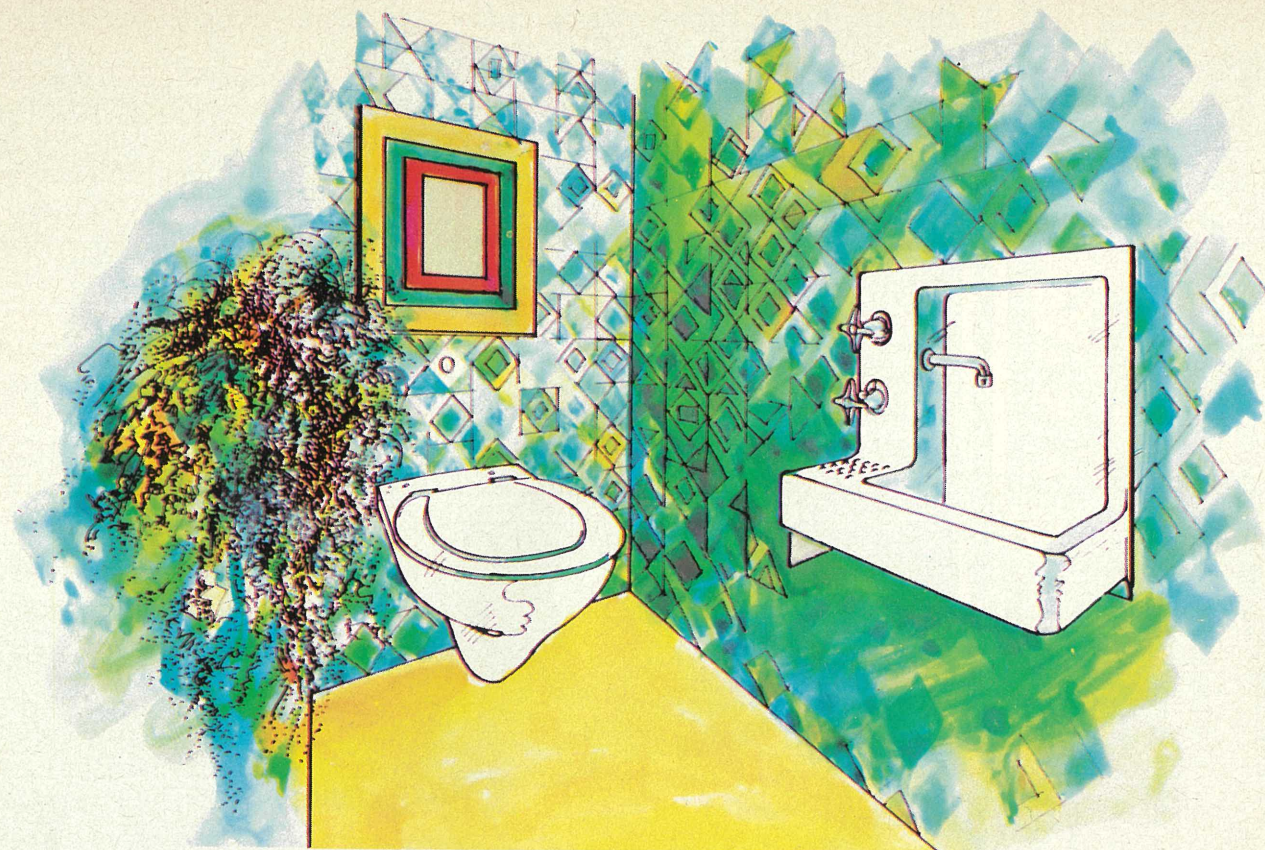
2. A rock-bound pool surrounded by tropical greenery was built by Crystal Pools Pty. Ltd., Thornleigh, N.S.W. It is made of fibreglass which is impregnated with dark green pigment. There is a matching band of forest-green mosaic tiles around the top. Sandstone rocks hang slightly over the water's edge, heightening the effect of a

grotto. Stonework and landscaping were done by Gary Wares, and Peter Kuring also from Sydney helped with incorporating the pool design into the garden.

3. This simple olive-green pool in the Sydney garden of Mr. and Mrs. E. J. Hyslop fits naturally into the surrounding bush garden. Designed by Mr. Hyslop, a landscape planner and environmental consultant, the pool was painted with three coats of epoxy resin paint in a mid-brown color — made to Mr. Hyslop's specifications by Mr. Bill O'Grady of Lacquer and Enamel Supplies of Mortlake, N.S.W. This is now a standard color Hyslop Brown. Around the pool the brick coping is flush with the broad band of brick paving and the bond beam has been kept below this paving level, out of sight. This enables the pool to sit more naturally into its surroundings. Brick tiling, 7 cm thick overhangs the water by 3 cm. Internal tiling wasn't necessary in this pool.

TEXT/CAROL HENTY
PICTURES/RON BERG





Twyfords Twosome Capri and Corinth



Welcome the end of the space race. Elbow room has arrived. Twyfords slim the traditional handbasin to bring you Capri which projects only six inches from the wall. Beneath the self draining soap tray is a concealed toilet roll dispenser, making Capri a perfect partner for Twyfords Corinth wall hung toilet. Twyfords take away the pedestal with the Corinth and contoured streamlining makes cleaning a breeze. Tuck new Capri and Corinth into the smallest closet and create more space.



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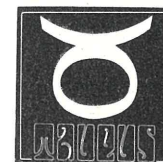
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STARSCOPE

☆ by Rosamund ☆



ARIES (March 21 to April 20): This could be the month, if you stop your dreaming, to conquer the world. Take that special step and pursue a business or personal deal you have been wanting. It will be success all the way.



TAURUS (April 21 to May 21): The accent is on your family this month and you will receive good news which will bring rejoicing and celebration to your home. There could be an offer concerning a new business venture, be careful, you could stand to lose.



GEMINI (May 22 to June 21): Your health could suffer this month and limit your social activities. It will be a perfect time for you to look back into your past and meditate on your future. You could end up solving a problem that has been irking you.



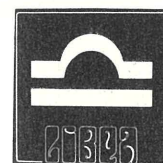
CANCER (June 22 to July 22): This month you could be thinking of moving to a rural environment with lots of wide open space, but think before you leap into any new way of life. It could bring on more responsibility and your finances may suffer.



LEO (July 23 to August 23): There is a strong possibility of success through a new business deal which could mean spending a lot of money and carrying new burdens. You could also move to a larger residence as you may feel too hemmed in where you are now.



VIRGO (August 24 to September 23): Many of you will have to be very careful handling your personal life this month. It might be best if you keep silent, even over small things. Workwise you may decide it would be an excellent time to make a change.



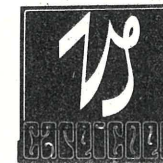
LIBRA (September 24 to October 23): Legal problems will surround you this month and you will spend most of your time putting things right with the law and yourself. Someone in a high position could offer his services and help you through this time.



SCORPIO (October 24 to November 22): During the first part of the month you could feel slightly restricted in your actions due to a small health problem. If you were hoping to travel leave it until the last week of the month if possible.



SAGITTARIUS (November 23 to December 21): Relax, take it easy this month and let the rest of the world go by. Your peace of mind is very important. It's also a very good time to invest in a lottery ticket as there is a quick financial gain prevalent.



CAPRICORN (December 22 to January 20): Success is the keynote this month and you will hear from someone you knew a long time ago. This person could influence the rest of your life and you could travel overseas and find contentment.



AQUARIUS (January 21 to February 19): You will feel you are getting nowhere this month, especially around your home. You may feel unappreciated, but as the month progresses you will gain rewards. You could receive an offer to work in public relations.



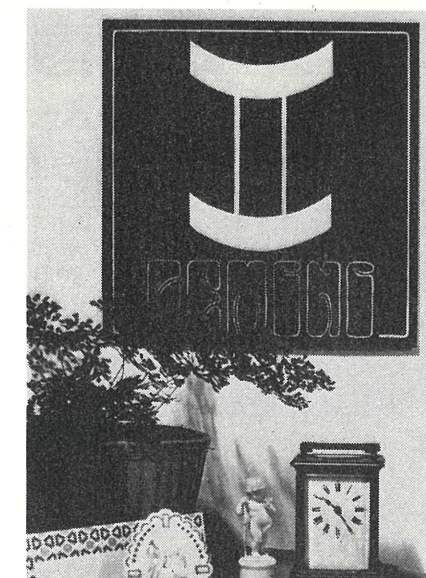
PISCES (February 20 to March 20): The accent is on work this month. you will receive acknowledgement for your skill and diligence. Be careful around your personal affairs this month, someone could be a little under-handed towards you.

SPECIAL OFFERS

• continued

GEMINI PLAQUE

Gemini, the dual personality of the zodiac, is flashing sunlight one day and grey clouds the next. Lighthearted and romantic the Gemini girl will keep every love letter she is given. Gemini's personality dominates their looks and their sparkle always makes others look twice.



Followers of the zodiac will love these plaques which are silk-screened onto coated metal PVC. They are packaged and have a double-sided tape with which to stick them onto a wall. Measuring 30.2 cm square, these plaques are black and silver and cost \$8.95 each, including postage. They are available individually or as a set.

For order coupon, turn to page 114



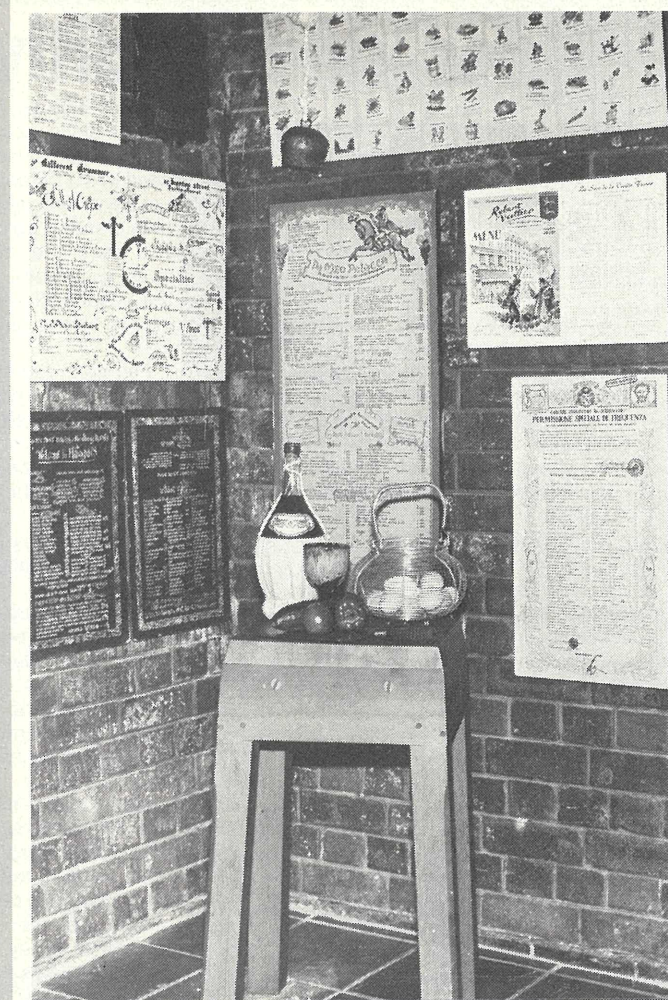
Patches... Posters... and a Conversation corner

Our mad housewife in domesticated mood takes us into her house for a look at some mad and inexpensive decorating ideas.

Patchwork pillows! Remember when I told you how to make marvellous patchwork jeans by using up everybody's old faded pairs? Well, after I'd organised patchwork jeans, jackets, hats, bags — everything you could imagine — I stumbled on to these giant pillows — all made from bits of old jeans. To be honest — I didn't make these — but you could easily. All you need to do is sew masses of patches together first to make big squares of fabric and then sew them into huge pillow bags. You might find the patches wear out here and there — you simply 'patch 'em' with another square of old jeans.

Just while we're on the Jean Scene — listen to this one. A friend came to a party at our house recently and asked: "Who's the party for?" "The guy in the faded blue jeans," someone said. She looked down the room — and EVERYONE — but everyone — was in faded blue jeans! Except my family — in their patchwork faded blue jeans of course!

Want to know a super way to tizz up a lonely old wall somewhere round your house. Wallpaper it with your favorite poster, again and again. I'm mad about Biba's 'Grey Lady' poster (now available at selected Katies stores for 50 cents each). It took 20 posters (\$10.00) — and lots of



double-sided tape — to make an unusual wall for my hideaway home office. When the fashion (or my mood) changes I'll give the posters away for Christmas presents and replace them for some other posters I fancy. Much easier than having to rip down real wallpaper.

I'm The Great Collector. I've been through the matches, silver spoons, gold charm bit . . . now when I'm overseas, I try to beg, borrow or buy menus from the beaut restaurants we visit.

They are a bit of a nuisance — because I usually have to carry them by hand all over the world — so they don't bend or tear — and I've often had to race back to the hotel because I'd forgotten them.

But at last I've got round to mounting them all on pineboard and making a beaut little corner in my kitchen with them.

As well as a constant reminder of the wonderful tastes of Italy, France and Spain, they make a great party conversation topic with everyone swopping their most mouth-watering memories.

Talking of menus . . . why don't you borrow the 'menu blackboard' idea that all the Bistros use, when you have your next dinner party. Chalk up the menu before your guests arrive . . . it's a great way to get them drooling for the goodies to come. #

FAMILY HEALTH WITH LADY CILENTO

Allergies and additives

From what started as research into a way to combat a plague of fleas a Californian doctor discovered that an artificial food color extensively used in food and drinks can produce allergies in the human body.

It all began with a flea — or rather myriads of fleas that plague those who live on the shores and hills around the Golden Gate and from San Francisco to Palo Alto in California. Two young entomologists led by Dr. Ben Feingold, chief of the Allergy Clinic in the Kaiser Permanente Medical Centre in San Francisco, decided to produce a vaccine from the fleas themselves to counteract the allergic itching and distress caused by the bite of these tiny wingless insects.

"Very soon," writes Dr. Feingold, "the Kaiser Research Institute was the proud father of a million fleas a week. Eventually we demonstrated that the allergic reaction to the flea bite was induced by a minute (low molecular weight) chemical present in the saliva of the insect".

He found that these low molecular weight chemicals (called "haptens") cannot produce an allergic reaction by themselves, but when combined with the proteins contained in every cell in the body, cause definite allergies of all kinds. Dr. Feingold then discovered that many of the chemicals used extensively as drugs and food additives are also low molecular compounds like those in flea saliva, and many who used them reacted in the same way. For example, the artificial food color tartrazine or Yellow 5, extensively used to color foods and drinks, can act in the human body in the same manner as a 'drug' that is used for treating illness.

The drug to which many patients were sensitive was aspirin — acetylsalicylic acid. This is contained in many over-the-counter headache and cold relief powders and appears to have a slow-build cumulative effect, finally exploding into a full blown allergy. Even though in popular use since 1899, it is not known exactly how aspirin works; but it is known that there are a number of other products, foods and additives that contain a salicylate base and that these have much the same tendency to cause allergies.

So Dr. Feingold devised a "salicylate free" diet eliminating all foods that contained this aspirin-like chemical basis. It even precluded some fruits, such as apricots, prunes, peaches, plums, raspberries, strawberries, grapes, oranges, cucumbers and tomatoes. What really mattered was that they discovered that seven of the synthetic-flavoring chemicals widely used in foods also contain this salicylate base. This means that some ice creams, chewing gum, soft drinks and gelatine products, specially mint-flavoured sweets, lime and lemon, strawberry and raspberry and other manufactured synthetic flavours made simply to appeal to the taste had the same effects.

On the basis of these findings Dr. Feingold finally re-designed his diet once again to exclude all foods and drugs that were

artificially dyed and all foods and drugs that were artificially colored as well as cyclamates (artificial sweetener) which he found caused five different skin disorders.

This type of treatment was overwhelmingly successful in clearing up cases of allergies and asthma that had been present for years. It was successful not only among adults, but especially among children suffering from hives, hay fever, eczema and asthma.

What Dr. Feingold (being as he says a mere allergist and not a behaviour specialist) did not realise at first was that the behaviour problems of his little patients melted away. They became easier to manage at home and their learning ability improved.

Over the next few years Dr. Feingold and his colleagues in the Kaiser Medical Clinic traced many cases of allergy and hypersensitivity in children to synthetics in chewable vitamins, in popular soft drinks and to many synthetic flavours and colours in processed foods — and found these substances related to the growing problem of over activity and learning disability that was developing among the child population.

Although health authorities have carefully tested these synthetic dyes and flavorings and found them 'safe' for human consumption, in that they are not direct poisons, they have not taken into account the subtler, indirect and long-term damaging effects they can have on thousands of individuals in our midst. Dr. Feingold concludes that "whether the patient is an adult or a hyperkinetic (over active) child, there is no natural body defence against synthetic additives".

If you look about in food shops, restaurants, supermarkets and tuck shops and assess the foods provided; if you watch what the majority of children are eating and drinking, you will realise that we and our children are consuming a vast variety of synthetic dyes, flavorings, additives and preservatives almost unaware.

Our food manufacturers are introducing more and more synthetic flavorings and colorings to appeal to the taste and catch the eye of consumers for less production cost.

Does this mean that the hyperactive children and those with allergies should be deprived of all their pink lolly pops, soft drinks, iced cakes and biscuits, and adults of their headache powders, too? Yes, I believe so.

It means being absolutely strict about their diet, though nothing really nourishing is taken out of it. "Poor little kids!" some indulgent parents may say. It is, however, far better for them to forego all of these artificial and sweet foods to which they become addicted in time, and to take the trouble to give them natural, fresh unprocessed foods, such as their grandparents lived on — and so to preserve their health and mental ability — than to see them slowly poisoned so that they never reach their natural potential. #

aero designs

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Stove enamelled in seven fabulous colours—Red, white, blue, green, yellow, brown and black.

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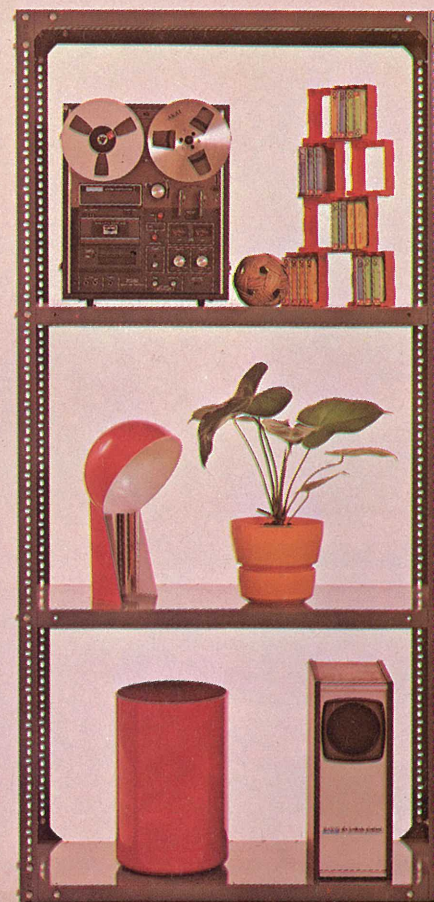
✓ Dexion space ideas

Zing! The factory look comes to home decoration with refreshing and easy-to-assemble storage units made up from Dexion industrial components. No, Dexion does not make the units. Frankly, we are in the industrial field designing and supplying storage and materials handling systems for the world. But it doesn't stop us being flattered by what clever decorators are doing with our components. Like you see here. Dexion components are available from Dexion distributors. Have fun!

Left: Dexion Slotted Angle Unit Shelving. Ultimate hi-fashion space idea. All steel. Easily assembled.

Bottom left: Dexion Maxi Storage. Clever durable plastic bins come in range of colours, lock to metal backing plate.

Bottom right: Dexion Speedframe Designer's joy! All metal framing and accessories require no screws; lock together with gentle tap from hammer.



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FOLDAWAY CHAIRS

These directors chairs can be folded and stacked away when not in use. They're ideal for both indoor and outdoor use although they are not weatherproof. If you are thinking of using them as dining chairs check the height of your table first as these are 87 cm (34in.) high and 51 cm (20in.) wide. They are available in red, yellow, cream, white, black and brown with a chrome frame and are \$26 including delivery to all metropolitan areas of the major cities. Freight will be charged from nearest capital cities for all country areas.

All offers available in Australia only.

TO FILL IN
YOUR ORDER
COUPON,
TURN TO
PAGE 114

Settings / Appley Hoare
Pictures / Neville Waller



HOME JOURNAL T-SHIRTS

Become one of the Home Journal crowd and wear one of our T-shirts with the slogan, "Come Home to Australian Home Journal," and a decorative little house. They are available in sizes 12, 14, 38 and 40 and come in red, orange, yellow, white, purple, sky blue, dark blue, green and light green. They are \$2.50 each and when you order please give at least three color choices.



"BRING YOUR OWN" BAGS

With the growing trend of taking your own wine to parties and restaurants these days what better way to carry it in with you than in these nifty little B.Y.O. bags? Home Journal is offering them for just \$5.50 which includes postage. They are made from jute canvas, have B.Y.O. clearly stencilled on them, and come in a handy size, 17 cm (7in.) wide, 33 cm (13in.) long, and 8 cm (3½in.) deep which takes two bottles of wine comfortably.

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Family and Holiday Homes



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Features a wide sundeck, giving light and air to all rooms. Two or three-bedroom plans are available. You'll appreciate the layout for both living and sleeping. See for yourself—this is our display home.



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Keeping down those house maintenance costs

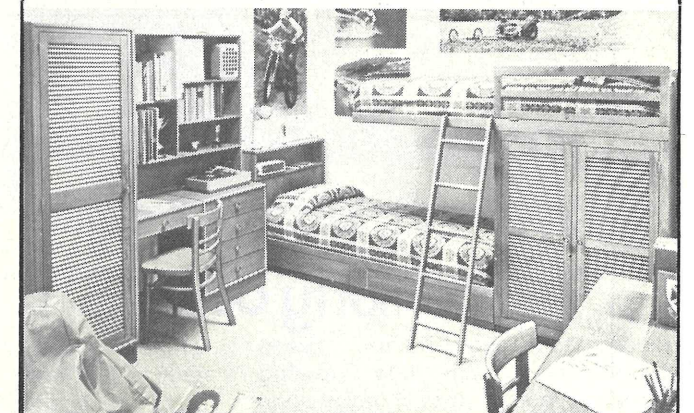
When buying or building a house the initial purchase price is only part of the total financial outlay — maintenance costs can prove an embarrassment at a later stage and are sure to occur on houses which are badly built, incorrectly designed for their sites and where unsuitable materials have been used. Here our architect discusses some of the main faults in design and choice of materials so that the buyer or home builder can beware and save himself future maintenance costs which, because they are labor intensive, are among the most rapidly increasing costs in this country.

The first step is to decide which atmosphere types are applicable to the house you are about to build or buy. Is it going to be affected by salt and sea winds? industrial pollution? blistering sun? year-round dampness? for example. It is also necessary to bear in mind that corrosion rates vary considerably according to temperature and moisture. For instance the results of industrial pollution in a temperate inland city would be different in many respects from that in Brisbane. It is most likely that the atmosphere in which you are going to live will be a combination of several types. The industrial seaside city of Wollongong is a good example of this. Other points to remember are that many metals corrode at different rates in different temperatures; protective coatings, such as paint, break down more quickly with increased exposure to stronger sunlight, and that regular rainfall will assist in keeping a building's exterior clean whereas infrequent rain will allow a build-up of corrosive materials. As it can be difficult to discover which are the most suitable materials for a particular house and site I have listed below some typical problems and their solutions. However, do bear in mind that when assessing your own house and site you have to take many factors into consideration. You can also call on the experience of Local Government Building Inspectors, and Building Information Centres (many of whom have good reference libraries and have assistants who will advise you on a specific problem). And don't forget that manufacturers, and in particular Manufacturers' Associations (such as the Paint Manufacturers' and Roof and Cladding Associations), have excellent literature on their products' uses and their representatives will also advise.

Building near beaches and exposed to salt winds

Unprotected metals will corrode and paint surfaces tend to break down quickly, especially if exposed to continued overleaf

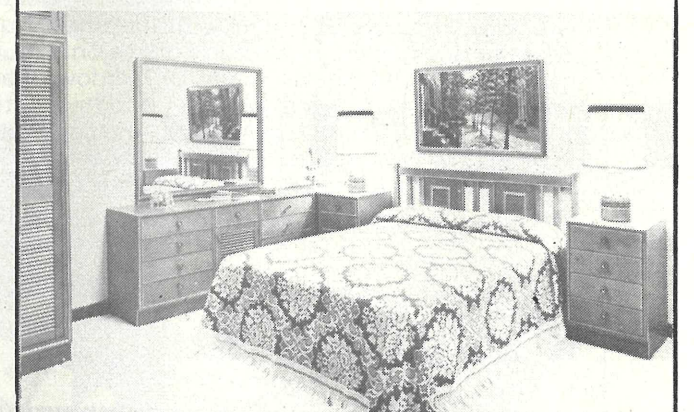
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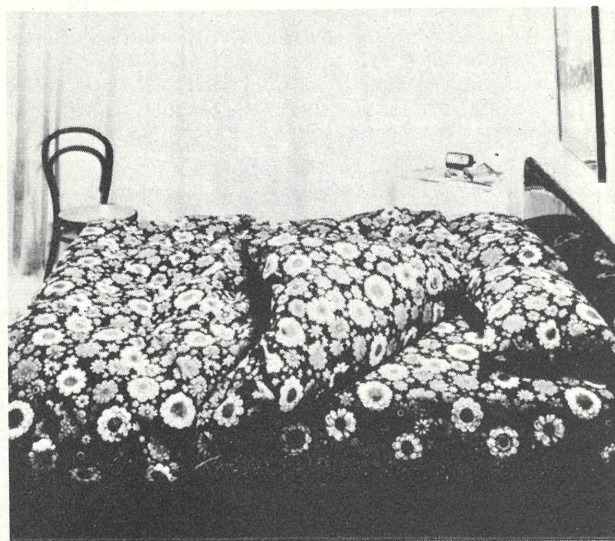
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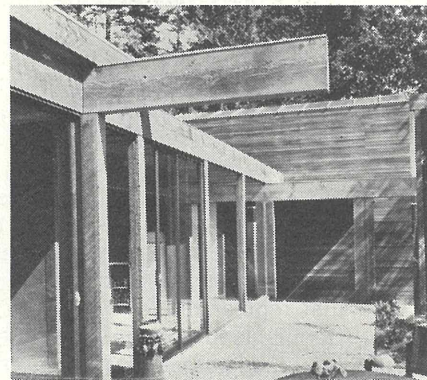
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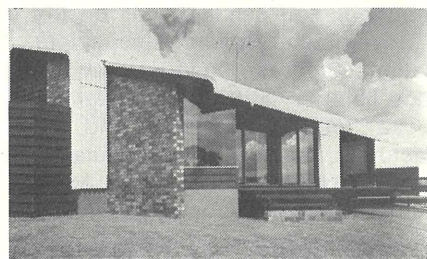
DD101V

KEEPING DOWN THOSE MAINTENANCE COSTS continued

the abrasion of wind-driven sand and strong sunlight. Avoid unprotected galvanised iron and painted woodwork in exposed positions. Good durable materials are Western Red Cedar, anodised aluminium, asbestos cement (corrugated or flat), and bare brick, all of which require no painting, staining or maintenance and some of which acquire an attractive patina as they age and weather. Points to watch include adequate covering of steel reinforcing mesh in a concrete slab (if inadequate there may be unsightly stains, expensive repairs or ultimately failure of the structure). Also make sure that all nails and screws are non-corrosive type. Orientation of the building is important. Where possible the narrow end of the house should face any damaging elements. It is also advisable to choose a roof design which does not need gutters as these will be prone to rust. If gutters are essential select PVC or asbestos cement (both of which won't corrode and never need painting).



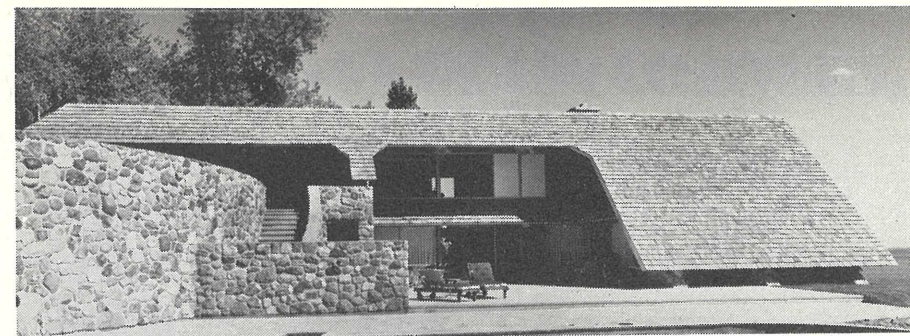
Western Red Cedar is used extensively in this house. This timber is extremely durable, virtually maintenance free and very attractive.



Corrugated asbestos cement is used imaginatively in this Gold Coast, Queensland, home. The curving roof line eliminates the need for gutters and assists in washing the building. Stained rough timber and face brick, low maintenance materials, are also used on the exterior.

Buildings exposed to polluted air

This would apply to all buildings in big cities and near heavy industry where the air may contain substantial amounts of sulphur dioxide which converts to sulphuric acid and lesser amounts of hydrogen sulphide, ammonia, nitrogen dioxide and various suspended salts. These attack metal surfaces, paintwork and many natural materials such as sandstone. Keep facades and roofs as simple as possible so that rain can wash the building. Roofs should be steep to assist this process. If a flat or shallow roof is unavoidable a built-up asphalt or synthetic rubber membrane should be used. Avoid crevices and ledges unless they are clad in suitable pollutant-resistant materials. Some paint manufacturers produce paints designed specifically for high pollution atmospheres. Galvanised steel should be pre-painted with, for example, a heavy coat of PVC. Although most metals need protection in such environments, some don't. Lead



Western Red Cedar shakes are used on this house beside the St. Lawrence River in Montreal, Canada. Note the absence of gutters in which leaves and corrosive materials can gather.

performs well in an industrial climate, better than it does elsewhere in fact, because of a protective lead sulphate film which forms on its surface.

Buildings surrounded by high trees

Gutters, especially when difficult to reach, present continual cleaning problems. Even when covered with mesh gutter guards small particles of dry leaves and twigs collect, gather dust, encourage rust, and block the downpipes with the result that during heavy rains water enters the house. Try to select a roof

design which does not require gutters. You may have trouble convincing your local council building inspector but careful attention to drainage around the house may allay his fears.

To sum up the important principles of building in a corrosive atmosphere are:

1. Selection of suitable construction materials.
2. Attention to the details of design remembering that the overall design must please you visually as well as being practical.
3. Most importantly, the house must be well built. #



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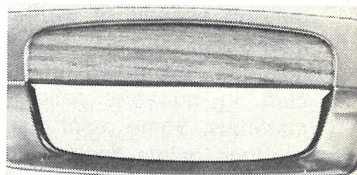
NSW: T. & T. Projects P/L, 18 Albany St, St Leonards, 2065. Tel: 439-2358.
QLD: Vacumatic Distributing P/L, 37 Gladys St, Stones Corner, Brisbane. Tel 97 7711.
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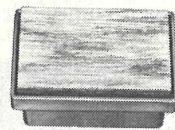
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HANDLING IT WELL

When you're building cupboards the final decision is what type of cabinetware to use to suit them perfectly. Here are a variety of styles to choose from.



Above: Stanley AA.185 handle approx. \$1.19 each. Available bronze/teak, satin brass/teak, satin chrome/teak.



Above: Stanley AA177 handle, approx. 91 cents each. Available satin chrome/teak, satin brass/teak, bronze/teak.



Above: Stanley AA178 handle approx. \$1.14 each. Comes in same finishes as above.
At Left: Stanley cabinet ware from the Colorscope series. 76mm diameter approx. 90 cents each. Available orange, green, blue, teak and white with black rim. A special metal insert ensures easy fixing.



Choosing the right cabinetware for the right situation is essential — it's the difference between your home-made or re-conditioned furniture actually looking home-made or having that professional finish. In the pictures above we show just a few of the huge variety made by Stanley Works Pty. Ltd., which are available from major hardware retailers. It is important to choose door furniture

which is in keeping with the style of your furniture. Cabinetware is available in chrome, brass and bronze both in a satin and antique finish. You can now also buy oiled teak cabinetware which is perfect with the extensive use today of modern timbers and clean, uncluttered finishes. Stanley have genuine oiled teak handles and knobs, some combined with modern bronze, satin brass and satin

chrome, which have been awarded the Good Design Label from the Industrial Design Council. If you have trouble finding the Stanley cabinetware of your choice you can ring the State Sales Offices on the following numbers to find out your nearest stockist: N.S.W. 827-1166; Victoria 878-9244; Queensland 59-7244; South Australia 87-3117; Western Australia 86-2820; Tasmania 28-0295. #

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LBV 2405

Onkaparinga 

AUSTRALIAN HOME JOURNAL, JUNE, 1975 93

Bedroom furniture should make space not take it... the new Arbra range does just that.

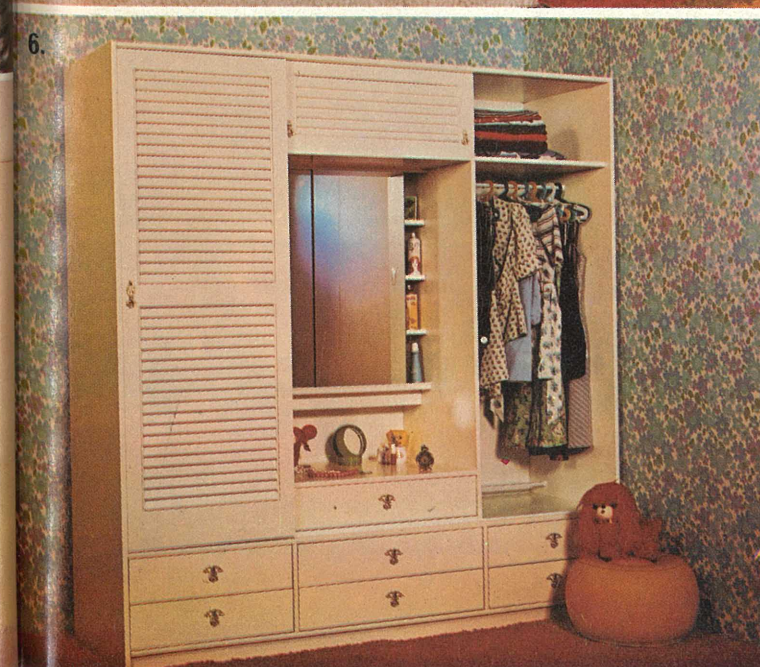
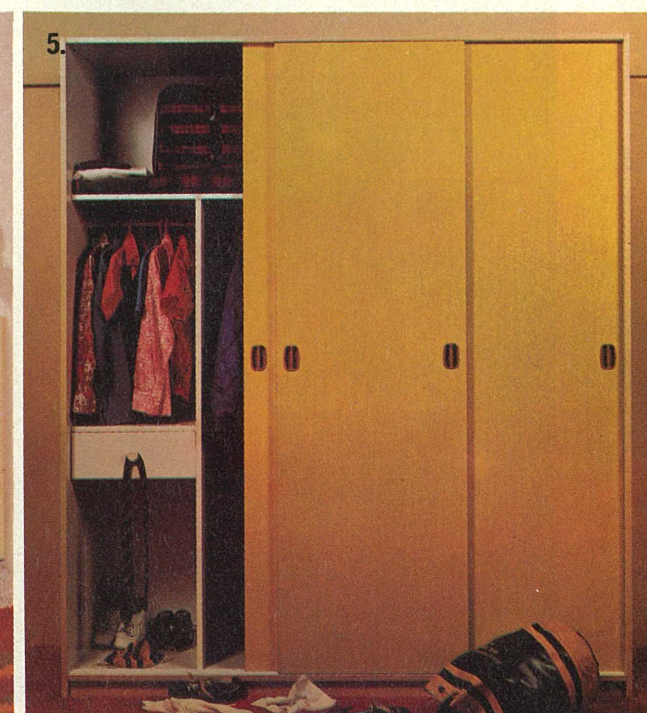
1. The Arbra "Sea Island" units can be arranged in a variety of ways and with a choice of finishes.
2. The Arbra "Leisure Bed" Ideal for children's or guest rooms.
3. This gives an idea of tremendous amount of space in Arbra cupboards. Shelving and drawers can be fitted to meet your requirements.



Space is one of those things you never have enough of. Especially in your bedroom. You want to make the most of your room, but you must have that space . . . hanging space, drawer space, storage space. Arbra designers have created a new range of fitted bedroom furniture that gives you space. And style. Beautiful new colours, popular decorator styles and exciting new trendsetters in practical unit combinations. And quality. Solid core throughout, handles, hinges and runners all specially designed for real quality performance. Arbra furniture is installed by specially trained Arbra men. So you get perfectly fitted, perfectly functioning units . . . with a factory guarantee, too! See the beautiful new Arbra range of bedroom furniture, it's on display at most NSW retailers now. Or write for free brochures that give you all the sizes and variations.

Please note
Arbra furniture is currently available in N.S.W. only.

4. Arbra Bedroom Ensemble of wardrobe and bedhead is available in several wardrobe lengths and interior shelving combinations.
5. The Arbra 'All Hanging Wardrobe' is the neat 'n tidy answer for a boys or girls bedroom. Plenty of hanging space, drawers and shelves and a great range of modern colours.
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HyCraft REVIVES THE NATURAL LOOK IN WOOL CARPET: HY-BERBER

HyCraft joins the world-wide revival of the rugged hand-crafted look, with an inspired new range of pure wool carpets. And the name of the range is Hy-Berber.

To see the new Hy-Berber pure wool carpets contact
CARPET MANUFACTURERS LIMITED, 11-27 Harris Road, Five Dock, NSW 2046, telephone 83 7241
Melbourne Office: 271 Grant St., South Melbourne 3205, telephone 69 5111. Showrooms also in other State Capitals.

The loop-pile is deep and luxurious, and comes in three earthy colours: true natural, a rich brown and a soft fawn. And the whole concept's in key with this year's Berber look in wall coverings, curtains and furnishings.



HC63 FPC

next month in the july australian home journal

- CHILDREN'S ROOMS — how to create bright, enticing decorating schemes — rooms that work, rooms that children will enjoy being in, rooms that children really want — and all without spending too much money.
- HOW TO UPHOLSTER OLD FURNITURE — if you have old chairs and sofas which have sound frames but need some tender, loving care, we show you how straightforward it is to re-upholster them and save yourself a lot of money. We explain the simple tools you will need and show pictures of the various stages.
- KITCHENS — how to make a basic kitchen cupboard and how to choose the main items of equipment. It's one of the most important rooms in a house and has to work well. We explain how to ensure that it does.
- HOW TO PUT A NEW FACE ON AN OLD FENCE — how to give an ordinary paling fence a facelift and without moving off your own property or disturbing your neighbors.

and much more to help the homemaker



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Armidale
Trend, Cor. Jessie & Beatty Streets, Armidale.

A.C.T.
Flair, Style Arcade, Franklin St., Manuka.

Melbourne
Leisure Living, 275 Toorak Rd., South Yarra.
Smiths of Toorak, 499 Toorak Rd., Toorak.

Brisbane
The Very Thing, 25 Shopping Town,
Indooroopilly.

Adelaide
Cane O Rama, 129 Jubilee Terrace, Bardon.

Just The Thing in Gifts, Arndale Shopping Centre,
Kilkenny.

Galleries Avant Garde, 386 Greenhill Rd.,
Glenside.

Atmosphere Design Consultants, 240 Rundle St.,
Adelaide.

Perth
Shiraz of Cottesloe, 21 Napoleon St., Cottesloe.
Dansk Decor, 12 London Cr.

Tasmania
Ornato, Trafalgar Pl., Hobart.

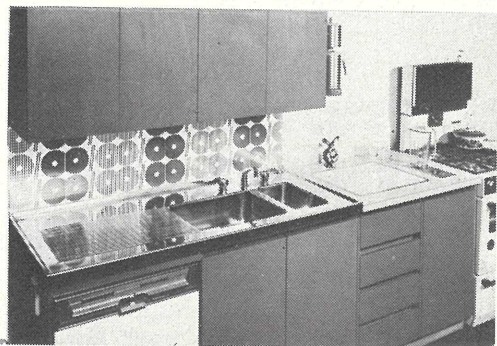
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Park, S.A. 5025. Ph: 352 2066.
Mr. Kevin E. Reynolds, 32 Glyde St., Mosman
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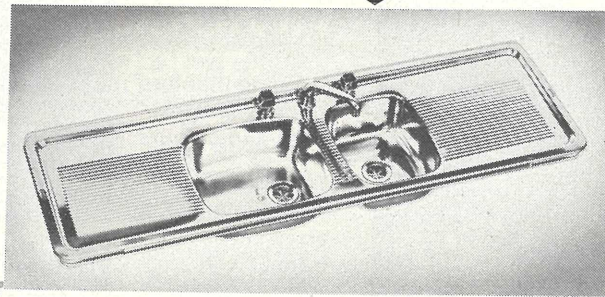
RADIANT

Sinks & tubs for leisure living

The secret is to select from the superb, scintillating, range of Radiant home appointments. Long-life, easy-to-clean, stainless Radiant units are the bright, cheerful focal points of your kitchen and laundry. Radiant sinks and tubs are designed to keep your work to a minimum—to keep that Radiant smile on your face—to keep the whole family happy with a measure of leisure living that you never dreamed to be possible. Housewives of all ages applaud Radiant—they know there's a model to meet every need. You'll find just what you want when you choose Radiant.



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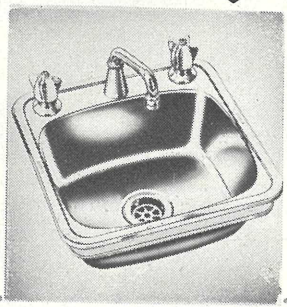


Have a look at Radiant dishwasher sinks. Really outstanding! Five different designs. Last a lifetime—guaranteed for 30 years. Suit all popular front-loading dishwasher machines.

By Jupiter, this is a winner. Jupiter suds tub. New shape. Shallow bowl. No excessive back bending. Heat retaining. Universal by-pass outlet. Mirror smooth. By Jupiter, wash days are a walkover with this Radiant winner.



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5 Awards for Good Design
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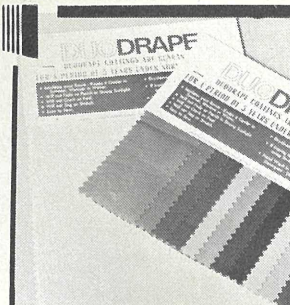
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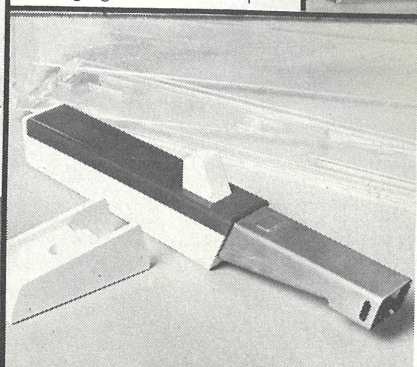
Take a look at these practical goodies our interior designer Appley Hoare has chosen this month. Manufacturers these days are spending much time and money developing products to make our lives run more smoothly, which we think you'll agree can only lead to better things.

Sweeping is a back-breaking task when you have to bend down and pick up the mess with a minute dust pan and broom. Now available in Australia is the dustpan and broom made in Sweden with long handles. It's only sold at Scandinavian Living Pty. Ltd., 500 Pacific Highway, St. Leonards, N.S.W. at the moment and sells for \$9.50 for the pair. It's available in red, blue, brown and yellow, and the broom is made of natural and man-made hair.



Duodrape (above) is an acrylic foam coated insulating lining for your curtains. The natural and white costs about \$3.50 a metre and the colored, \$3.15 a metre. Duodrape is available through good curtain shops.

Dupli-Color (below) is a touch-up auto spray paint, \$2.19 a can from motor accessory departments. There are 100 colors to choose from for all Ford, Holden, Chrysler, Leyland, Toyota and Datsun cars. Every can matches each car's color specifications.



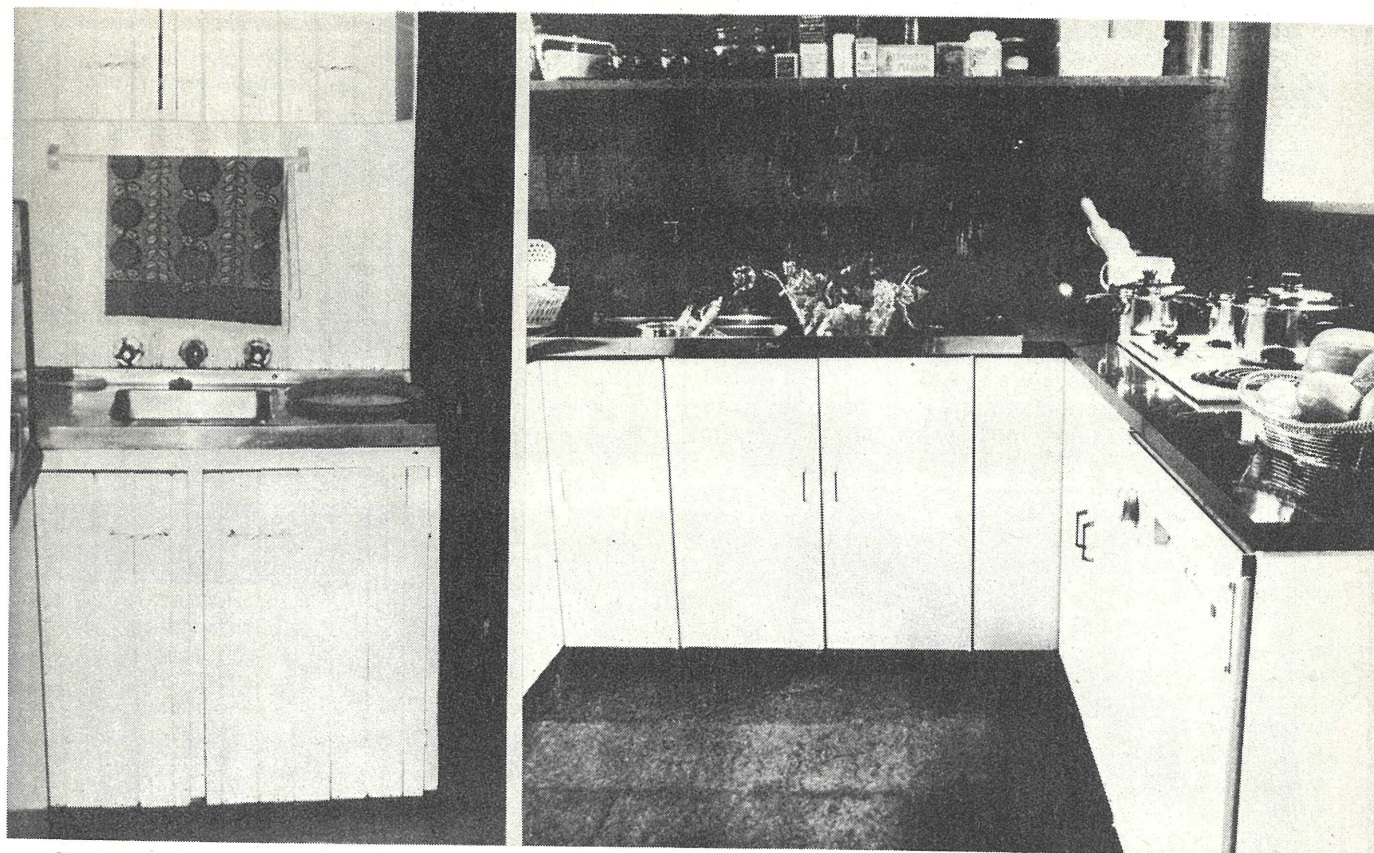
Selectron is a nifty little piezoelectric gaslighter ideal for lighting gas stoves, barbecues, fires and caravan LP gas. It is available by writing to Selectron Import Household Co., 3 Occupation Road, Kyeemagh, 2216 and is \$5.50 including postage. It has a five year guarantee. #

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These old cupboards were replaced by . . .

These new Hoadley cupboards: white doors with cocoa brown tops

The problem of your old kitchen:

You've bought an old house. Or you have one anyway. So what can you do about the kitchen without breaking the bank?

Where to start. You've looked at your old kitchen, and wondered how long you'll put up with cramped work areas, and lack of storage. You're worried at the high cost of having someone do the whole renovation job for you—it could cost thousands. But why not make yourself a new kitchen, buying cupboards ready-made to your requirements, then adding wall and floor coverings, some paint, a few tiles, and even new lights? It's surprising what you can do yourself, if you put your mind to it.

Do-it-yourself and save money. Don't be frightened of installing your own kitchen. Any handyman can follow the simple instructions, and install Hoadley cupboards himself (with a little help from a friend). For the faint hearted, you can employ your favourite odd-job man who can install the units for you, leaving you with wallpapering, floor coverings, or whatever you're game to tackle.

It needn't cost a fortune. Many people think that a new kitchen costs over \$2500. It can, of course, but we know a great many kitchens which were done by do-it-yourselfers like you, for less than \$1000, including cupboards, wallpaper, tiles, and floor covering. It only needs a little care in planning, some common sense, and some helpful advice. You provide the first two, and we provide the helpful advice free, in our Hoadley Kit-

chen Catalogue and Kitchen Planner, available from your local hardware or department store. Or you can send the coupon.



SEND FOR MORE INFORMATION NOW!

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LBV 2403

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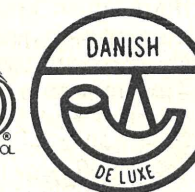
supporting role. And Dunlopillo adds its cushioned comfort, wrapped in a cocoon of Tetoron fibre for super softness.

Companion pieces: Coffee and corner tables echo the massive frames of the suite in teak or walnut finish.

The Berber look captured by Danish de Luxe — that's what everyone's talking about.

THE LOOK OF

BERBER

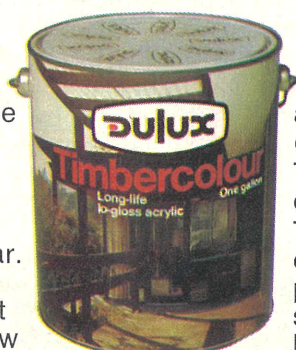


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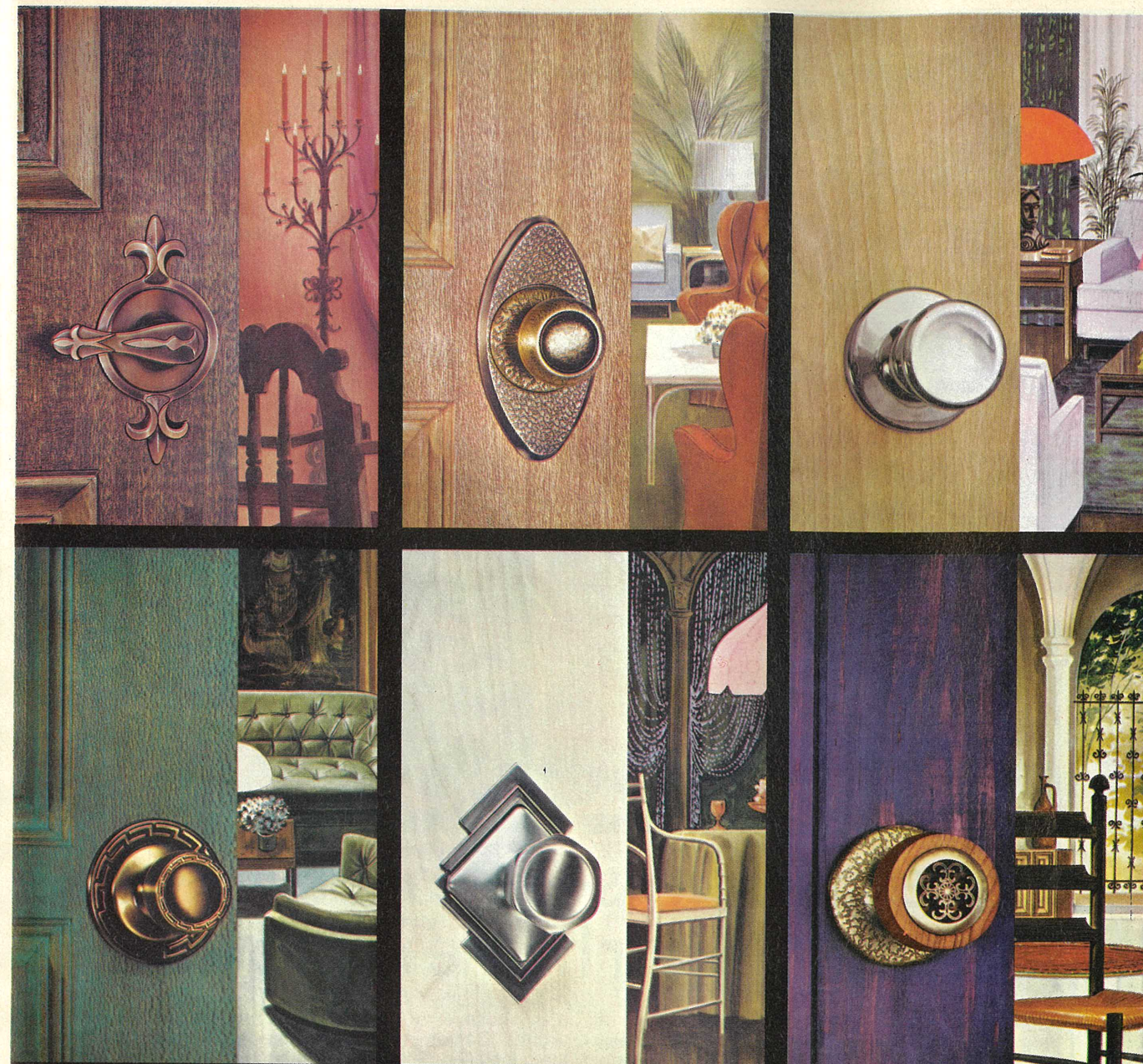
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LAH 74c/736

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Copper and Brass—the beautiful way to add value to your home improvements.

Nothing else has the rich, friendly look of copper. Except perhaps its sister metals, brass (copper and zinc) and bronze (copper and tin). The marvellous thing about copper is the way it looks after itself—even when exposed to weather. This unique durability is what makes it so ideal for water pipes, for hot water systems, for guttering and downpipes, wherever the problems of corrosion may make other materials unsuitable.

A reminder to renovators: now's the time to

plan those extra power points you've always wanted. Decide in advance where they'll go, have them installed before you redecorate.

And copper is beautiful. That welcome-home look of brass at the front door. The glow of copper pots in the kitchen. The cosy shine of brass and bronze reflecting winter firelight...

You pay a little more for copper.

But then copper adds so much to your home—in so many ways.



COPPER IS FOR KEEPS

To: Copper & Brass Information Centre,
323 Castlereagh Street, Sydney 2000. Phone: 212-3388.

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POSTCODE: _____

16/1/43

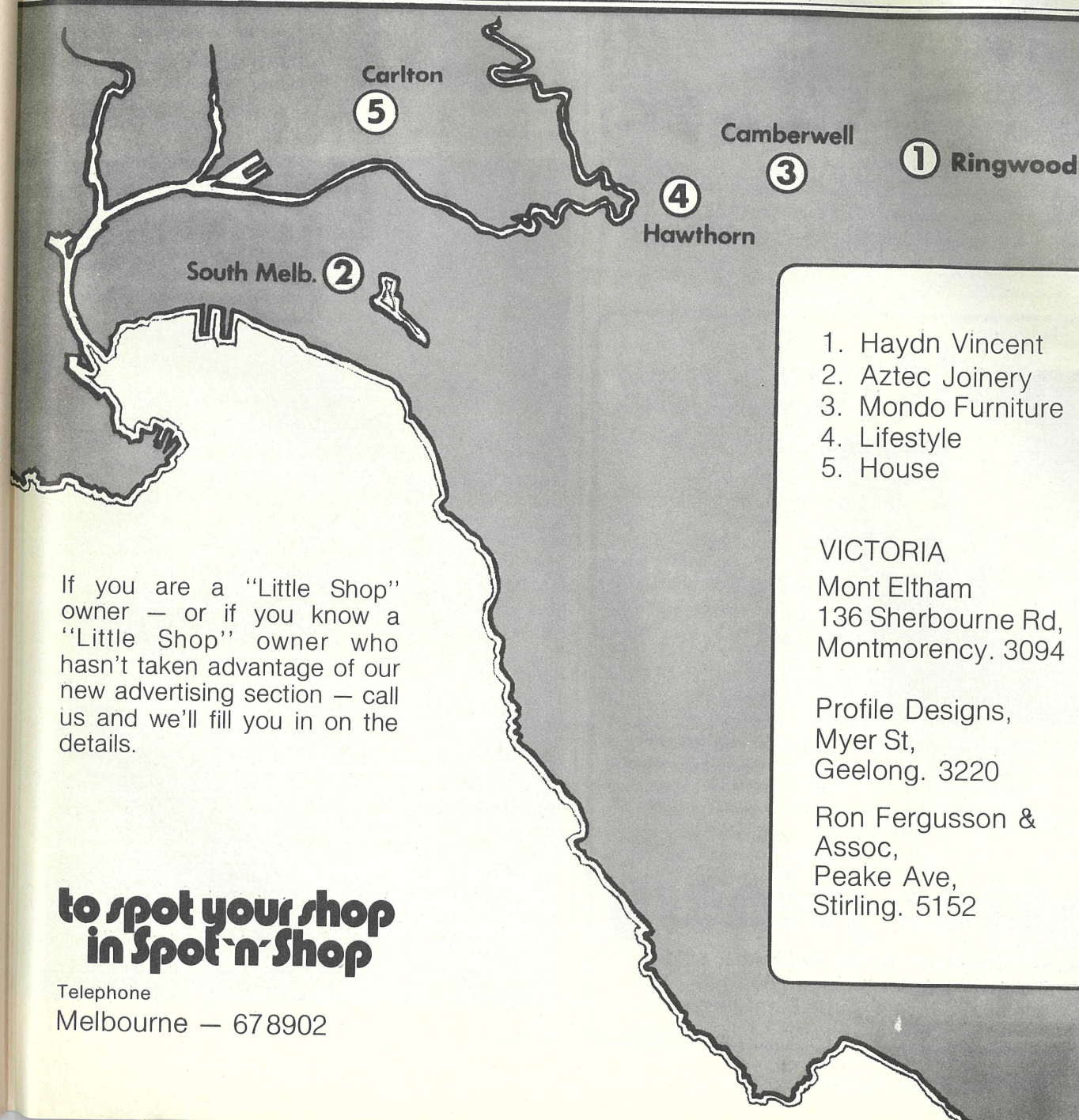
...and it's for people.



Spot 'N' Shop is a split run advertising/buying section designed with a dual purpose for the "Little Shop" advertiser who wants to advertise only to a particular area and for the reader who wants to buy in a particular area.

By grouping all the "Little Shop" advertisers together, we are able to offer all our national space sizes (plus some). We also offer all our readers a compact, easy-to-find buyers' guide. We've even included a map to help you locate the Shops' Spots.

SPOT 'N' SHOP SPOT 'N' SHOP SPOT 'N' SHOP SPOT 'N' SHOP SPOT 'N' SHOP



1. Haydn Vincent
2. Aztec Joinery
3. Mondo Furniture
4. Lifestyle
5. House

VICTORIA
Mont Eltham
136 Sherbourne Rd,
Montmorency. 3094

Profile Designs,
Myer St,
Geelong. 3220

Ron Fergusson &
Assoc,
Peake Ave,
Stirling. 5152

If you are a "Little Shop" owner — or if you know a "Little Shop" owner who hasn't taken advantage of our new advertising section — call us and we'll fill you in on the details.

to spot your shop in Spot 'n' Shop

Telephone
Melbourne — 678902

PROFILE DESIGN

156 Myers St.,
Geelong
Phone 91344

• continued page 113



**Money ba
if not
delight**

. P/code

PLEASE PRINT

LOOK AGAIN! THE B&D ROLL-A-DOOR IN COLORBOND



**It adds flair and value
to every architectural style.**

All B&D Colorbond Roll-A-Doors come pre-enamelled in your choice of the new glamour colours—bronze olive, tawny brown, gold and off white. Colours that are virtually there for keeps.

No other garage door gives you such elegance and architectural harmony with such complete ease of operation and safety.

Smooth, patented Nylofelt running strips eliminate all noise and no greasing is required anywhere ever. Opens or closes with finger-light touch.

Double bar centre liftlocking operates from inside or outside.

149 sizes for every application. Removable mullions give unobstructed access in double or multiple installations.



Patent No. 413178

For a free colour brochure or free quotation write or call.

• N.S.W.: BYRNE & DAVIDSON (MFG.) PTY. LTD., 34-36 MARIGOLD STREET, REVESBY, N.S.W. 771 5566 • NEWCASTLE: SADDINGTON'S AGENCIES PTY. LTD., BROADMEADOW 61 3934 • WOLLONGONG: DOORLAND PTY. LTD., WOLLONGONG 29 4922 • CANBERRA: NEIL DAVIES PTY. LTD., Fyshwick 95 6262 • VICTORIA: BYRNE & DAVIDSON DOORS (VIC.) PTY. LTD., KILSYTH 728 1566 • TASMANIA: TOM MOORE & SON PTY. LTD., COOEE 31 4388 • QUEENSLAND: THE DOOR CENTRE, BOWEN HILLS 52 8211 • GOLD COAST-QLD.: PIRIE ENTERPRISES PTY. LTD., SURFERS PARADISE 39 9792 • SOUTH AUSTRALIA: HORSELL, JARMYN AND SONS PTY. LTD., MILE END SOUTH 43 8021 • NORTHERN TERRITORY: FIELD DISTRIBUTORS, WINNELLIE 84 3784 • WESTERN AUSTRALIA: OSBORNE METAL INDUSTRIES PTY. LTD., OSBORNE PARK 46 6300.

BX369xPFC

**A home to be proud of
and beautiful clothes.
How does she do it?**



Janome knows.

You'll know too, when you realise how easy and economical it is to create your own exciting fashion gear and beautiful furnishings with a Janome sewing machine.

With today's fabulous fabrics, easy-to-follow patterns and a sleek, smooth-sewing Janome super automatic you can whip up a pretty party dress or something smart and elegant and still stay within your budget.

Janome will make sewing a pleasure and give long service, backed by a 25 year guarantee. No matter which model you choose, you get real value, because Janome is precision built and offers superb quality at a happy, happy price.

happy sewing at a happy price

Backed by world wide service. Demonstrated and sold by selected leading Department Stores and Specialist Sewing Centres throughout Australia.

To Janome Sewing Machine Co. (Aust.) Pty. Ltd.,
46 Levanswell Road, Moorabbin. Victoria. 3189.

Please send me your free colour brochure.

Name: _____

Address: _____

Postcode _____

J6027

JANOME

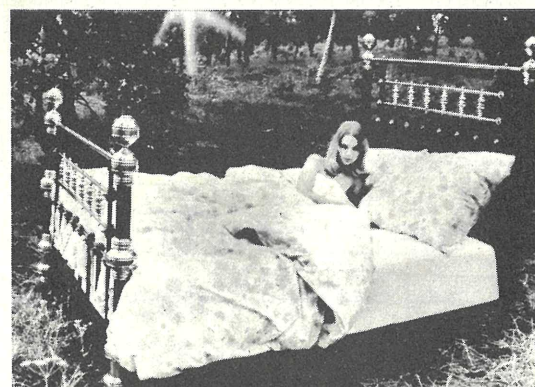
DAMP WALLS (AND MOULD) CURED

"20 YEARS WRITTEN GUARANTEE"

For home inspection and quote
CALL DRYSTAT 69 6961
or your nearest Rentokil office

DRYSTAT PTY. LTD.
Damp Control and Insulation Specialists
Buckland St., Alexandria 2015. After Hours: 498 5855, 449 6439

Wake up to Kimptons **DOONA**



The modern Scandinavian eiderdown featuring adjustable warmth and filled with Sanitized natural down. You'll discover an entirely new way of sleeping—free, uninhibited. Kimptons Doona is so light to handle—No more bedmaking. This is no ordinary quilt, it gives variable warmth for round the year comfort. In hot weather swoosh the down to the foot of the Doona, in cool weather spread it evenly—no other bedding is needed. Doona-slips protect your Doona, and are available in many colours and are easily removed for washing.

Please send me your free brochure for more details:
Doonas, down filled Quilts, Pillows and Sleeping Bags.

To: **ECONOMIC DOWN QUILT CO.**
39 Sackville St., Collingwood, Vic. 3066. Phone Melbourne 41 4878.

NAME: Mr./Mrs./Miss

ADDRESS

HJ6 75

SPECIAL OFFERS

AUSTRALIAN HOME JOURNAL
SPECIAL OFFERS, P.O. Box 5252,
G.P.O. Sydney, 2001, or call at 54
Park Street, Sydney, 2000.

TRAVEL BAGS

- ☐ Duffle bag(s) — \$21.50
☐ Carry on bag(s) — \$19.20
☐ Flight bag(s) — \$18.50

FOLDAWAY CHAIRS — \$26

- ☐ Cream ☐ White ☐ Brown
☐ Black ☐ Red ☐ Yellow

B.Y.O. BAGS — \$5.50 ☐ Bag(s)

HOME JOURNAL T-SHIRTS — \$2.50

available in sizes: 12, 14, 38 and 40

- | | | | | |
|-------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|
| Red | ☐ Size 12 | ☐ Size 14 | ☐ Size 38 | ☐ Size 40 |
| Orange | ☐ Size 12 | ☐ Size 14 | ☐ Size 38 | ☐ Size 40 |
| Yellow | ☐ Size 12 | ☐ Size 14 | ☐ Size 38 | ☐ Size 40 |
| White | ☐ Size 12 | ☐ Size 14 | ☐ Size 38 | ☐ Size 40 |
| Purple | ☐ Size 12 | ☐ Size 14 | ☐ Size 38 | ☐ Size 40 |
| Sky Blue | ☐ Size 12 | ☐ Size 14 | ☐ Size 38 | ☐ Size 40 |
| Dark Blue | ☐ Size 12 | ☐ Size 14 | ☐ Size 38 | ☐ Size 40 |
| Green | ☐ Size 12 | ☐ Size 14 | ☐ Size 38 | ☐ Size 40 |
| Light Green | ☐ Size 12 | ☐ Size 14 | ☐ Size 38 | ☐ Size 40 |

My other color preferences are

ZODIAC SIGNS \$8.95

State sign(s) required

I enclose a cheque/postal order for \$

NAME (Mr., Mrs., Miss)

ADDRESS

..... P'CODE

TEL.

Please print in block letters

FOR OFFICE USE ONLY

ADDRESS LABEL (insert your own name and address)

NAME

ADDRESS

..... P'CODE

TEL.

If undelivered, return to Box 5252, G.P.O., Sydney 2001.

An important tip for busy women - who like to cook good food but wish they had more time...



a Prestige pressure cooker

You can cook many popular and exotic dishes in a fraction of the normal time! A Prestige pressure cooker can make it easy to plan meals using the less expensive as well as the more glamorous foods.

"What shall I cook today?" need no longer be a problem for you whether you are a busy housewife, career girl or a do-it-yourself bachelor, at home, on caravanning or camping holidays. You can cook a wide variety of attractive dishes in minutes instead of hours.

And you **seal in** the goodness and flavour — which every family needs! Just look at some of the time that can be saved with a Prestige pressure cooker.



Beef Burgundy	
Normal Time	2 hours
Prestige Pressure Cooker Time	20 minutes

Whole Chicken Dish	
Normal Time	1½-2 hours
Prestige Pressure Cooker Time	20-30 minutes

Why you should buy a Prestige Pressure Cooker

Three different size models available: 8½ pint (4.9 litres), 12 pint (7 litres) and 16 pint (9.1 litres). • Fashion colours (Tangerine, Red and Blue) available with 8½ pint (4.9 litres) and 12 pint (7 litres) models. • Strong,

thick gauge, lightweight aluminium makes for easy handling, even when full. • Three-way weight control (5lb., 10lb. and 15lb. pressure) — different recipes call for different pressures. • Availability of service parts. Safety locking lid.



FOR YOUR PROTECTION All Prestige pressure cookers are covered with the famous Prestige 10 year guarantee. • All Prestige pressure cookers meet the British Standards (BS1746) requirements.

Please write for FREE leaflet "Information on Pressure Cooking" to Prestige Group (Australia) Pty. Ltd., 100 Briens Road, Northmead, N.S.W. 2152.

Name _____
Address _____
Postcode _____
Date _____

Your introduction to The Literary Guild

Any 3 for 50¢ each

(plus postage and handling)



All prices shown are Publisher's recommended retail prices.

The Literary Guild

To: The Literary Guild, Nelson Doubleday (Aust.) Pty. Ltd., Box 194 Post Office, Crows Nest, N.S.W. 2065.

Please accept my application and enrol me as a member of The Literary Guild and send me the THREE introductory Books whose numbers I have printed in the boxes on the left. Charge me only 50¢ for each of the books, plus postage and handling.

About every four weeks send me The Literary Guild Review describing the Featured Selection for the coming month plus Guild Alternate choices. If I wish to receive the Featured Selection, I need do nothing; it will be shipped to me automatically. Whenever I prefer an Alternate instead of the Featured Selection, or in addition to the Featured Selection, or no book at all, I will notify you by returning the convenient order form always provided within 10 days of receipt. I need only take four books during the coming year and may resign any time thereafter. The price of the books offered will be at least 25% below the prices of publisher's editions, plus a charge for postage and handling. If not satisfied, I may return the introductory package within 10 days, my membership will be cancelled and I will owe nothing. If you wish to choose your first Club Selection now from the four newly published titles featured, please circle the appropriate number.

Mr. G123 G122 G120 G119
Mrs.
Miss

(BLOCK LETTERS)
Address _____

Postcode _____

Your Signature _____

But if you are under 21 please have a parent sign.
SEND NO MONEY NOW X3.5.75

Now you can have the pick of the season's new books as soon as they're in the shops—and at 25% less than the price of publishers' editions! This is the unique offer which The Literary Guild makes to everyone who enjoys good books.

Famous authors, bestselling titles.

As a member of The Literary Guild you are given every month a choice of newly published bestsellers—top fiction and non-fiction. These books are selected by our editors ahead of publication and they are produced to the same high standards as the publisher's own editions. What's more, every book is full length—not a word is cut. And all at lower than published price.

You choose the books you want.

To help you choose only the books you really want, all Guild monthly selections, and other titles, too, are previewed in The Literary Guild Review which is sent to you free. From over 100 titles offered in your first year as a member you are asked to buy only four books.

An open invitation.

Find out for yourself, without any obligation, what unique value the Guild offers by choosing as your introduction ANY THREE of the 15 outstanding books shown here for only 50¢ each (plus postage and handling). We believe you will be impressed, and we look forward to welcoming you as a member of The Literary Guild.

Your only commitment is to choose just four books from the 100 or more you will be offered during the first year of your membership.

Your assurance. Should you ever have any genuine cause for complaint against the Club's goods or services, you are invited to write direct to The Literary Guild, Nelson Doubleday (Aust.) Pty. Ltd., 14 Mars Road, Lane Cove, N.S.W. 2066.

As a member you can
SAVE 25% on these
latest



*Why not choose your first now—see coupon.

AUSTRALIAN HOME JOURNAL JUNE 1975/60¢

EXCITING FURNISHING IDEAS FOR HOME UNITS



• Coffee table and plant holder—two simple handyman projects • Low-budget conversion of an old house • How to cure damp • Planning and re-planning kitchens • Adding an extension • Complete pull-out guide to buying a house